



Yale Sleep Medicine Seminar

YaleCME
CONTINUING MEDICAL EDUCATION

Presented by

Yale School of Medicine's Department of Internal Medicine, Section of Pulmonary, Critical Care, & Sleep Medicine

Idiopathic Hypersomnia Review



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Nuvance Health

Wednesday, December 2, 2020 @ 2pm EST

Moderator: Lauren Tobias, MD

REMOTE ATTENDANCE ONLY – NO LOCAL AUDIENCE

Join from PC, Mac, Linux, iOS or Android: <https://zoom.us/j/93569756530>

Telephone: Dial: +1 203 43-29666 or (+1 877 853-5247 or +1 888 788-0099 US Toll-free); Meeting ID: 935 6975 6530

CME credit for live event only.

To record your attendance, text the ID# provided at the session to [203-442-9435](tel:203-442-9435) from [1:45pm-3:15pm](tel:203-442-9435) on [November 18, 2020](tel:203-442-9435)

There is no corporate support for this activity. This course will fulfill the licensure requirement set forth by the State of Connecticut.

ACCREDITATION

The Yale School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

TARGET AUDIENCE

Attending physicians, house staff/fellows, medical students, nurses, physician assistants.

NEEDS ASSESSMENT

Idiopathic hypersomnia is a rare chronic neurological disorder, which manifests as pathologic excessive daytime sleepiness. It often remains unrecognized and undiagnosed by the clinicians. In 1956, this condition was described by Dr. Bedrich Roth as a syndrome of "sleep drunkenness" and ten years later was distinguished from narcolepsy. However, over 50 years later, we still do not fully understand the pathophysiology of this condition. This talk will focus on the review of the pathophysiology, clinical evaluation, and treatment updates in idiopathic hypersomnia in contrast with narcolepsy.

LEARNING OBJECTIVES

At the conclusion of this talk, individuals will:

1. Describe the clinical features of IH
2. Discuss the evaluation of patient with IH
3. Discuss the available treatment for IH

DESIGNATION STATEMENT

The Yale School of Medicine designates this live activity for I AMA PRA Category I Credit(s)TM. Physicians should only claim the credit commensurate with the extent of their participation in the activity.

FACULTY DISCLOSURES

Lauren Tobias, MD, Course Director – No conflict of interest

Elyana Matayeva, DO – No conflict of interest

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