

February 2023



A monthly newsletter featuring updates, news you can use, community spotlights, events, and more from the Yale Child Study Center.

In this edition...

- [Chair's Message](#)
- [Departmental News & Updates](#)
- [News You Can Use](#)
- [Upcoming Events](#)
- [In the Media](#)
- [Job Opportunities](#)
- [Recent Publications](#)
- [Giving to the YCSC](#)

Chair's Message



As is so often the case, there is much to share and report about the many happenings across the department – and there is far too much tragedy in the world around us. My heart goes out to all those affected by the recent earthquakes in Turkey and Syria, and I encourage all to help in whatever ways you can, whether through some of the resources shared within our department last week to [help earthquake victims in Turkey and Syria](#); through [Turkiye Earthquake Relief](#), an arm of Turkish Philanthropy Funds [identified by members of the Yale community](#); or through [organizations that aim to address the needs of children in the affected areas](#).

In times of darkness, we must come together and lift one another up – and I'm grateful to all those in our

community, and beyond, who continue to do this for one another as well as for countless children and families.

Linda Mayes, MD

Arnold Gesell Professor of Child Psychiatry, Pediatrics, and Psychology;

Chair, Yale Child Study Center

[return to menu](#)

Departmental News & Updates

New Staff Spotlight Series & IBO Insight

Integrated Business Operations & Administration
Staff Spotlight Series
Yale Department of Psychiatry & Child Study Center



In a new monthly staff spotlight, the "Integrated Business Operations" (IBO) model is explained, and IBO leaders Steve Gentile and Ian Solomon step into the spotlight to answer a few questions about themselves. [Learn more.](#)

Welcoming new community members



A warm welcome goes out to two of the center's newest community members, Tanya Barnes, CPC and Lauren Zaretsky, MSW. Both joined YCSC Clinical Services in January.

[Learn More](#)

Marking a retirement after 18 years at the YCSC



Rosemary Serra announced her retirement in late 2022, effective at the end of January 2023. She has been at Yale for almost two decades, having served in the role of senior administrative assistant in the YCSC chair's office the entire time.

[Learn More](#)

Diaper drive to benefit Connecticut families



YCSC Training Program Administrator Karen Franchi is hosting a diaper drive to benefit the [Diaper Bank of Connecticut](#). Donors can drop off diapers at 350 George Street or at convenient locations around the campus. The CT Diaper Bank provides diapers, period supplies, incontinence products, and other basic health needs to families throughout the state.

[Learn More](#)

YCSC Year in Review

Looking Back:
Key Accomplishments & News in 2022



The January 2023 special edition of YCSC Connections was dedicated to 2022: A Year In Review. If you missed it, you can still review it on the YCSC website.

[Learn More](#)

Community News & Awards



Frometa selected to lead public health team to Puerto Rico in March



Elbertson elected Vice President of SEL Providers Association



Teeffe received 2023 Kavli Postdoctoral Award for Academic Diversity

[Learn More](#)[Learn More](#)[Learn More](#)

Yuen PI on New Grant to Support AAPI Students, Faculty

[Learn More](#)

Cipriano Receives Grant to Support SEL Assessment Practices

[Learn More](#)

Zieher Receives 2022 PEACE Grant from Mind & Life Institute

[Learn More](#)

Gerber Named One of 40 under 40 Rising Stars

[Learn More](#)

Lewkowicz Among 7 Faculty Named AAAS Fellow

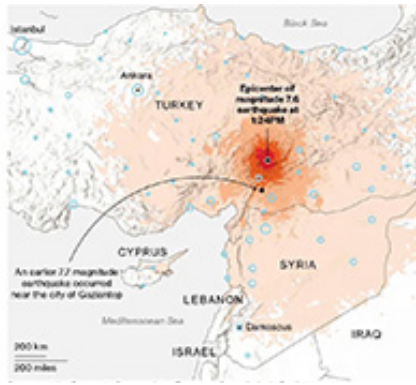
[Learn More](#)

Fernandes & Colleagues Win Catalyst Award

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News You Can Use

Supporting Earthquake Victims



In the aftermath of last week's devastating earthquakes in Turkey and Syria, several resources have been shared across the University to support the victims. YCSC Postdoctoral Associate Ayşe Çobanoğlu, whose home country is Turkey, shared a list of resources to help earthquake victims as well as organizations focused on supporting children and families.

[Read More](#)

25 Children's Books About Death and Grief

[Learn More](#)

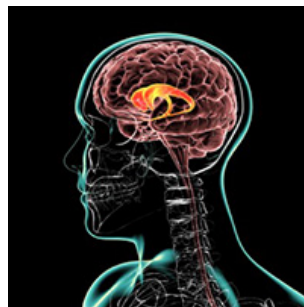
What Makes Auditory Contact Different in Autism?

[Learn More](#)

The People Who Give us "Permission To Feel"

[Learn More](#)

'Pick me up, Mommy!' How parents can set boundaries around touch

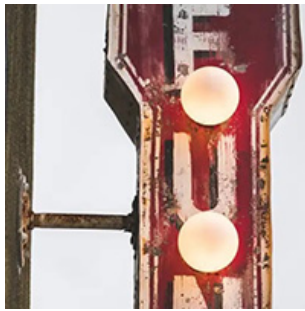
[Learn More](#)

3D Organoid Models Show Brain Mechanisms of Tourette Syndrome

[Learn More](#)

'There's No Such Thing as Bad Emotions' and Other Truths Students Need to Know

[Learn More](#)



Five Strategies to Skillfully Strengthen Your Relationships

[Learn More](#)



When social-emotional learning leaves out students with disabilities

[Learn More](#)



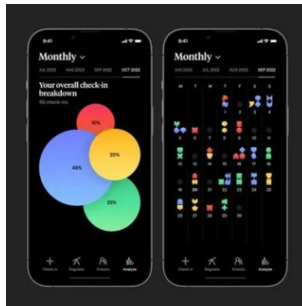
Five Building Blocks to Help You Keep Your New Year's Resolutions

[Learn More](#)



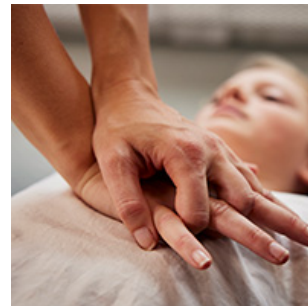
Overcoming Creativity Anxiety

[Learn More](#)



App helps grow emotional intelligence

[Learn More](#)



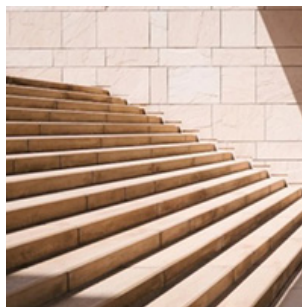
The Trauma of Witnessing CPR

[Learn More](#)



Why some anxiety is good, even though it feels bad

[Learn More](#)



Self-Awareness: The Secret to Making Sound Decisions

[Learn More](#)



Emotion Regulation Strategies for Children & Adolescents

[Learn More](#)

Upcoming Events

YCSC Hybrid [Grand Rounds](#)

Tuesdays 1:00-2:00 p.m.

February 21, 2023

Identifying Adolescents at Risk for Substance Misuse Using Digital Tools: Why, Where, When and How

Kammarauche Asuzu Aneni, MBBS, MHS

Assistant Professor of Child Psychiatry

Yale Child Study Center

February 28, 2023

Celebrating Black History Month

Details TBA

March 7, 2023

"My World," and the Musical, Medical, and Social Narratives of Autism

Jacob Gluckman

Premedical student at Bryn Mawr College's Premedical Post-baccalaureate program

March 14, 2023

Clinical Care for LGBTQ Youth: Ethical Case Studies

Lisa Campo-Engelstein, PhD

Chair, Department of Bioethics & Health Humanities

University of Texas Medical Branch

[View flyer for meet and greet opportunities](#)



The [YCSC Grand Rounds Committee](#) is pleased to share an updated list of speakers for the department's Grand Rounds series, a weekly forum for YCSC faculty, staff, and affiliates offering multidisciplinary opportunities to come together and learn about a variety of topics relevant to the mental health of children, adolescents, families, and communities. YCSC Grand Rounds are the oldest series exclusively dedicated to topics in child psychiatry and allied disciplines. [View speaker list.](#)

Register in Zoom

In the Media



Everyday Health:
*All About Happiness: Definition, Health
Effects, & How to Be Happier Every Day*

[Learn More](#)



The Tico Times:
*The Path to Peace: The 2023 Gross
Global Happiness Summit at the
University for Peace*

[Learn More](#)



Psychiatric Times:
New Year, Same Racism

[Learn More](#)



Scientific American:
*Half of the 250 Kids Expelled from
Preschool Each Day Are Black Boys*

[Learn More](#)

[return to menu](#)

Job Opportunities



A variety of opportunities for talented individuals seeking to improve the lives of children and families through research, service, and training are currently open at the YCSC. Several excellent [benefits and rewards packages](#) are offered for faculty and staff.

[Learn More](#)

[return to menu](#)

Recent Publications



November 2022
Publications

[View Report](#)

December 2022
Publications

[View Report](#)

January 2023
Publications

[View Report](#)

[return to menu](#)

Giving to the YCSC



The groundbreaking work of the YCSC would not be possible without the gifts and grants that support our research, clinical care, and educational missions. YCSC donors are essential in helping us to serve children and families in need of care. For more information about planned giving, or how to [make a gift](#), please contact Zsuzsanna Somogyi at 203-436-8559 or at zsuzsanna.somogyi@yale.edu. Thank you!

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