Immunotherapy and the Interventional Oncologist: Challenges and Opportunities—A Society of Interventional Oncology White Paper

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Interventional oncology is a subspecialty field of interventional radiology that addresses the diagnosis and treatment of cancer and cancer-related problems by using targeted minimally invasive procedures performed with image guidance. Immuno-oncology is an innovative area of cancer research and practice that seeks to help the patient’s own immune system fight cancer. Both interventional oncology and immuno-oncology can potentially play a pivotal role in cancer management plans when used alongside medical, surgical, and radiation oncology in the care of cancer patients.

Interventional oncology (IO) is a subspecialty field of interventional radiology that addresses the diagnosis and treatment of cancer and cancer-related problems by using targeted minimally invasive procedures performed with image guidance. With this specialization, interventional oncologists observe patients in the clinic, admit patients to hospitals, serve on tumor review boards and multidisciplinary treatment teams, and have active roles in the diagnosis and management of patients with cancer (1). The interventional oncologist is an essential member of the treatment team for the patient with cancer (2–5). Interventional oncologists can identify safe approaches for performing minimally invasive tumor biopsies to obtain the necessary genetic or proteomic material that is needed to precisely tailor the chemotherapeutic agents expected to elicit the greatest treatment effect (6). Immuno-oncology is an innovative area of cancer research and practice that seeks to help the patient’s own immune system fight cancer. In November 2016, the Society of Interventional Oncology formally commissioned a white paper to explore the synergies between IO and immuno-oncology. A panel of 18 expert interventional oncologists and immuno-oncologists were selected and invited by the Society of Interventional Oncology to identify essential elements of the emerging field of immuno-oncology for interventional oncologists with the goal of issuing this consensus document. This panel met on January 23, 2017, for a full-day meeting in New York at Memorial Sloan-Kettering Cancer Center and had multiple subsequent teleconferences to evaluate key areas in immuno-oncology considered integral to the interventional oncologist’s practice. This paper represents a consensus report by the panel on the current state of the synergies between IO and immuno-oncology as well as the future directions of the fields, which was formally ratified by the Society of Interventional Oncology in September 2018.

Stimulating the Immune System by Using IO Techniques

In IO, a large variety of in situ tumor destruction techniques such as thermal ablation, chemo- or radioembolization, irreversible electroporation, and high-intensity focused ultrasound have been successfully used for the treatment of an array of malignancies. Whereas ablative techniques are diverse in technology and the mechanism of inducing cell death, they share one key feature: creating in situ availability of the ablated tumor material (7). The ablated material can induce immune responses leading to the infrequently observed abscopal effect (8,9). The ability to stimulate the immune system upon scavenging antigens from dead tumor cells has led to the concept that in situ tumor destruction can be used to achieve systemic so-called in vivo vaccination against tumors. Several studies (10–12) have demonstrated that a tumor can ultimately serve as its own antigenic vaccine after ablation, provided that additional contextual signals are provided via immunotherapy.
Summary
We provide a concise report on the current state of the synergies that exist between interventional oncology and immuno-oncology, as well as the future directions of these fields.

Immune Response to Ablation
Data are limited regarding the different contextual immune responses between the various ablation methods. To our knowledge, it remains unknown regarding which technique results in the most effective release of tumor antigens, creates the most immunostimulatory environment from a molecular perspective, or combines most effectively with optimally timed immune-stimulating therapies.

Cryoablation has been shown to induce greater increases in the plasma level of some cytokines compared with other heat-based therapies such as radiofrequency ablation (RFA), suggesting that a greater postprocedure immune response with this technique can be achieved compared with other thermal-based techniques (13–17). Mechanical high-intensity focused ultrasound (settings, such as boiling histotripsy), are unique in that they result in emulsified acellular (tumor) debris that can be more effectively removed via drainage or absorbed as part of the physiologic healing response (18,19). Each ablation technique generates a unique antigenic fingerprint. This is illustrated by the variability in desmoplastic response among ablative modalities. This fingerprint interacts with the existing T cell pool preablation to determine the final tumor-directed T cell repertoire. Clonal analysis of the T cell repertoire following cryoablation shows that 18% of T cells undergo clonal expansion, demonstrating diversification and remodeling of the intratumoral T cell reactivity (20). Identification and further understanding of the unique antigenic fingerprint expressed during various ablation techniques will be crucial for optimizing therapies for each tumor type and stage of cancer.

Immune Response to Transarterial Chemoembolization
At present, the largest application of transarterial chemoembolization (TACE) of tumors is for hepatocellular carcinoma (HCC). Several lines of evidence support a role for targeting the immune system in HCC. Patients with HCC exhibit a 66% increase in circulating regulatory T cells (Tregs) compared with healthy control patients, in part through tumor-secreted transforming growth factor (TGF) β mediated expression of forkhead box P3 (known as FOXP3) (21). The percentage of Tregs has been shown to correlate with disease stage, with increasing Tregs observed in more advanced stages of HCC (22–24), suppressing the immune system’s ability to recognize tumor as foreign. Tumor-infiltrating lymphocytes have been shown to represent the largest share of Tregs in patients with HCC (25). A high percentage of Tregs have been associated with a poorer survival prognosis (26). In addition, a high tumor-infiltrating macrophage density predicts poor prognosis in patients with HCC (hazard ratio, 1.6) (27). However, a proinflammatory antitumor microenvironment is associated with superior survival in patients with HCC (28).

Transarterial embolization induces tumor-associated antigen (TAA)–specific responses, with an increase in the diversity and strength of TAA immune responses after embolization (29,25). This so-called neo-antigenic expansion after TACE can be augmented by blocking cytotoxic T-lymphocyte antigen-4 (CTLA-4), resulting in an unmasking of TAA-specific immune responses (29). TAA-specific T cell responses after TACE have been demonstrated to be associated with patient survival (30,31). TACE has also been demonstrated to increase circulating Th17 cells in some patients with HCC, and this increase correlates with overall survival and time to progression (32). Furthermore, changes in T cell populations have been shown after bland hepatic transarterial artery embolization and TACE. After transarterial artery embolization, Treg fractions decrease 32% in the peripheral blood (33). In patients with HCC who were treated with TACE, the ratio of CD4/CD8 T lymphocytes increased, whereas the percentage of CD4+CD25+ Treg cells decreased 1 month after treatment, suggesting that the immune function of patients with HCC was improved after TACE (34). Finally, there are complex changes in inflammatory cytokine profiles after TACE, which are likely to influence the global immune response in the days and weeks after TACE (35).

Immune Response to Yttrium 90 Radioembolization
Yttrium 90 (90Y) transarterial radioembolization (TARE) (also called selective internal radiation therapy) has become a commonly used approach for treating HCC (36–40) and other cancers (41–45). The antitumor efficacy of ionizing radiation has been largely attributed to its capacity to induce direct tumor cell death through DNA damage of cancer cells (46). Besides its local-regional anticancer efficacy, ionizing radiation may also induce immune-mediated antitumor responses distant to the targeted area, known as the abscopal effect (47). Strong evidence supports the ability of ionizing radiation to induce an immune response, providing the rationale to use radiation therapy in combination with immune-based strategies (48,49). Once administered into the hepatic artery, the 90Y microspheres are preferentially trapped into the tumor microvasculature, allowing for selective tumor targeting while relatively sparing normal parenchyma (50). TARE is able to generate an inflammatory reaction, which is particularly evident at cross-sectional imaging performed after the procedure (51). 90Y-microsphere administration is followed by an increase in proinflammatory and oxidative stress biomarkers (52–54).

The core mechanism is that ionizing radiation–induced cell death generates a flood of preserved tumor-associated antigens, creating an effective in situ tumor vaccine (55,56). Among many interactions, radiation improves dendritic cell priming of antitumor T cells and increases major histocompatibility complex class-1 expression, thereby facilitating tumor antigen manifestation to T cells (57–59). High-mobility group box 1 protein (known as HMGBl) released from irradiated dying tumor cells activates toll-like receptor–4 pathways, which increase tumor antigen recognition (60). Local radiation therapy modulates the tumor microenvironment by prompting macrophages to secrete nitric oxide, which...
promotes vascular normalization, secretion of chemokines, T cell recruitment, higher endothelial expression of vascular adhesion molecule-1, improved tumor recognition, and killing by CD8+ T cells (61). A sustained increase of interleukin (IL)-6 and IL-8 occurring 6–8 weeks after therapy has been reported (52,54). A selective approach permits maximization of the administered dose and decreased toxicity, and also enables repeated TARE (62–64), but is currently applied only to patients with limited disease.

In addition to promotion of immunity, radiation may exhibit certain immuno-inhibitory effects. Radiation upregulates TGF-β1 and galectin-1, which have been shown to indirectly suppress T cell activity (61). Although TARE does not rely on the embolic effect of microspheres, there is a 28% Hounsfield unit reduction at delayed arterial-phase CT after TARE, which suggests a potential decrease in local oxygen supply (65). Transient lymphopenia has been previously observed (66) in patients undergoing TARE, which is usually of no clinical consequence, but this effect may interfere with the immune response. Whereas radiation induces tumor vascular normalization, it can also exacerbate local hypoxia via endothelial damage and veno-occlusive–associated interstitial hypertension, which theoretically abates local immune responses (67,68). Although preclinical models support hypofractionated external beam therapy to maximize the effective antitumor immune response, to our knowledge, the equivalent dosimetry of brachytherapy has not been studied specifically for this purpose (69). Similar studies are necessary for brachytherapies because the clinical expansion of external radiation therapy to treat liver tumors has been limited by the marked radiosensitivity of nontumoral liver parenchyma even with technologic improvements to deliver radiation dose to the target volume (70).

**Tumor Stimulatory Effects of IO Therapies**

There is increasing clinical and experimental evidence that IO therapies can induce local and systemic secondary biologic reactions that promote aggressive tumor biology and stimulate tumor growth (71–73), which could potentially counteract any of the beneficial immune effects of interventional radiology procedures. These effects can be related to changes in tumor cells and/or normal tissue that are manifest within the treatment zone (71,72). Cell populations and molecular pathways that are responsible for these stimulatory effects may share common links with immunogenic pathways linked to IO therapies in part on the basis of the type of therapy, organ, and primary tumor type (71,73–82). Furthermore, the clinical evidence includes findings regarding the upregulation and expression of key cytokines and pathways that are associated with tumor growth and stimulation. Retrospective studies (75,83) suggest a higher incidence of tumor progression after IO therapy and studies link patient outcomes to key expressions of tumor markers and upregulation of oncogenic pathways after treatment (83).

Many of the commonly used IO therapies, including transarterial embolization, TACE, TARE, and tumor ablation, can incite secondary reactions generating growth factors and cytokines that have roles in both immunogenic and pro-oncogenic pathways (84–87). Increased tumor expression of vascular endothelial growth factor (VEGF), VEGF receptor, hypoxia-inducible factor 1-α (HIF-1-α), matrix metallocarpases (known as MMPs), cluster of differentiation 147 (CD147), and mammalian target of rapamycin (known as mTOR), and genes for cellular proliferation, tissue remodeling, and inflammation have all been reported after TACE (86–89). Similarly, increased growth factor expression (VEGF and platelet derived growth factor–BB) and increased markers of inflammation (including IL-6 and IL-8), oxidative stress, and endothelial damage have been observed after TARE (84,85). Finally, there are also a number of studies that demonstrate the potential tumorigenic effects of tumor ablation, including ablation-induced local and systemic inflammation (including cytokines such as IL-6 and heat shock proteins), and upregulation of pro-oncogenic growth factors (such as HIF-1-α, VEGF, hepatocyte growth factor, and hepatocyte growth factor receptor [c-Met]) (71,74,80,90). In some cases, local hepatic thermal ablation has been linked to a higher rate of distant intrahepatic tumor development, and increases in inflammation (IL-6) and growth factors (ie, hepatocyte growth factor) have been directly linked to overall worse patient outcomes (72,83,90). Experimental and clinical studies (75,81,82) further suggest that such effects occur for many of the currently used ablative technologies, especially for sublethal or so-called stunned tumors, and that varying ablation parameters for the same technology may incite or reduce so-called off-target effects.

Specific clinical evidence of the potential importance of off-target, tumor stimulatory effects of IO therapies, in particular regarding tumor ablation, also exists. In a study (91) of 580 patients with small (<3 cm) HCC, thermal ablation led to a higher 5-year cumulative distant intrahepatic new tumor rate (62.7% vs 36.6%) and worse disease-free survival rate (31.7% vs 61.1%) compared with surgical resection. Those investigators also detected separate new HCC tumors in the same segment in up to 15% of patients after thermal ablation of the primary HCC (76). In recent randomized controlled trials that compared thermal ablation with surgical resection for colorectal liver metastases, ablation led to a 39% increase in new, separate intrahepatic metastases compared with surgical resection (73,83). Three large studies representing over 550 patients treated with RFA for small (<3 cm) HCC had significantly higher rates (73%–80%) of new distant tumors 5 years after RFA compared with an anticipated cumulative incidence of 26%–55% for a similar population not treated with RFA (92–95). There are also increasing reports of postablation phenomena in clinical ablation scenarios beyond liver cancer. Recent National Institutes of Health data regarding RFA of renal tumors provides the most direct in-patient evidence of tumorigenic effects (96). In their series of 63 patients with multiple hereditary renal cell carcinomas in which one tumor was treated with RFA, untreated tumors manifest at the time of ablation had an accelerated growth rate (fourfold) after RFA in 26 patients. Clearly, studies that explore the immunogenic effect of interventional radiology procedures should also take into consideration any systemic pro-oncogenic effects that may be concomitantly created.
Human Clinical Research on the Immune Effects of IO Therapies

Efforts are currently underway to better understand the effect of embolization and ablation on the immune system through several lines of human clinical research. Most of these studies have assessed changes in peripheral blood lymphocyte populations. After thermal ablation, CD8 T cell fractions increase by 10% and CD8-to-Treg ratios increase by 15% in the peripheral blood (97). These changes are most pronounced for heating-based ablation versus cooling-based ablation. After cryoablation of early stage breast cancer, proliferating (Ki67+) and activated (ICOS+) CD4 and CD8 T cells were identified in the peripheral blood (98). More importantly, in the study's ablate-and-resect model, increases in CD8-to-Treg ratios were noted in the resected specimen. Deep sequencing of T cell receptors from patients in this cohort showed that whereas high magnitude clonal expansion (>1000 copies) did occur with cryoablation alone, the number of clones that exhibited high magnitude clonal expansion doubled with the addition of ipilimumab (20). RFA of HCC also produces increases in CD4 cells, with a 19% increase in Th1 populations, which aid in CD8 cell costimulation (99). RFA of HCC also leads to a nearly 60% increase in natural killer (NK) cell populations in humans, and the functionality of these NK cells (as indicated by interferon (INF) γ production) strongly predicts survival after RFA (100). Following hepatic artery embolization, both Th1 and Treg populations decrease in the peripheral blood (33).

The immune microenvironment of tumors has a major role in the response to image-guided therapy. Tumor microenvironments can be locally assessed via biopsy or systemically by determining the concentration of peripheral blood mononuclear cells. Both neutrophil-to-lymphocyte ratio and the lymphocyte-to-monocyte ratio are thought to reflect immunogenic (lymphocytic) versus inflammatory (neutrophilic) environments and have been found to be prognostic of outcomes following image-guided intervention. These indicators may reflect the precarious balance between tumorigenic inflammatory influences and helpful immunogenic responses. Patients with small HCCs undergoing RFA with a decreased neutrophil-to-lymphocyte ratio showed better survival than those with increased neutrophil-to-lymphocyte ratio; moreover, postoperative neutrophil-to-lymphocyte ratio change was almost as predictive of survival as tumor size (hazard ratio, 2.39 vs 2.68, respectively) (101). Elevated neutrophil-to-lymphocyte ratio (>5) is an independent predictor of worse survival in patients who undergo radionuclide TARE for colorectal metastases in liver (102). High preoperative neutrophil-to-lymphocyte ratio (>2.79) and elevated postoperative neutrophil-to-lymphocyte ratio was associated with a significant increase in risk of local recurrence and distant metastasis after RFA of renal cell cancer (103). However, lymphocyte-to-monocyte ratio is predictive of survival after RFA for colorectal liver metastases (104). Further studies will be critical to better understand the immune microenvironment, determine optimal neutrophil-to-lymphocyte and lymphocyte-to-monocyte ratios related to various interventional techniques, and ultimately aid the timing and selection of future image-guided therapies.

Combining IO Therapies with Immunotherapy

Several groups (105) have investigated combining immunotherapy approaches with transarterial embolization. Ito et al reported safety and limited response combining Freund’s adjuvant with recombinant IL-2 for TACE in HCC. By using a pulsed hepatic arterial infusion approach, Lygidakis et al (106) reported a median survival of 18 months in a group of 20 patients with HCC who underwent direct infusion of IL-2 and IFN-γ into the hepatic and splenic arteries. They went on to report that postresection recurrence was reduced from 55% to 0% in a group of 40 patients with HCC prospectively randomized to receiving the therapy in an adjuvant setting after resection (107). In another prospective randomized study in patients with colorectal cancer with liver metastases, Lygidakis et al (108) demonstrated addition of IL-2 and IFN-γ into the standard hepatic arterial infusion chemotheraphy regimen led to a median survival of 20.3 versus 9.9 months in the chemotherapy-only hepatic arterial infusion group. Whether the hepatic arterial infusion results reported will translate into a more conventional TACE regimen is unknown, though some early studies suggested that immunotherapy in combination with TACE may yield improved survival. Kanai et al (109) combined OK-432 with embolization with a prolongation of disease-free survival compared with embolization alone. Yuen et al (110) reported a median survival of 15.9 months by combining IFN-γ with embolization. Valsecchi et al (111) demonstrated a 4.3-month survival benefit in treating liver metastases from uveal melanoma by combining lipiodol and granulocyte-macrophage colony-stimulating factor (known as GM-CSF) with embolization compared with embolization alone.

Other groups have sought to combine arterial infusion of activated immune cells with embolization (adoptive immunotherapy). Nakamoto et al (112) administered autologous dendritic cells during transarterial artery embolization, resulting in the induction of tumor antigen-specific T lymphocyte responses without a statistically significant change in survival rate. However, they did demonstrate a prolonged recurrence-free survival of patients with HCC by combining hepatic artery infused OK-432-stimulated dendritic cells with transarterial artery embolization, and the induction of proinflammatory peripheral cytokines was consistent with an antitumor immune response (113). Hao et al (114) reported a median overall survival of 31 months in patients with unresectable HCC by using TACE combined with cytokine-induced killer cells compared with 10 months by using TACE alone. They used an activation cocktail of CD3, IL-2, and IFN-γ to activate peripheral blood mononuclear cells from the patients during pretreatment. Huang et al (115) reported an overall survival of 56 versus 31 months in a retrospective nonrandomized analysis of patients who underwent either TACE or RFA with cytokine-induced killer compared to TACE or RFA alone.

Finally, the advent of checkpoint inhibitors in HCC management is likely to change the treatment landscape considerably. The programmed cell death protein 1 inhibitor nivolumab (Opdivo; Bristol-Myers Squibb) represents the first checkpoint
Some cancers such as HCC are suitable for TARE but not all cancer types are radiosensitive. Ionizing radiation has demonstrated the ability to effectively recruit effector T cells, converting poorly inflamed tumors (so-called immune deserts or nonimmunoresponsive tumors) into immunogenic tumors (117). Administered doses are a major determinant of treatment efficacy and the potential immunomodulatory activities of TARE are likely to be dose-dependent (118). 90Y has a short half-life (2.67 days) and a majority (>95%) of radiation is delivered into the targeted area within 2 weeks after administration (119). Thus, both the dose and timing of evaluation are fundamental to understanding the immunologic events after TARE. Although TARE has immunogenic potential and cases of abscopal effect have been reported (8), a procedure-induced immune response is unlikely to be of sufficient magnitude to cause sustained regression of distant metastases. Future studies are needed to determine the optimal administered radiation dose eliciting an adequate immune response and to define the ideal immunomodulatory agent, schedule, and route of delivery. Dual-checkpoint blockade such as anti-cytotoxic T-lymphocyte-associated protein 4 and programmed cell death protein ligand 1 antibodies combined with radiation have demonstrated a 60% survival rate versus 25% for immunotherapy alone in a preclinical model (48).

To maximize the potential additive or synergistic benefits of combining local-regional therapies with immunomodulation, optimal treatment sequencing and timing will also be essential (120,121). In addition to exploiting treatment-triggered immunomodulation after local-regional therapies (75,81,82), manipulations such as priming (122) or potentiation (74,123–130) have been attempted. Much of the published data are preclinical (74,81,82,122–125,127,128,130), but human data (75,129) and even pilot trial results (124,126) have begun to emerge. Approximately 50 combination immunotherapy and local-regional therapy trials are listed as active in ClinicalTrials.gov and combine ablation or embolitic therapy with cellular or pharmacological immunotherapy, but only a handful have incorporated the timing or sequencing of therapies as a systematic test variable. One report specifically found a clear advantage of priming with immunotherapy before ablation compared with concurrent or delayed immunotherapy in a murine breast cancer model (122). Priming was associated with enhanced suppression of tumor macrophages and expansion of CD8 T cells. It was postulated that thermal ablation exerted such a drastic mechanical destruction of the tumor microenvironment and alteration in immune phenotype due to inflammation that it rendered concurrent or delayed immunotherapy less effective. With further investigation and mechanistic understanding, it is clear that the sequence and timing of combined immunotherapies with interventions will have an important role in optimized treatments.

**Development and Optimization of Noninvasive Methods to Monitor Effects of Immunotherapy**

In addition to the necessity to determine optimal treatment sequencing in the development of combination therapies, the growth of various immunotherapy approaches and their combinations with local-regional therapy approaches will cause a shift in diagnostic radiologists’ assessment of tumor response and plans for follow-up imaging. Current techniques and imaging response criteria (eg, response evaluation criteria in solid tumors [known as RECIST], modified RECIST [known as mRECIST], and quantitative European Association for the Study of the Liver [known as qEASL] measured at CT, MRI, and conventional fluorodeoxyglucose PET imaging, PET Response Criteria in Solid Tumors [known as PERCIST]) were initially developed to assess the effects of conventional cytotoxic chemotherapies. These criteria are on the basis of evaluation of the changes in tumor size and enhancement after treatment. Because immunotherapy mostly facilitates or modulates the inflammatory response rather than causing tumor cell death through cytotoxic effects, to our knowledge no specific guidelines exist to evaluate changes in tumor imaging appearance after such treatment. Several response criteria have been developed to evaluate patients treated with systemic immunotherapy. Unidimensional immune-related RECIST provides a feasible and reproducible alternative that is highly concordant with immune-related response criteria (131). The bidimensional immune-related response criteria are a modification of the World Health Organization criteria and recommend consecutive follow-up imaging with a prolonged interval of at least 4 weeks to capture delayed therapy response (132). Immune-related adverse events commonly observed after immunotherapy often resemble and must be distinguished from tumor progression at imaging. Indeed, the term pseudoprogression refers to when a tumor in a patient treated with immunotherapy initially increases in size, but then later decreases (131). However, none of the response criteria described above have been validated with intratumoral delivery methods or approaches combining loco-regional therapy (percutaneous and transarterial) with systemically delivered immune-reactive agents, which will be essential before they are widely implemented to successfully evaluate treatment response.

**Future Directions and Recommendations**

The role of immunotherapy in cancer care is rapidly developing, and immunotherapy will continue to be a key player in improving cancer care. As our role as interventional oncologists in relation to immunomodulation continues to take shape, multiple questions and challenges exist for determining some of the optimal approaches and implementing immunotherapy into practice, and these are outlined in the Table. Some of these challenges include the cost of preclinical basic science studies, correlating serum and tumor markers to outcomes, incorporating more extensive proteomic and genomic sampling and testing, and achieving appropriate patient and tumor selection to account for biologic variability. In experimental studies, there are challenges in the selection of representative animal models.
Future Directions and Recommendations for Immunotherapy and Interventional Oncology

1. Interventional oncology lexicon
   - Define commonly used immunobiology terms as they pertain to IO procedures and follow-up.
   - Establish criteria for identification of antitumor immunity, pro-oncogenic effects, and abscopal effects.
   - Harmonize the description of technique and procedural details (method of tissue injury, margins, particles, etc) through standardized reporting.

2. Personalized interventional oncology
   - Determine the effect of organ, tumor type, and IO procedure on immune system effects through preclinical, translational, and clinical studies.
   - Investigate the timing of administration of immunotherapy in combination with IO therapies through clinical trials.
   - Create multi-institution registries to allow for large-scale data mining and determination of correlations.

3. Tumor-stimulating effects of interventional oncology procedures
   - Recognize patient/tumor characteristics and procedural factors that predict pro-oncogenic effects.
   - Identify optimal methods for eliminating unwanted protumorigenic effects.

4. Imaging biomarkers of IO procedures
   - Require use of immune response criteria in addition to conventional imaging criteria in reporting response to IO treatments.
   - Validate new early imaging markers of therapeutic efficacy and response.
   - Design imaging studies that can assess the tumor microenvironment.

Note.—IO = interventional oncology.

Future research will need to identify whether observed immune system effects vary on the basis of organ system, tumor type, IO therapy and administration, and timing of secondary effects after treatment. We will need better insights into how best to recognize patients and tumors that may benefit from particular interventions or combination therapies, optimal timing of therapies, and patients who are at risk for tumorigenic effects. The range of immunomodulatory effects (both cellular and humoral) will further need to be identified and characterized for each treatment modality. Further investigations to determine how best to control the immune response as it relates to the individual, combination therapies, and sequencing of therapies will be crucial if IO therapies are to be optimized for strong immune effects. Identification of whether immunotherapies should be sequenced before (ie, priming), concurrently, or after (ie, potentiating) interventions will be essential and the precise sequences may vary according to tumor type, immune status, and treatment modality. Large multi-institution trials and registries will be helpful in elucidating the optimal strategies.

Tumor Stimulating Effects of IO Procedures

Significant issues regarding the tumor stimulating effects of local therapies remain, and they include the following: (a) when these effects occur on the basis of organ, tumor type, specifics of IO therapy and administration, and timing of secondary effects after treatment; (b) how best to recognize patients and tumors that are at risk for such effects; and (c) when, how, and in whom additional measures should be taken to reduce potential unintended tumor stimulation. Understanding these effects can be challenging because many current studies are focused on local treatment efficacy, and therefore patients are not tracked and/or data are not collected that would account for the manifestation of some of these effects. Additionally, in many patients, markers of effects may be biochemical in the local treated tissues and/or systemic circulation, and are therefore never sampled. Prospective large comparative studies, in particular those that assess outcomes, will ultimately be required where variability in patient and tumor biology is accounted for to determine ideal treatment regimens.

Imaging Biomarkers of IO Procedures

Imaging of relevant elements of the immune system will also be essential as the evaluation of tumor response to immunotherapies begins to play a regular role in clinical care for cancer patients. Several imaging methods are currently being developed to capture clinically relevant elements of the tumor microenvironment including the immune system such as biosensor imaging of redundant deviation in shifts and phosphorous 31 MR spectroscopy (133). Techniques that use chemical exchange saturation transfer for imaging various compounds (eg, lactate), that are indirectly viewed through water signal by circumventing labeling or radioactive isotopes (134) are also
in development. The application of new and reliable imaging techniques in diagnostic and follow-up imaging will be critical for identifying therapeutic efficacy and nonresponders early in the course of treatment. First, one or a combination of several elements of the immune system must be identified as imageable biomarkers for determining susceptibility to treatment, and for assessing therapy success and response. These might include target molecules (eg, programmed cell death protein 1 receptor status and c-Met status), cell secretions such as granzyme B (13), immune cell populations (ie, dendritic cells, M1 macrophages, and T cell subpopulations), and tumor microenvironment (with elements such as extracellular pH and tissue hypoxia) (132). Second, proper molecular imaging techniques (ie, molecular probes, nanoparticles, specific contrast agents, and tracers) must be developed for use in MRI or PET systems to image relevant factors that measure immune system activity. Third, prospective clinical trials including longitudinal imaging must be conducted to systematically apply and evaluate the clinical value of the developed methods with the ultimate goal of developing novel and objective tumor response criteria.

Conclusion

Regardless of the challenges we face in investigating and incorporating immuno-oncology into an interventional oncology (IO) practice, immunotherapy is destined to become an integral part of IO care and the integration is therefore essential for the future of IO. Logical steps will be necessary to progressively implement and assimilate this evolving field into our practices. Both preclinical and clinical studies are already underway for evaluating the role of IO in the field of immuno-oncology. Further clinical trials involving local-regional therapy in combination with systemic immunotherapies (T cell and checkpoint) will be critical to optimize treatment regimens, beginning with phase I pilot studies that evaluate safety end points and comprehensive immune profiling (both genetic and pathologic). Ultimately, phase II and III studies with efficacy end points and tailored immune profiling will be required. We are at the beginning of an exciting revolution in cancer care with the advent of immunotherapy. The role that IO will play in immunotherapy will depend on our collective efforts to address rational questions regarding the fundamental immune effects of local and regional image-guided interventions.

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