

PROGRAM

Moderator for the day: Seth Axelrod, PhD

- 8:00 Registration and Coffee
- 8:30 Welcome & Opening Remarks
Seth Axelrod, PhD
Perry Hoffman, PhD
Rajita Sinha, PhD
- 8:45 Overview of BPD-related
Cognitive-Perceptual Difficulties
and Challenges in their Diagnosis
and Treatment
Gabriela Balf, MD MPH
- 9:30 Neuropsychological Deficits in
Borderline Personality Disorder
and their Implications for
Treatment
Anthony Ruocco, PhD
- 10:30 Break
- 10:45 Is Diagnosis Destiny?
Annita Sawyer, PhD
- 11:30 Family Perspective and Advocacy
TBA
- 12:00 Lunch on your own
- 1:00 Childhood Trauma, Affect
Regulation, and Borderline
Personality Disorder
Bessel van der Kolk, MD
- 2:30 Break
- 2:45 Introduction to the Skills System:
An Emotion Regulation Skills
Curriculum for all Learning
Abilities
Julie Brown, LICSW
- 4:15 Panel Discussion
- 4:45 Closing Remarks and Adjourn

Yale NEA-BPD Conference
Attn Joan Critica
300 George St Ste 901
New Haven CT 06511-6624

9th Annual Yale NEA-BPD Conference *Borderline Personality Disorder and Managing Related Cognitive Challenges: Dissociation, Psychosis, and Intellectual Impairments* Friday, May 10, 2013; 8:00 AM - 4:45 PM

9th Annual Yale NEA-BPD Conference

Borderline Personality Disorder and Managing Related Cognitive Challenges: Dissociation, Psychosis, and Intellectual Impairments

Featuring

Bessel van der Kolk, MD
and Julie Brown, LICSW

Friday, May 10, 2013
8:00 AM – 4:45 PM

Mary S. Harkness Auditorium
Sterling Hall of Medicine
333 Cedar Street, New Haven, CT 06519

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Yale SCHOOL OF MEDICINE
Department of Psychiatry



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CLEARVIEW
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SILVER HILL HOSPITAL
RESTORING MENTAL HEALTH SINCE 1951

REGISTRATION FORM

May 10, 2013 Conference

Name _____

Organization _____

Address _____

City _____ State _____ Zip _____

Phone _____

E-mail _____

Degree

☐ MD ☐ PhD ☐ MSW ☐ LCSW ☐ APRN ☐ RN

☐ LMFT ☐ Other _____

Registration Fee

☐ Professional **Early Bird \$110.00 by April 12**

☐ Professional \$125

☐ Family Member \$50

☐ Consumer \$25

☐ Trainee* \$50

For group rates contact joan.cricca@yale.edu

*Yale and Yale-New Haven Hospital trainees, contact Dr.

Francheska Pereplechikova at frp2008@med.cornell.edu

Credit requested

☐ NASW/CT ☐ **Nursing ☐ Certificate of Attendance

This program is approved by the National Association of Social Workers - Connecticut for 6.5 Continuing Education Contact Hours.

***This activity has been submitted to the Connecticut Nurses' Association for approval to award 6.5 contact hours. The Connecticut Nurses' Association is accredited as an approver of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.*

Registration

By Website: www.psychiatry.yale.edu/bpdconference

By Mail: Make checks payable to and mail to:

Yale University
Attn Joan Cricca
300 George Ste 901
New Haven CT 06511-6624

Cancellation refund requests must be made by April 29, 2013.

For further details and information including parking and directions please visit www.psychiatry.yale.edu/bpdconference

This conference will address difficulties managing cognitive challenges that can complicate the lives and treatment of individuals with Borderline Personality Disorder such as dissociation, psychosis and intellectual impairments. The conference will address basic clinical research, neuroscience, psychopharmacology, psychotherapy, and consumer and family perspectives.

Course Objectives

- Become familiar with the Borderline Personality Disorder (BPD) diagnostic criteria and its associations with cognitive-perceptual difficulties including dissociation, psychotic states, and cognitive distortions.
- Summarize the effects and side effects of psychotropics, notably antipsychotics, in the treatment of BPD-related cognitive disturbances.
- Identify key areas of neuropsychological deficit in BPD and characterize the nature of these deficits and their associations with functional disability.
- Appreciate the challenges of struggling with cognitive challenges and/or borderline personality disorder based on first-hand consumer and family member accounts.
- Question observed cognitive irregularities (e.g., memory loss, apparently delusional thinking) that might overlap with and confound diagnoses.
- Become acquainted with an empirically supported program for family members of individuals with BPD.
- Describe evidence for a relationship between childhood trauma and the development of affect regulation and implications for effective clinical interventions.
- Recite several factors that increase and decrease cognitive load demands which are important when designing interventions for individuals with learning challenges.
- Learn the System Tools for individuals with learning challenges and be able to link skills in adaptive chains of behavior.

www.psychiatry.yale.edu/bpdconference

Our Conference is aimed at mental health professionals, training clinicians and researchers, as well as consumers and their family members.

Presentations are designed to make cutting-edge research and practice accessible to both professionals and lay audience members. Ample time is provided for questions from the audience.

Conference Co-Directors:

Seth Axelrod, PhD, Yale University, YPH
Perry Hoffman, PhD, President, NEA-BPD

Conference Faculty:

Rajita Sinha, PhD, Yale Stress Center, Yale University
Gabriela Balf, MD, MPH, Yale University, YPH
Anthony Ruocco, PhD, CPsych, University of Toronto
Annita Sawyer, PhD, Private Practice, Yale University
Bessel van der Kolk, MD, Boston University, Trauma Ctr
National Ctr for Child Traumatic Stress
Julie F. Brown, LICSW, Justice Resource Institute-
Integrated Clinical Services, Behavioral Tech, LLC

Conference Coordinators:

Emily Ansell, PhD, Yale Stress Center, Yale University
Suzanne Decker, PhD, VA MIRECC, Yale University
Francheska Pereplechikova, PhD, Weill Cornell Medical
College
Jacquelyn Smith, LCSW, Creedmore Psychiatric Center
Keri Tuit, PhD, Yale Stress Center, Yale University
Patricia Woodward, MAT, Secretary/Treasurer,
NEA-BPD

Conference Staff:

Julie Pinto, Yale Stress Center, Yale University
Joan Cricca, Yale University
Shane Sequer, Communications Officer, Yale University