



# Medical Grand Rounds

**YaleCME**  
CONTINUING MEDICAL EDUCATION

*Presented by*  
Yale School of Medicine, Department of Internal Medicine,  
Section of Digestive Diseases

## The Henry J. Binder Lectureship in Gastroenterology



### James D. Lewis, MD, MSCE

Professor of Medicine, Center for Clinical Epidemiology and Biostatistics,  
Perelman School of Medicine at the University of Pennsylvania

**Date: November 21, 2019**

**Time: 8:30-9:30am**

**Location: Fitkin Ampitheatre**

## “Why To Believe in Diet as a Therapy for Immune Mediated Diseases”

*There is no corporate support for this activity*

**This course will fulfill the licensure requirement set forth by the State of Connecticut**

#### **ACCREDITATION:**

The Yale School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

#### **TARGET AUDIENCE:**

**Attending physicians, house staff, fellows, medical students, PA's**

#### **NEEDS ASSESSMENT:**

During recent years there has been enormous progress in elucidating the pathogenesis of inflammatory bowel disease and developing novel therapies. Clinicians need to understand the mechanisms underlying the effects of diet on immune diseases, and know about the therapeutic use of dietary modification to treat Crohn's disease.

#### **LEARNING OBJECTIVES:**

1. Understand why diet is hypothesized to contribute to the rapid increase in incidence of immune-mediated diseases.
2. Understand the data supporting the use of diet as a therapy for Crohn's disease.
3. Gain insights into potential mechanisms whereby diet could be an effective therapy for Crohn's disease.

#### **DESIGNATION STATEMENT**

The Yale School of Medicine designates this live activity for 1 AMA PRA Category 1 Credit(s)<sup>™</sup>. Physicians should only claim the credit commensurate with the extent of their participation in the activity

#### **FACULTY DISCLOSURES:**

Course Director: Vincent Quagliarello, MD - None  
Speaker: James D. Lewis, MD, MSCE- Nestlé Health Science and Bridge Biotherapeutics, Inc., Honorarium, Consultant  
Pfizer, Gilead, and Arena Pharmaceuticals, Honorarium, DSMB member  
Takeda, Janssen and Nestlé Health Science, Grant Support, Research grant through U Penn  
Nestlé Health Science, Honorarium, CME program moderator/speaker

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