



Continuing Medical Education  
Yale CME

Digestive Diseases Research Seminar  
*Presented by Yale School of Medicine,  
Department of Internal Medicine, and Section of Digestive Diseases*

# Introduction to Gastropsych: Behavioral approaches to chronic GI conditions

Sarah K. Ballou, PhD

Assistant Professor of Medicine, Harvard Medical School  
Staff Psychologist, Beth Israel Deaconess Medical Center

Tuesday, November 15, 2022  
5:00 pm - 6:00 pm

<https://yale.zoom.us/j/95070548572?pwd=YVFwTEtFcWh4d0JoSVR6UWRTY0p1Zz09&from=addon>

Host: Deborah Proctor, MD

Course Directors: Yasuko Iwakiri, PhD and Joseph Lim, MD

To record your attendance to this activity, text the Activity Code (35289) to 203-442-9435.

**There is no corporate support for this activity. Accreditation:** The Yale School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. **Target Audience:** YSM faculty, fellows, nurses, residents, medical students, staff, and other health care providers. **Designation Statement:** The Yale School of Medicine designates this live activity for 1 AMA PRA Category 1 Credit(s)<sup>™</sup>. Physicians should only claim the credit commensurate with the extent of their participation in the activity. **Needs assessment:** Brain gut behavioral therapies (BGBTs) represent an important treatment option for patients with chronic GI conditions. This course will provide an introduction to the field of GI Psychology and will review some of the most common BGBTs and the evidence to support their efficacy in this patient population. **Objectives:** Provide an introduction to GI Psychology; Discuss psychosocial considerations for patients with chronic GI conditions; Review the evidence to support brain gut behavioral therapies for patients with chronic GI conditions. **Faculty Disclosures:** None of the faculty/planners for this educational activity have relevant financial relationship(s) to disclose with ineligible companies. It is the policy of Yale School of Medicine, Continuing Medical Education, to ensure balance, independence, objectivity, and scientific rigor in all its educational programs. All faculty participating as speakers in these programs are required to disclose any relevant financial relationship(s) they (or spouse or partner) have with a commercial interest that benefits the individual in any financial amount that has occurred within the past 12 months; and the opportunity to affect the content of CME about the products or services of the commercial interests. The Center for Continuing Medical Education will ensure that any conflicts of interest are resolved before the educational activity occurs. **This course will fulfill the licensure requirement set forth by the State of Connecticut.**