



## State CHEST Conference

**YaleCME**  
CONTINUING MEDICAL EDUCATION

Presented by

Yale School of Medicine's Department of Internal Medicine - Section of Pulmonary, Critical Care & Sleep Medicine

# Management of Delirium in the ICU in 2019



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(Clinical Research, Investigation, and Systems Modeling of Acute Illness)  
University of Pittsburgh School of Medicine

Wednesday, November 13, 2019 @ 3-4 pm

Fitkin Amphitheatre

**Moderator: Margaret Pisani, MD**

*There is no corporate support for this activity*

This course will fulfill the licensure requirement set forth by the State of Connecticut

### ACCREDITATION

The Yale School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

### TARGET AUDIENCE

Attending physicians, house staff/fellows, medical students, nurses, physician assistants.

### NEEDS ASSESSMENT

Delirium is an often-unrecognized complication of critical illness that affects a high percentage of ICU patients. Commonly used treatments are not often evidence based, but data from recent clinical trials and large quality improvement projects provide guidance regarding appropriate management of delirium.

### LEARNING OBJECTIVES

At the conclusion of this activity, participants will:

- I. Diagnose delirium in ICU patients using a validated delirium assessment tool.

2. Describe nonpharmacologic and pharmacologic strategies that can reduce delirium during critical illness.
3. Distinguish medications that may benefit patients with delirium during critical illness from those that will not.

### DESIGNATION STATEMENT

The Yale School of Medicine designates this live activity for 1 *AMA PRA Category 1 Credit(s)*<sup>TM</sup>. Physicians should only claim the credit commensurate with the extent of their participation in the activity.

### FACULTY DISCLOSURES

Richard Matthey, MD, Course Director – No conflicts of interest  
Timothy Girard, MD – No conflicts of interest

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