### YaleNewHaven**Health**

### **Smilow Cancer Hospital**

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## **Smilow Multiple Myeloma and Gammopathies Program**

- Multidisciplinary Team Care
- Advanced Treatment Options
- Newly Approved ABECMA Therapy
- Targeted Treatments and Clinical Trials, including CAR T-Cell Therapies
- Supportive Services

yalecancercenter.org 203-200-4363

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# Smilow Multiple Myeloma and Gammopathies Program

Approximately 32,000 patients are diagnosed with multiple myeloma, a cancer of a type of white blood cell, or plasma cell. Overall survival in patients with myeloma has shown improvement in recent years, with new treatments approved by the FDA as recently as this year. Yale Cancer Center and Smilow Cancer Hospital have several clinical trials available for patients with myeloma in need of new options or looking to receive the latest treatment advances.

The CAR T-Cell Therapy Program at Smilow Cancer Hospital brings innovative immunotherapy treatment options to patients with blood cancers. For adults with relapsed or refractory multiple myeloma, the FDA approved therapy ABECMA is offered, which uses a patient's own T-cells to help fight myeloma. This is the first cell-based gene therapy approved by the FDA for the treatment of multiple myeloma and is currently available at Smilow Cancer Hospital. Ongoing research and clinical trials in the field continue to provide patients with new options for care.

The treatment of multiple myeloma is usually given in phases by our experienced team of hematologists and depends on the overall health and age of a patient at diagnosis. Induction therapy is used to reduce the amount of disease, followed by consolidation therapy to maximize response to treatment and reduce any remaining cancer cells. Maintenance therapy is administered after the initial treatment to help keep the disease well controlled. Autologous stem cell transplant, where patients serve as their own donor, is another treatment commonly used to treat multiple myeloma. When receiving therapy for multiple myeloma, patients are cared for by an expert, multidisciplinary team in collaboration with their referring provider, which includes a hematologist, stem cell transplant specialists, pathologists, and a radiation oncologist, among other providers.

#### **OUR PHYSICIANS**



Terri Parker, MD



Sabrina Browning, MD



Noffar Bar, MD



Natalia Neparidze, MD

#### **PATIENT CARE TEAM**

Tara Anderson, PA-C | Martha Kraak, RN, OCN | Kristina Gigante, BSN, RN, OCN