



Siegel, Mark

Subject: Program Director's Notes - Welcome Transfers!

Hi everyone:

This morning, I'm pleased to introduce five physicians who will be joining us this summer as PGY2s. They're a diverse group, united by a common wish to contribute to academic medicine, our residency, and the New Haven community. They're all smart, hardworking, creative and kind. They'll fit in right away.

Allow them to introduce themselves:

<p>Name: Elmira Esmailzadeh Medical School: Shiraz University Internship: Johnston Memorial Hospital Email: Elmira.Esmailzadeh@balladhealth.org</p> 	<p>Name: Elmira Esmailzadeh Birthplace: Shiraz, Iran Hobbies: Swimming, biking (my bike is one of my best friends), hiking, reading novels Favorite foods: Italian, Greek, last but not least Persian What you're most likely to be found doing on a day off: Going for a hike, riding my bike on a trail, walking around the city and being around people, going for a walk on the beach and enjoying the ocean breeze Your #1 goal for residency: Being a good learner, well-grounded physician for my patients and reliable friend for my colleagues</p>
<p>Name: Kyle Hickey Medical School: University of Oklahoma Internship: University of Oklahoma Email: kyle.j.hickey@gmail.com</p> 	<p>Name: Kyle Hickey Birthplace: Broken Arrow, Oklahoma Hobbies: trying new recipes/restaurants/breweries, hanging out with my dog, weightlifting, pick-up sports, Favorite Foods: A great steak, pizza, fried plantains, Mexican food, coffee What you're most likely to be found doing on your day off: Sleeping in, annoying my dog and wife, being active outside, watching new movies/shows, playing video games Your #1 goal for residency: To build strong clinical skills that prepare me to be a well-rounded compassionate physician to all of my patients and develop great relationships with faculty and fellow residents!</p>

Name: Paras Mehta

Medical School: University of Arizona

Internship: Memorial Sloan Kettering Cancer Center

Email: parasmehta2022@gmail.com



Name: Paras Mehta

Birthplace: Gilbert, Arizona

Hobbies: traveling, hiking, astronomy, food, movies, dance, music, ridiculous adventures

Favorite foods: Pizza, so I'm excited see what New Haven has to offer

What you're most likely to be found doing on a day off: At a big gathering with friends, which will hopefully turn into either a karaoke or dance party

Your #1 goal for residency: to look back and say "that was so much fun"

Name: Nathan Phan

Medical School: Wayne State

Internship: Harbor UCLA

Email: nathanphaneras@gmail.com



Name: Nathan Phan

Birthplace: Milpitas, California

Hobbies: Working out, cooking, watching anime, reading manga

Favorite food(s): Vietnamese and Mexican food

What you're most likely to be found doing on a day off: Cooking or exploring New Haven

Your #1 goal for residency: To explore New Haven as much as possible while maximizing this opportunity to train at an amazing institution.

Name: Gloria Paulina Rodríguez Gómez

Medical School: Tecnológico de Monterrey

Internship: University of Texas Rio Grande Valley

Email: gpaulinarg@gmail.com



Name: Gloria Paulina Rodríguez Gómez

Birthplace: Mexico City

Hobbies: Poetry, Art History, Tennis, Formula 1 but definitely my favorites are picture framing and long phone calls with my brothers.

Favorite foods: Avocado, sourdough, and everything with cheese.

What you're most likely to be found doing on a day off: Finding new bakeries in New Haven after doing some pilates while listening to some musical theater soundtrack.

Your #1 goal for residency: To develop medical, interpersonal, and personal skills that empower

the well-being of my patients, peers, and mentors.

Please join me in welcoming Elmira, Kyle, Paras, Nathan, and Paulina to the Yale Internal Medicine family.

I'll be in the MICU this week. Come by and say hi!
Mark

P.S. A reminder, this year's Chief Resident [Survey](#) closes tonight at 5P. [Help us choose the 2024-25 Chiefs!](#)
MDS