

### Yale Sleep Medicine Seminar



Presented by

Yale School of Medicine's Department of Internal Medicine, Section of Pulmonary, Critical Care, & Sleep Medicine

# Joint Yale-Harvard-Tufts Sleep Conference Exploring the Crosstalk Between Neurodevelopmental Disorders and Circadian Clocks



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### Wednesday, April 14, 2021 @ 2pm EDT

#### REMOTE ATTENDANCE - NO LOCAL AUDIENCE

Moderator: Eric Heckman, MD

Join from PC, Mac, Linux, iOS or Android: https://zoom.us/i/93569756530 Telephone: Dial: +1 203 43-29666 or (+1 877 853-5247 or +1 888 788-0099 US Toll-free); Meeting ID: 935 6975 6530

CME credit for live event only.

To record your attendance, text the ID# provided at the session to 203-442-9435 until 3:15pm day of session. There is no corporate support for this activity. This course will fulfill the licensure requirement set forth by the State of Connecticut.

#### ACCREDITATION

The Yale School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

#### TARGET AUDIENCE

Attending physicians, house staff/fellows, medical students, nurses, physician assistants.

#### NEEDS ASSESSMENT

Disruption of sleep and circadian rhythms are hallmarks of neurodevelopmental disorders. An up-to-date understanding of the bases for circadian timekeeping in the context of neurodevelopmental disease is essential to clinical practice.

#### LEARNING OBJECTIVES

At the conclusion of this talk, participants will:

- I. Participants should be able to describe the fundamental components of the circadian timekeeping system, including its neuroanatomy and molecular bases
- 2. Participants should gain knowledge of the neurodevelopmental disorders affected by circadian rhythms

- 3. Participants should gain an understanding of how links
  - between circadian disruption, sleep, and development could affect neurodevelopmental trajectories

#### **DESIGNATION STATEMENT**

The Yale School of Medicine designates this live activity for I AMA PRA Category I Credit(s)<sup>TM</sup>. Physicians should only claim the credit commensurate with the extent of their participation in the activity.

#### FACULTY DISCLOSURES

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