

# Pediatric Grand Rounds Presented by Yale School of Medicine Department of Pediatrics



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INUING MEDICAL EDUCATION

### Pandemic Dreams: How COVID-19 is Shaping Our Children's Sleep

Wednesday, November 11, 2020, 12:00 p.m. Conducted via Zoom

*There is no corporate support for this activity.* This course will fulfill the licensure requirement set forth by the State of Connecticut

#### ACCREDITATION

The Yale School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

#### TARGET AUDIENCE

Medical Students Residents and Fellows Faculty Physicians Allied Health Providers

#### NEEDS ASSESSMENT

I will be reviewing the history of sleep disorders in children in prior natural disasters and using this to contextualize the limited information we have about sleep disorders in the context of the COVID-19 era.

#### LEARNING OBJECTIVES

At the end of this activity, participants will be able to:

- 1. Understand how prior disasters have affected the sleep of children
- 2. Review the limited evidence of sleep changes during quarantine
- Generate best practices that help pediatricians to help parents and children sleep better

#### DESIGNATION STATEMENT

The Yale School of Medicine designates this live activity for 1 AMA PRA Category 1 Credit(s)<sup>TM</sup>. Physicians should only claim the credit commensurate with the extent of their participation in the activity.

#### FACULTY DISCLOSURES

Craig Canapari, MD: Proctor and Gamble, Mattel Toys Pnina Weiss, MD, Grand Rounds Director: None

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