



Continuing Medical Education  
Yale CME

## Yale Sleep Medicine Seminar

Presented by: Department of Internal Medicine, Section of Pulmonary, Critical Care & Sleep Medicine

### Joint Conference

# Dental Sleep / Oral Appliances for Obstructive Sleep Apnea

01/12/2022 2:00 PM – 3:00 PM EST | Online

Mandibular advancement devices (MAD) are increasingly used in dental practices for the management of mild to moderate obstructive sleep apnea and for patients with severe obstructive sleep apnea who cannot tolerate PAP therapy. MAD is an intraoral device designed to maintain the mandible in a forward position during sleep. Its primary function is through modification of the mandible and tongue position, resulting in improved upper airway patency and reduced upper airway collapsibility. The MAD is an approved alternative therapy that has been consistently shown to be the preferred option by patients who are affected by OSA. In comparison to continuous positive airway pressure, oral appliances are less efficacious in reducing the apnea hypopnea index (AHI), but oral appliances appear to be used more and are preferred over CPAP when the treatments were compared.



### Leopoldo Correa, BDS, MS

Associate Professor  
Director, Craniofacial Pain Center  
Division of Craniofacial Pain Center  
Department of Diagnostic Sciences  
Tufts University School of Dental Medicine

Host: Aarti Grover, MD

#### Program Goal:

1. Understand the design and mechanism of MAD for the management of OSA
2. Comprehend the effect of MAD on upper airway
3. Learn the indications and side effects of mandibular advancement devices

Target Audience: Sleep Medicine

#### Financial Disclosure Information:

Janet Hilbert, MD, course director for this educational activity, has no relevant financial relationship(s) with ineligible companies to disclose.  
Debbie Lovejoy, coordinator for this educational activity, has no relevant financial relationship(s) with ineligible companies to disclose.  
Aarti Grover, MD, moderator for this educational activity, has no relevant financial relationship(s) with ineligible companies to disclose.  
Leopoldo Correa, BDS, speaker for this educational activity, has no relevant financial relationship(s) with ineligible companies to disclose.

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