

Sarah Elizabeth Fitzpatrick, LCSW

*357 Whitney Ave, suite 203
New Haven, Connecticut 06511
203.645.1426
sarah.fitzpatrick@ymail.com
CT License # 004735*

https://therapists.psychologytoday.com/rms/prof_detail.php?profid=168264

PROFESSIONAL EXPERIENCE

Private Practice

February 2002-present

New Haven, Connecticut

Provide psychotherapy to individuals, couples and families. Provide clinical supervision and case consultation.

Assistant Clinical Professor

October 2016-present

Yale Department of Psychiatry
New Haven, CT

Assistant Clinical Professor

September 2014-present

Yale Child Study Center
New Haven, CT

Clinical Consultant

August 2014-present

Darcy Early Childhood Center of Cheshire
Birth to Three program

Provide clinical consultation to multidisciplinary team working with young children and families. Assist with assessment of needs, eligibility and service provision. Administer Devereux Early Childhood assessment, make clinical recommendations to team and families and provide in-home individual, dyadic and family therapy.

Grief Consultant

April 2017

TJX Companies
Hamden, CT

Developed on-site grief intervention. Provided consultation to management and support to direct line staff through TJX Associate Assistance Program after sudden death of young employee.

EAP Provider

March 2017-present

Resources for Human Development
Philadelphia, PA

Provided brief, solution driven support to Connecticut employees supported through RHD Employee Assistance Program contract.

Clinical Consultant

February 2010-July 2017

Florida State University
Center for Prevention & Early
Intervention Policy
Young Parents Program
Department of Juvenile Justice
Tallahassee & Miami, Florida

Provided reflective supervision and clinical consultation to Master's and Bachelor's level home visiting clinicians via phone and Skype. Conducted trainings to multidisciplinary staff based on evolving programmatic needs.

Clinical Consultant

February 2010-August 2014

Minding the Baby Program (MTB)
Yale Child Study Center
Yale School of Nursing
New Haven, Connecticut

Provided bi-monthly group supervision to MTB LCSWs. Assisted with development of MTB training content. Presenter at annual MTB summer training institute.

Clinical Social Worker
October 2005-February 2010

Minding the Baby Program (MTB)
Yale Child Study Center
Yale School of Nursing
New Haven, Connecticut

Provided home visits, mental health assessments and treatment, parent-infant therapy, and crisis and case management to at risk mothers and babies. Emphasis on parent-child attachment work and enhancement of parental reflective functioning.

Clinical Instructor
October 2005-July 2011

Yale University School of Medicine
Department of Psychiatry
New Haven, Connecticut

Provided clinical supervision to Post-MSW trainees and psychiatry residents working in various placements including crisis triage, community mental health and therapeutic day school settings.

Assistant Clinical Professor/Director
July 2003-October 2005

Yale Behavioral Health Services
Yale University School of Medicine
Hamden, Connecticut

Provided administrative oversight and clinical care at community mental health clinic serving approximately 350 unduplicated patients per year. Supervised, hired and trained staff. Implemented quality assurance protocols and produced reports. Coordinated training program.

Post-MSW Fellowship Coordinator
September 2000-July 2003

Yale Behavioral Health Services
Yale University School of Medicine
Hamden, Connecticut

Coordinated social work fellowship training program. Developed curriculum and taught *Introduction to Psychiatric Social Work: Assessment, Diagnosis & Treatment Issues* course for Post-MSW trainees. Provided on-going clinical supervision and teaching to trainees in group and individual settings.

Clinical Instructor/Primary Clinician
July 2000-July 2003

Yale Behavioral Health Services
Yale University School of Medicine
Hamden, Connecticut

Provided individual and group psychotherapy, including Dialectical Behavioral therapy groups and mindfulness skills, to diverse populations. Primary clinician and EAP service provider to town employees and their family members. Provided home visits, crisis intervention, community outreach and education, and consultation to staff and other social service providers within Hamden.

Advanced Post-MSW Fellow
September 1999-June 2000

Yale Behavioral Health Services
Yale University School of Medicine
Hamden, Connecticut

Primary clinician for late adolescents and adults in outpatient psychiatric clinic. Provided individual, group and family psychotherapy. Completed psychiatric evaluations, bio-psycho-social assessments, treatment plans, and case coordination for individuals with full spectrum of Axis I and Axis II disorders, including co-occurring substance abuse and psychiatric diagnosis.

Post-MSW Fellow
July 1998-June 1999

Yale Psychiatric Institute
Dual Diagnosis Unit
New Haven, Connecticut

Primary clinician on inpatient unit for late adolescents and adults with severe psychiatric and substance abuse disorders. Completed comprehensive diagnostic evaluations, discharge plans and brief individual and family therapy. Group facilitator for women in dual diagnosis partial hospital program.

Clinical Social Work Intern
September 1997- May 1998

Menninger Community Service Office &
Menninger Partial Hospital Services
Topeka, Kansas

Provided outpatient individual and family therapy. Provided social work services including intake interviews, referrals, diagnostic assessments and treatment guidelines for adults, children and families. Designed and led psychotherapy group focusing on grief and loss issues for 7-10 year olds. Facilitated psychoeducational group for adults with severe and persistent mental illnesses.

Research Assistant
August 1996- June 1998

University of Kansas
Long Term Care Grant
Lawrence, Kansas

Assisted in coordination of project which provided training to Long Term Care social workers and evaluated efficacy of State's Long Term Care programs. Organized statewide social work training conferences, created evaluation tools, conducted data collection and analysis, and completed reports for state officials to recommend "next steps" in staff development and training.

**Counseling Therapist Intern &
Refugee Case Manager**
September 1996-May 1997

Don Bosco Centers
Kansas City, Missouri

Counseling Therapist Intern: Provided individual outpatient therapy to low-income adults. Designed curriculum and facilitated small group therapy to enhance self-esteem, and coping skills for elementary aged children attending inner city public school.

Refugee Case Manager: Coordinated and provided direct services that facilitated the resettlement processes for refugees arriving in Kansas City. Direct experience with refugee families and individuals from Somalia, the Sudan, Sierra Leone, Cuba, Laos, Vietnam, Iraq, Azerbaijan, Armenia and Russia.

Support Services Coordinator
June 1994-June 1996

Cottonwood, Inc.
Lawrence, Kansas

Coordinated and created individualized treatment plans for adults with developmental disabilities, one-third of whom had a dual diagnosis of mental illness and mental retardation. Facilitated treatment team meetings. Provided individual and small group counseling. Provided crisis intervention and modeling for staff when clients' behaviors were a threat to self or others. Designed and instructed an inclusive Creative Dance Workshop for individuals with and without disabilities.

BSW Student Intern
August 1991-May 1992

Women's Recovery Center
Topeka, Kansas

Provided individual and co-facilitated small group therapy focused on issues related to women and chemical dependency. Developed 30-day treatment plans using diagnostic evaluations, strengths/needs assessments and interviews. Led bi-monthly psychoeducational support group focused on the relationship between women's body image and chemical abuse.

EDUCATION

MSW
May 1998

Social Work

University of Kansas
Lawrence, Kansas

BSW
May 1992

Social Work

University of Kansas
Lawrence, Kansas

CERTIFICATIONS

October 2003-December 2003

Ackerman Institute for Family Therapy. Peggy Papp, LCSW, Couples Therapy: Changing Belief Systems.

July 2005-July 2006

Smith College School of Social Work, Advanced Clinical Supervision Certification.

PRESENTATIONS & TRAININGS

April 1999, "*When She Was Good, She Was Really, Really Good...A Case Study of Factitious Disorder*", Yale Medical School, Department of Psychiatry, Case Conference, New Haven, CT.

May 2001, "*What Make Stress Stressful, and What Helps*", Miller Public Library, Staff In-Service, Hamden, CT.

April 2003, "*Understanding and Managing Stress in the Workplace*", Hill Health Center, Employee Assistance seminar, New Haven, CT.

February 2010, July 2011, July 2012, July 2013, July 2014, July 2015, "*Introductory Training Institute: Enhancing Reflective Parenting in Home Visiting: Lessons Learned from Minding the Baby*", Yale Child Study Center and Yale School of Nursing, New Haven, CT.

July 2016, "Bowen Family Systems Therapy", PGYIII, Yale Child and Adolescent Psychiatry Fellowship training seminar, Yale Child Study Center, New Haven, CT.

PUBLICATIONS

Slade, A., Sadler, L., Close, N., Fitzpatrick, S., Simpson, T., & Webb, D. (2017). Minding the Baby®: The impact of threat on the mother-baby and mother-clinician relationship. In S. Gojman de Millan, C. Herreman, & L. A. Sroufe, *Attachment Across Cultural and Clinical Contexts*, pp. 182-205. London: Routledge.