



**State Sleep Conference**

Presented by  
Yale School of Medicine's Department of Internal Medicine, Section of Pulmonary, Critical Care, & Sleep Medicine

**Obstructive Sleep Apnea and Transportation:  
What are the Risks and the Rules on the Road, in the Air,  
and on the Rails?**



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Pulmonary, Critical Care, and Sleep Medicine  
Starling Physicians

**Wednesday, March 7, 2018, 2-3 pm**  
The Anlyan Center, TAC S-447

**Moderator: Lauren Tobias, MD**

*There is no corporate support for this activity*

This course will fulfill the licensure requirement set forth by the State of Connecticut

**ACCREDITATION**

The Yale School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

**TARGET AUDIENCE**

Attending physicians, house staff/fellows, medical students, nurses, physician assistants.

**NEEDS ASSESSMENT**

Obstructive sleep apnea is a very prevalent sleep disorder but there is a gap in knowledge about its impact on commercial drivers, pilots and rail conductors. The sleep physician needs to be updated on how to screen, diagnose and treat this disorder effectively in the work force. The current state of regulation/legislation about commercial drivers, pilots and rail conductors with obstructive sleep apnea in the US will also be reviewed.

**LEARNING OBJECTIVES**

At the conclusion of this activity, participants will learn to:

1. To screen and select the best diagnostic technic for OSA in the work force.
2. To understand the appropriate treatment options for these workers and to address compliance issues.
3. To understand the limitations of the current regulations.

**DESIGNATION STATEMENT**

The Yale School of Medicine designates this live activity for 1 *AMA PRA Category 1 Credit(s)*<sup>™</sup>. Physicians should only claim the credit commensurate with the extent of their participation in the activity.

**FACULTY DISCLOSURES**

Lauren Tobias, MD – No conflicts of interest

Françoise Roux, MD, PhD – No conflicts of interest

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