



Yale Sleep Medicine Seminar

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Presented by

Yale School of Medicine's Department of Internal Medicine, Section of Pulmonary, Critical Care, & Sleep Medicine

Joint Yale-Harvard Sleep Conference **Sleep and Alzheimer's Disease: A Bi-Directional Relationship**



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Wednesday, October 14, 2020 @ 2pm EDT

Moderator: Andrey Zinchuk, MD

REMOTE ATTENDANCE ONLY – NO LOCAL AUDIENCE

Join from PC, Mac, Linux, iOS or Android: <https://zoom.us/j/93569756530>

Telephone: Dial: +1 203 43-29666 or (+1 877 853-5247 or +1 888 788-0099 US Toll-free); Meeting ID: 935 6975 6530

CME credit for live event only.

To record your attendance, text the ID# provided at the session to 203-442-9435 from 1:45pm-3:15pm on September 9, 2020

There is no corporate support for this activity. This course will fulfill the licensure requirement set forth by the State of Connecticut.

ACCREDITATION

The Yale School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

TARGET AUDIENCE

Attending physicians, house staff/fellows, medical students, nurses, physician assistants.

NEEDS ASSESSMENT

Patients with symptomatic Alzheimer's disease have long been known to have disturbed sleep. In the past 10-15 years, increasing evidence strongly suggests that sleep is disrupted in cognitively normal individuals with Alzheimer's disease pathology (i.e., preclinical Alzheimer's disease) and may serve as a marker for disease progression. Sleep may also be a modifiable risk factor for developing Alzheimer's disease. This lecture is needed to increase the attendees knowledge of the bi-directional relationship between sleep and Alzheimer's disease.

LEARNING OBJECTIVES

At the conclusion of this talk, individuals will:

1. Discuss Alzheimer's disease pathogenesis
2. Discuss how sleep changes with Alzheimer pathology

3. Discuss potential mechanisms for how sleep may prevent or delay Alzheimer's disease

DESIGNATION STATEMENT

The Yale School of Medicine designates this live activity for 1 AMA PRA Category I Credit(s)TM. Physicians should only claim the credit commensurate with the extent of their participation in the activity.

FACULTY DISCLOSURES

Lauren Tobias, MD, Course Director – No conflict of interest

Brendan Lucey, MD – Merck

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