The Emotional Heart
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Associate Professor
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Northwell Health

November 5, 2019 | 8:00 AM | Fitkin Amphitheatre, LMP 1094 | Host: Tariq Ahmad, MD

There is no corporate support for this activity.
This course will fulfill the licensure requirement set forth by the State of Connecticut.

Accreditation:
The Yale School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Target Audience:
Attending physicians, house staff, fellows, medical students, PA’s

Needs Assessment:
As decline in cardiovascular mortality slows down, the medical profession needs to appreciate the role of psychosocial factors in heart disease. This lecture will detail some of the many and mysterious ways emotions affect heart health.

Learning Objectives:
At the conclusion of this activity, participants will be able to:
1. List examples of the metaphorical heart in history.
2. Discuss stressors that cause takotsubo cardiomyopathy.
3. Describe evidence for the benefits of stress reduction in heart disease.

Designation Statement:
The Yale School of Medicine designates this live activity for 1 AMA PRA Category 1 Credit(s)™. Physicians should only claim the credit commensurate with the extent of their participation in the activity.

Faculty Disclosures:
Robert Harrington, MD - None
Course Director: Tariq Ahmad, MD - None

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