



## State CHEST Conference

YaleCME  
CONTINUING MEDICAL EDUCATION

Presented by

Yale School of Medicine's Department of Internal Medicine - Section of Pulmonary, Critical Care & Sleep Medicine

# Sleep-Disordered Breathing in Neuromuscular Disease



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**Wednesday, February 6, 2019, 3-4 pm**

Fitkin Amphitheatre

**Moderator: Lauren Tobias, MD**

*There is no corporate support for this activity*

This course will fulfill the licensure requirement set forth by the State of Connecticut

### **ACCREDITATION**

The Yale School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

### **TARGET AUDIENCE**

Attending physicians, house staff/fellows, medical students, nurses, physician assistants.

### **NEEDS ASSESSMENT**

Sleep is a vulnerable time for breathing in neuromuscular disease. Sleep-disordered breathing is present before and predicts the onset of diurnal respiratory failure. Noninvasive ventilation (NIV) has been shown to improve outcomes including nocturnal and daytime symptoms, gas exchange, and survival. Improved understanding of the pathophysiology of sleep-disordered breathing and options for assessment and NIV management will improve patient outcomes.

### **LEARNING OBJECTIVES**

At the conclusion of this activity, participants will learn to:

1. Understand how sleep impacts breathing in neuromuscular disease

2. Learn how to assess breathing in neuromuscular disease
3. Learn strategies to manage noninvasive ventilation in neuromuscular

### **DESIGNATION STATEMENT**

The Yale School of Medicine designates this live activity for 1 *AMA PRA Category 1 Credit(s)*<sup>™</sup>. Physicians should only claim the credit commensurate with the extent of their participation in the activity.

### **FACULTY DISCLOSURES**

Richard Matthay, MD, Course Director – No conflicts of interest  
Janet Hilbert, MD – No conflicts of interest

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