

UROLOGY

AT YALE | 2021

Inside Urology at Yale

Issue 34 | February 2021

WELCOME NEW RESIDENTS

Yale Medicine
UROLOGY

MATCH DAY 2021

Welcome New Residents!



CHRISTOPHER HAYDEN, MD
University of Kentucky
College of Medicine



SYED RAHMAN, MD
SUNY Downstate Medical Center
College of Medicine



SHARATH REDDY, MD
Keck School of Medicine
of USC

Match Day for Urology programs took place on Monday, February 1, and we are pleased to announce our newest resident class: **Christopher Hayden, MD**, University of Kentucky College of Medicine; **Syed Rahman, MD**, SUNY Downstate Medical Center College of Medicine; and **Sharath Reddy, MD**, Keck School of Medicine of University of Southern California (USC).

After interviewing nearly 60 spectacular applicants in November, we could not be more pleased with our match results. Christopher, Syed, and Sharath each bring extraordinary experience to our program, and are exemplary individuals who represent the future of Yale Urology. We look forward to welcoming our newest residents to New Haven this summer!

ANKUR CHOKSI PLACES SECOND IN SIMNOW VIRTUAL GAMES



Ankur Choksi, MD, PGY-1, finished as runner-up in last night's SimNow Virtual Games, a nationwide robotic surgery skills simulation competition hosted by The Academic Surgical Congress (ASC) and Intuitive.

The final competition featured a series of challenges using the SimNow simulator, with an accumulating final score from each challenge. Dr. Choksi finished in the top two and went head-to-head with Adam Truong, MD, PGY-4 from Cedars-Sinai Medical Center, ultimately finishing second in an exciting final round.

The competition was open to all surgical residents across the country, and in order to participate, residents had to complete a simulator task. The four participants with the highest scores qualified for the final competition, and Ankur Choksi, MD, PGY-1, represented Yale Urology.

The competition will be posted to the Yale Urology website when it becomes available. Congratulations, Dr. Choksi on your success last night!



REMINDER: OPEN NOTES UPDATE



As a reminder, effective February 2, 2021, all **clinician visit notes** will be automatically made visible to patients through MyChart, in compliance with the 21st Century Cures Act. In addition to ambulatory visits, notes relating to inpatient, emergency department, and behavioral health care will also now be shared with patients.

If you determine that contents of a note may endanger privacy or safety of a patient, you will have the ability to “unshare” it with patient, but you will need to document a

reason for unsharing. Nursing flowsheets and telephone notes will not be shared upon default.

Clinician guides, FAQs and Epic demonstrations can also be found on the physician/provider portal: <https://ynhhconnect.org>.

DIVERSITY, EQUITY, AND INCLUSION COMMITTEE LAUNCHED; SEEKS MEMBERS



The creation of a **Diversity, Equity, and Inclusion (DEI) Committee** within the Department of Urology has commenced. The mission of the committee is to enhance the recruitment, retention, support, and promotion of a diverse and equitable department workforce; to foster an inclusive work environment that welcomes and celebrates diversity; to ensure

inclusion and equitable representation of a diversity of perspectives on decision-making bodies; to study and educate on matters of diversity, equity, and inclusion in medicine and healthcare; to combat disparities in access, provision, and outcomes of medical education and patient care.

Additionally, the committee will have a participatory role in the Yale New Haven Hospital System and Yale School of Medicine DEI initiatives, and an advisory role to Yale Urology leadership. The committee will also be responsible for developing and executing Yale Urology DEI initiatives, and will report to the Department Chair.

Organizers are seeking a diverse group of members, and positions have been reserved for faculty, advanced practice providers, resident and fellow trainees, nurses, medical assistants, social workers, and administrative staff. If you are interested or would like to learn more, please contact [Jaime Cavallo, MD, MPH](#).

RALPH STROUP NOMINATED FOR HUMANITARIAN RECOGNITION AWARD



We are pleased to share that **Ralph Stroup, MD**, was one of 17 nominees under consideration for the 2021 Urology Care Foundation inaugural Humanitarian Recognition Award. Catherine Rhu deVries, MD, pediatric urologist with the University of Utah was named the inaugural recipient, and you can read more about all nominees [here](#).

With Dr. Stroup's extensive charitable work across the Central Highlands of Kenya, his nomination was crafted and submitted thanks to the efforts of **Adam Hittelman, MD, PhD**, **Patrick Kenney, MD**, and **Robert Weiss, MD**. An excerpt of his nomination is below:

"Throughout his life, Dr. Ralph Stroup has found and created opportunities to help others in need. Following graduation from the University of Rochester School of Medicine and Dentistry and his training in general surgery, he enlisted in the U.S. Air Force Medical Corps in 1967, and was sent to Vietnam as a general surgeon. While based in Sa Dec, South Vietnam, Dr. Stroup served as commander for a 16-man medical advisory team to provide medical services at a nearby civilian hospital alongside a Vietnamese team.

Upon his discharge from the U.S. Air Force, Dr. Stroup arrived in New Haven, Connecticut in 1969, where he would go on to become a well-established, general urologist for more than 30 years. When his practice joined with Yale School of Medicine and Yale Urology in 2006, Dr. Stroup received a clinical faculty appointment and began to work with medical students within the Department of Urology. After a brief retirement, he returned and became the physician of record for the residents training clinic, a clinical training program for second-year Yale Urology residents that would equip them with critical soft skills: empathy, compassion, respect, as well as how to understand disadvantaged patients experiencing poverty.

It was a strong teaching role that suited Dr. Stroup to a tee, providing great personal satisfaction and a sense of purpose. The same purpose that prompted him to take steps to establish his non-profit organization, Kenyan Health Care Initiatives (KHCI).

Over the next several years and with continuous fundraising and bi-annual trips to Kenya, Dr. Stroup with his wife, Mary Ann, evolved their projects based on needs of the Maasai. Clinics remain at the heart of KHCI's mission because they are at the center of every community, providing primary access for emergency, preventative, and maternal and newborn care. They also act as centers for health education and referral. Since the completion of Lokusero Clinic, additional clinics have been constructed in nearby communities of Chumvi, Ntalabany, and Arijju, impacting more than 10,000 patients, and staffed by nurses who are largely responsible for the health of the communities that they serve.

Whether representing his country in Vietnam, serving the community of New Haven, Connecticut, training future urologists, or improving the lives of villagers in remote regions of Kenya, Dr. Stroup exemplifies the spirit of philanthropy. He is a helper to his core, using his skills to teach and serve others around the world."

OVERVIEW OF CARE SIGNATURE PROJECTS

Care Signature: Urology

Current Projects

- Symptomatic nephrolithiasis
 - Chair – Piruz Motamedinia, MD
 - GU (NH, BH, LMH, GH), IR (NH), ED (NH), Radiology, Pharmacy
 - Focus on ED and inpatient pathways for symptomatic stones
- Microscopic hematuria
 - Chair - Steve Kardos, MD
 - GU (NH, BH, LMH, GH)
- Pediatric – voiding dysfunction
 - Chair – Sarah Lambert, MD

Yale School of Medicine K11067

Our Urology **Care Signature** work is part of an effort by the Yale New Haven Health System (YNHHS) across multiple disease groups. The goal is to provide high quality, evidence-based, and equitable care at various sites while minimizing variability and costs. We will gather appropriate data when available and determine a YNHHS consensus when data is not clear, and use this information to create clinical pathways to help providers order the right tests, imaging, consultations, interventions, etc. specific to the patient. All of this will be embedded in Epic (using Agile MD) to make the process fluid. Care Signature was initially rolled out for COVID management, and has become widely adapted. We have three Care Signature projects:

- 1) Symptomatic kidney stones - Chaired by **Piruz Motamedinia, MD**, a urologist from all YNHHS sites (GH, BH, YSC, SRC, LM/WH) is participating, as well as representatives from the emergency department, interventional radiology, radiology providers, pharmacists, etc. – a true multidisciplinary group. This group is focused on the management of patients coming to the hospital with symptomatic kidney stones, and they are creating pathways that will guide safe (low radiation) and effective diagnostic imaging, effective symptoms management, expedited urgent care, clear discharge recommendations, and follow-up access.
 - 2) Microscopic hematuria – Chaired by **Steve Kardos, MD**, a former Yale Urology resident who is with Northeast Medical Group (NEMG) in Bridgeport, and also has representation from all YNHHS sites. They will focus on appropriateness of testing, work-up, and intervention for patients with microscopic blood in their ureter in line with the most recent revised guidelines.
 - 3) Pediatric voiding dysfunction - **Sarah Lambert, MD**, chairs this group.
-

QUICK ACTION AND TEAMWORK THROUGH THE CALL CENTER HELPS PATIENT



Lisa Rosenthal is a Referral Specialist within Patient Access, also known as the YM Care Center. She fields incoming calls for appointments and other questions, and on Thursday, January 28, Lisa received an incoming call from a patient in distress. In addition to calmly managing the call and getting in touch with all of the appropriate people and departments, Lisa went above and beyond to ensure the patient was safe until emergency services arrived. Great job, Lisa!

Kudos was shared by **Michelina Tanner-Wilcox, RN**, and can be read below:

"Today I received an urgent Skype from Lisa Rosenthal regarding a patient emergency. Lisa was concerned that a patient was driving while clearly in audible pain, and Skyped me and warm transferred the call to me. We both remained on the phone with the patient who was driving herself to Lawrence + Memorial Hospital

Emergency Department for intractable pain and vomiting with a known kidney stone.

Once she was safely off the road and in a safe parking lot, we gathered information needed to call Emergency Medical Services (EMS) - including a call back number, exact location, and vehicle information.

Lisa stayed on the phone with the patient, and also took the time to call her son and update him, while I spoke with Mystic, CT EMS. EMS arrived and a verbal handoff was given, and a MD message was sent to the L+M RN pool for Dr. (Timothy) Tran.

Lisa's ability to simultaneously speak with the patient, her son, Skype call me, along with keeping the patient calm at the same time was amazing!"

CAN WE LEARN ABOUT MEN'S HEALTHCARE FROM 'THE PRAMS STUDY'?



Stanton Honig, MD, has released a new Men's Health Blog that takes a fascinating look at The PRAMS Study and its insight into men and when they visit the doctor.

"Can We Help Men Take Care of Themselves: Implications from The PRAM Study" can be read on the Yale Urology website [here](#).

NEW VIDEO FEATURING DANIEL KELLNER ON BPH



Daniel Kellner, MD, recently filmed a patient care video highlighting benign prostatic hyperplasia (BPH).

This video has been promoted on social media and is available to view and share from the [Yale Urology website](#).

Additional videos from this series feature **Michael Leapman, MD**, on the topic of prostate cancer awareness, which can be viewed [here](#), and **Stan Honig, MD**, on the topic of men's sexual health, available [here](#).

NEWS AND NOTES

- As of April 5, 2021, **Steven Schoenberger, MD**, will begin seeing patients at Yale Urology Clinics located in Old Saybrook, Madison, New London. His last clinic in Westerly, Rhode Island will be on April 3.

PUBLICATIONS

Incidence, risk factors, and outcome of Clostridioides difficile infection following urological surgeries. Nguyen KA, Le DQ, Bui YT, Advani SD, Renzulli J 2nd, Kenney PA, Leapman MS. World J Urol. 2021 Jan 20.

The impact of physician productivity models on access to subspecialty care: A white paper from the Society for the Study of Male Reproduction and the Society for Male Reproduction and Urology. Dupree JM, Coward RM, Hsieh M, Tanrikut C, Shin P, Mehta A, Hotaling JM, Pastuszak AW, Williams D, Alukal J, Lipshultz LI, Schlegel P, Walsh TJ, Eisenberg ML, Shin D, Honig S, Nagler HM, Samplaski M, Nangia A, Sandlow J, Smith JF; Society for the Study of Male Reproduction (SSMR) and Society for Male Reproduction and Urology (SMRU). Urology. 2021 Jan 20.

Pediatric Nephrotic Syndrome: Pharmacologic and Nutrition Management. Hampson KJ, Gay ML, Band ME. Nutr Clin Pract. 2021 Jan 19.

Development and validation of a novel mail-in semen analysis system and the correlation between one hour and delayed semen analysis testing. Samplaski MK, Falk O, Honig S, Shin D, Matthews W, Smith JF. Fertil Steril. 2021 Jan 7.

Rationale and design of the validation of bladder health instrument for evaluation in women (VIEW) protocol. Lukacz ES, Constantine ML, Kane Low L, Lowder JL, Markland AD, Mueller ER, Newman DK, Rickey LM, Rockwood T, Rudser K; Prevention of Lower Urinary Tract Symptoms (PLUS) Research Consortium. BMC Womens Health. 2021 Jan 7.

Urology Residency Training in Medically Underserved Areas through the Integration of a Federally Qualified Health Center Rotation. Javier-DesLoges JF, Segal D, Khan A, Abello A, Motamedinia P, Hittelman AB, Rosoff J, Stroup R, Leapman MS. Urology. 2021 Jan 6.

The Evolution of Colonic Mucosa Use in Urethral Reconstruction. Pagura EJ, Kirschenbaum A, Grimshaw A, Zinman LN, Vanni AJ, Cavallo JA. Urology. 2021 Jan 5.

Do you have any news, publications, or photos to share for an upcoming issue?

Please share with
Eliza Folsom,
Assoc. Communications Officer for Yale
Urology:

eliza.folsom@yale.edu



Yale Medicine
UROLOGY

YaleNewHavenHealth
Yale New Haven Hospital