



State Sleep Conference

Presented by  
Yale School of Medicine's Department of Internal Medicine, Section of Pulmonary, Critical Care, & Sleep Medicine

# What Can I Learn from My Patient's PAP Machine?



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**Wednesday, April 25, 2018, 2-3 pm**

The Anlyan Center, TAC S-447

**Moderator: Lauren Tobias, MD**

*There is no corporate support for this activity*

This course will fulfill the licensure requirement set forth by the State of Connecticut

**ACCREDITATION**

The Yale School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

**TARGET AUDIENCE**

Attending physicians, house staff/fellows, medical students, nurses, physician assistants.

**NEEDS ASSESSMENT**

Sleep apnea affects up to 10% of the adult population in the US. Positive airway pressure devices are the most commonly prescribed and most effective treatment for obstructive sleep apnea. These devices now have internal software programs that report a myriad of user data which is often not used by the providers but contain a wealth of information about the patient's sleep habits, machine usage, and efficacy. This lecture will review that data that can be obtained from PAP devices in a case-based format.

**LEARNING OBJECTIVES**

At the conclusion of this activity, participants will learn to:

1. Review the usage data provided from the most common PAP devices
2. Discuss cases that highlight different issues/problems that can be identified by reviewing the PAP downloads
3. Highlight how downloads may also point out other possible health related issues

**DESIGNATION STATEMENT**

The Yale School of Medicine designates this live activity for 1 *AMA PRA Category 1 Credit(s)*<sup>™</sup>. Physicians should only claim the credit commensurate with the extent of their participation in the activity.

**FACULTY DISCLOSURES**

Lauren Tobias, MD, Course Director – No conflicts of interest  
Nancy Collop, MD – Jazz Pharmaceuticals, UpToDate

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