

Abdollahi, Ashkan Shiraz University of Medical Sciences Categorical

Name: Ashkan Abdollahi Birthplace: Shiraz, Iran

Hobbies: Arranging music, playing the piano, and tennis **Favorite foods:** Pizza, Soltani Kabob, and Ash-e-Sabzi (a traditional herb stew from Shiraz made with fresh

herbs, meat, and legumes)

What I'm most likely to be found doing on my day off: Reading poetry, playing music, and hanging out with

friends

My #1 goal for internship: To remain GRATEFUL for the opportunity and ENJOY every step of the journey. To build a solid foundation of Medicine and make lifelong friends.



Abu, Yaa University of Miami Leonard M. Miller School of Medicine PSTP

Name: Yaa Fosuah Abu (soon to be Abu-Dietz)

Birthplace: New York, NY

Hobbies: Roller skating, walks, cooking/dinner parties

Favorite foods: Churrasco, Thai food, bacon

cheeseburger, Traditional Ghanian Dishes (Jolloff Rice,

Kenkey/Shito/Fish)

What I'm most likely to be found doing on my day off: Spending time with my family at the park or exploring a new restaurant

My #1 goal for internship: I want to learn as much as I can, care for a diverse patient population, challenge myself to be an independent practitioner, grow with my team, and make friends.



Akman, Zafer Istanbul Üniversitesi, Cerrahpasa Tip Fakültesi Categorical

Name: Zafer Akman Birthplace: Istanbul, Turkey

Hobbies: Experimenting with new cooking recipes, gardening, and watching soccer and basketball, especially my home team, Fenerbahce.

Favorite foods: Iskender kebab (from Istanbul), Pizza (from New Haven; Spinach, Mushroom & Gorgonzola at Pepe's and the seasonal fig pizza at Bufalina's are my favorite)

What I'm most likely to be found doing on my day off: Exploring new restaurants and small towns in New England with my partner

My #1 goal for internship: To give back to the New Haven community while always striving to be the kindest physician and person I can be.



Amankwah, Michelle Jacobs School of Medicine and Biomedical Sciences at the University at Buffalo Categorical

Name: Michelle Amankwah Birthplace: Brooklyn, NY

Hobbies: Cooking, watching travel documentaries to

explore countries I have yet to visit

Favorite foods: Tacos, Waakye (Ghanaian dish)

What I'm most likely to be found doing on my day off:

Exploring new restaurants with family/friends

My #1 goal for internship: To embrace every learning opportunity—clinically and personally—while building a strong community and growing alongside my co-

residents.



Aminorroaya, Arya Tehran University of Medical Sciences School of Medicine Categorical

Name: Arya Aminorroaya Birthplace: Tehran, Iran

Hobbies: Playing with my cat, cooking, tennis, road trips

Favorite foods: kabab koobide, steak

What I'm most likely to be found doing on my day off: listening to podcasts about history, going to gym,

hanging out with my family and friends

My #1 goal for internship: to become a well-rounded

clinician.



Ansah-yeboah, Abena Jacobs School of Medicine and Biomedical Sciences at the University at Buffalo Neurology

Name: Abena Ansah-Yeboah Birthplace: Olney, Maryland

Hobbies: Running, Yoga, Hiking, Journaling, Photography/Music Playlist Curation, Napping.

Favorite foods: West African (Ghanaian) Cuisine (e.g. Jollof), Asian Cuisine (e.g. Ramen), Miscellaneous Snacks (e.g. Popcorn, Saltine Crackers, Gummy Bears)

What I'm most likely to be found doing on my day off: Resting in bed after going for a morning walk/run, candle burning with jazz music in the background, either continuing a Netflix series or starting a new book.

My #1 goal for internship: Workflow efficiency in rounding/note-taking and strengthened pattern recognition and clinical management for common IM diseases/conditions.



Ayanian, Nayiri University of Michigan Medical School Categorical

Name: (Elizabeth) Nayiri Ayanian

Birthplace: Boston, MA

Hobbies: Traveling, baking, walking/running, skiing,

watching reality TV

Favorite foods: Breakfast sandwiches, sushi,

Armenian/Lebanese cuisine

What I'm most likely to be found doing on my day off: Wandering around town and on nearby hiking trails, trying new restaurants, visiting family and friends in

Boston and NYC

My #1 goal for internship: Continue developing my clinical and procedural skills while forming strong relationships with my patients and colleagues!

Name: Abhijeet S Barath (I also go by Abhi!)

Birthplace: Jodhpur, India

Hobbies: Reading, hiking, taekwondo

Favorite foods: Pastas, French-Vietnamese style Flan,

Cannolis, Falooda (Big dessert fan!)

What I'm most likely to be found doing on my day off: Hiking and brunch with a friend or two, walking my cats

outdoors

My #1 goal for internship: To become increasingly efficient and effective in care delivery each month as measured by the time spent per patient, total number of patients served, and the quality of care provided as assessed by patients, supervisors, and other team members. By the end of the intern year, I would like to become someone whom most (if not all) people enjoy working with and can rely on:).

Name: Emma Barry Birthplace: Abidjan, Ivory Coast

Hobbies: Reading, volleyball, soccer, traveling, trying

new restaurants

Favorite foods: Thieboudienne (Senegal's national

dish), Indian food, Ethiopian food

What I'm most likely to be found doing on my day off:

Spending the day with my family/friends

My #1 goal for internship: My goal is to develop into an excellent clinician, one who's always learning and selfimproving while continuing to place kindness and compassion at the forefront of everything I do.



Barath, Abhijeet All India Institute of Medical Sciences, Jodhpur Neurology



Barry, Emma University of Maryland School of Medicine Categorical



Bernal, Julia
University of Miami Leonard M. Miller
School of Medicine
Neurology

Name: Julia Alexis Bernal Birthplace: Miami, FL

Hobbies: I love watching theatrical performances (ex., musicals or plays), playing board games (Clue is my favorite!), and trying new drinks at happy hours. **Favorite foods:** Shrimp scampi or grilled chicken with

brussel sprouts.

What I'm most likely to be found doing on my day off: Destressing at the gym, enjoying the outdoors while on a hike, watching the latest episode of a TV show, or dancing the night away.

My #1 goal for internship: To establish a strong foundation in internal medicine while creating long lasting friendships with co-residents prior to starting neurology specific training.



Bi, Christina
New York University Grossman School of
Medicine
Preliminary (Anesthesiology)

Name: Christina Bi Birthplace: Lake Forest, IL

Hobbies: Cooking, skiing, watching tennis,

crosswording, cuddling my cat

Favorite foods: bagels, sushi, pork belly (in any form),

noodles (in any form)

What I'm most likely to be found doing on my day off: finding my next favorite park, making an 8-hour Bolognese for no reason, binge watching reality TV (ideally Survivor, Love Is Blind, or Top Chef)

My #1 goal for internship: developing a strong foundation in medicine to support and guide me through my anesthesiology residency and career



Brashears, Caitlyn Washington University in St. Louis School of Medicine PSTP

Name: Caitlyn Brashears Birthplace: Amarillo, Tx

Hobbies: Cooking, Gardening, Reading, Hiking
Favorite foods: Thai food and any kind of fresh pasta
What I'm most likely to be found doing on my day off:
Enjoying time outside with my husband and two dogs.
My #1 goal for internship: Learn to find a balance
between completing necessary tasks and setting aside

time to learn from and read about patients.

Clocchiatti-tuozzo, Santiago Universidad de Buenos Aires Facultad de Medicina Neurology	Name: Santiago Clocchiatti-Tuozzo Birthplace: Austin, Texas (but lived most of my life in Buenos Aires, Argentina). Hobbies: CrossFit, playing pickleball, ping pong, chess, and board games. Favorite foods: Argentinean asado (BBQ) or sushi What I'm most likely to be found doing on my day off: Relaxing, heading to the courts for some pickleball, and hanging out with my friends/wife (hopefully getting in some board games). My #1 goal for internship: To learn as much as I can, provide excellent patient care, and build great friendships along the way.
Crowdis, Jett Harvard Medical School Categorical	Name: Jett Crowdis Birthplace: Sydney, Australia Hobbies: Reading fiction, magic the gathering, cooking Favorite foods: Mac and cheese, paneer, burgers What I'm most likely to be found doing on my day off: Relaxing with my wife (walks, movies, cooking) My #1 goal for internship: To do my best in learning how to be a great doctor and coworker!
Daghestani, Samia Baylor College of Medicine Categorical	Name: Samia Daghestani Birthplace: Bellflower, California Hobbies: Gardening, henna art Favorite foods: sushi, burgers, and my mom's Syrian cooking What I'm most likely to be found doing on my day off: at the beach or exploring new coffee shops and restaurants with friends My #1 goal for internship: learn something new every day
Datar, Yesh Boston University School of Medicine Categorical	Name: Yesh Datar Birthplace: Monmouth, NJ Hobbies: Watch the NY Giants, coin collecting, chess, crosswording Favorite foods: Pad Thai and Cinnamon Rolls! What I'm most likely to be found doing on my day off: Going on a walk around New Haven! My #1 goal for internship: Getting to know my colleagues and patients on a more personal level

colleagues and patients on a more personal level



Dayal, Shivani University of California, Los Angeles David Geffen School of Medicine Categorical

Name: Shivani Dayal

Birthplace: Mountain View, CA

Hobbies: Pottery, poetry writing, photography, travel,

baking, dog snuggling

Favorite foods: Thai and Indian

What I'm most likely to be found doing on my day off: Hanging with my dogs at the park and having dinner

with friends

My #1 goal for internship: To build strong relationships with my co-residents and learn how to navigate a new health system! And to have some fun along the way!



Demkowicz, Patrick Yale School of Medicine Ophthalmology

Name: Patrick Demkowicz Birthplace: Farmington, CT

Hobbies: Rowing, SCUBA, sailing and CrossFit **Favorite foods:** Sea salt dark chocolate

What I'm most likely to be found doing on my day off:

Enjoying a hike or run on local trails.

My #1 goal for internship: Anticipating my future role as an ophthalmology consultant to the medicine team, I

want to become skilled at triage.



Eisen, Julia Yale School of Medicine Ophthalmology

Name: Julia Eisen

Birthplace: New Haven CT

Hobbies: Running, climbing, hiking, skiing, reading,

tv/movies, art

Favorite foods: Cereal, milk chocolate

What I'm most likely to be found doing on my day off:

Skiing and/or watching movies all day (winter),

hiking/running/beach (summer)

My #1 goal for internship: To survive, to become a competent and dare I say even talented physician, to still love and enjoy medicine by the end of intern year



Etzrodt, Valerie Medizinische Hochschule Hannover Categorical

Name: Valerie Etzrodt Birthplace: Leipzig, Germany

Hobbies: Swimming, gardening, exploring new places,

photography

Favorite foods: Mediterranean cuisine, with a special love for pizza (because who doesn't?), and BBQ in every season—preferably with German sausages—because nothing says commitment like grilling in any weather.

What I'm most likely to be found doing on my day off: Exploring nature—preferably by/on/in the water, playing board games with friends, and experimenting

with new recipes in the kitchen.

My #1 goal for internship: To skillfully (and safely) navigate intern year with my co-residents—ideally with minimal coffee overdoses and only a few wrong turns in the hospital—while growing into a confident, efficient, and kind physician who never stops being curious.



Fahed, Gracia American University of Beirut Faculty of Medicine Categorical

Name: Gracia Fahed

Birthplace: Beirut, Lebanon

Hobbies: Traveling, playing basketball, badminton and

pickle ball.

Favorite food: Lebanese cuisine

What I'm most likely to be found doing on my day off: Exploring new coffee shops and restaurants, wandering through nearby parks and trails, and catching up with friends and family—before cozying up for yet another

binge-worthy TV show at night.

My #1 goal for internship: Develop clinical mastery and establish effective mentorships to help guide my

fellowship direction.



Farias Vidigal Nascimento, Rafaela Faculdade de Medicina do ABC (FMABC), Fundação Universitária do ABC Neurology

Name: Rafaela Farias Vidigal Nascimento Birthplace: Salvador - Bahia - Brazil

Hobbies: Practicing yoga, dancing, watching movies/TV shows, reading books, and painting with watercolors

(my most recent one!)

Favorite foods: Burger, pasta, and all types of potatoes What I'm most likely to be found doing on my day off: Relaxing by enjoying my hobbies and exercising My #1 goal for internship: To learn as much as possible in internal medicine so I can apply that knowledge to

in internal medicine so I can apply that knowledge to neurology later and become a more well-rounded doctor in the future

Name: Kate Ferencsik Birthplace: Savannah, GA

Hobbies: Cooking, yoga, piano, walking and podcasting (Armchair expert is my favorite), painting, pottery, playing games with friends, golfing (this is a new one

and very weather dependent)

Favorite foods: Pizza, pretzels and beer cheese, Mac n cheese, and salads galore (to balance out the cheese

and bread)

What I'm most likely to be found doing on my day off: going on a long hike or walk, playing games outside at a brewery with friends, and then spending the evening at home cooking a new recipe and watching a movie My #1 goal for internship: Being deeply engaged in the daily learning opportunities and developing strong friendships with my co-interns.



Ferencsik, Kate Medical College of Georgia at Augusta University Categorical



Foret, Brittany Louisiana State University School of Medicine in New Orleans Neurology

Name: Brittany Foret

Birthplace: Houma, Louisiana

Hobbies: Pottery, birding, thrifting, baking (mostly

sourdough.)

Favorite foods: Poké, anything Mediterranean

What I'm most likely to be found doing on my day off: I'm probably baking something new in the pottery studio, or out hiking in nature looking for new birds!

My #1 goal for internship: My #1 goal is to build a strong medicine foundation to carry with me as I transition into my neurology residency, and have fun

while learning alongside my co-interns!



Frohlich, Bailey Albert Einstein College of Medicine Categorical

Name: Bailey Frohlich

Birthplace: Born in Englewood NJ, but raised in Miami

Beach, FL

Hobbies: Crossfit, tennis, board/card games with friends & family, reading historical fiction novels. **Favorite foods:** Ghormeh Sabzi on a bed of tahdig

(Persian herb stew w/ crispy rice)

What I'm most likely to be found doing on my day off: Exploring local music classes with my toddler & trying out a new workout class.

My #1 goal for internship: To enhance my clinical reasoning skills and create a strong foundation for evidenced-based practice, while developing lasting relationships with my co-residents and mentors.



Goronzy, Isabel University of California, Los Angeles David Geffen School of Medicine PSTP

Name: Isabel Goronzy Birthplace: Rochester, MN

Hobbies: Reading scientific articles **Favorite foods:** Anything with cinnamon

What I'm most likely to be found doing on my day off: I will probably be found in lab running an experiment or writing a piece of code to analyze a large data set!

My #1 goal for internship: My long-term goal is to be a physician-investigator. During internship, I want to learn to apply and grow my medical knowledge and I want to develop and refine my clinical skills to best serve my patients.



Gorsch, Lindsey Columbia University Vagelos College of Physicians and Surgeons Categorical

Name: Lindsey Gorsch

Birthplace: Charlottesville, Virginia **Hobbies:** Hiking, biking, skiing, sewing

Favorite foods: Fresh berries, roasted vegetables,

anything with butter and sugar

What I'm most likely to be found doing on my day off: Trying to find the best almond croissant in NYC and playing Snatch-It (a game that blends Scrabble and

Bananagrams)

My #1 goal for internship: To learn lots!!

	At the test of the
	Name: Jillian Haberli Birthplace: CT Hobbies: road biking, hiking, reading, thrifting, coffee
	shop hopping
	Favorite foods: pizza and French fries!! What I'm most likely to be found doing on my day off:
Haberli, Jillian	Catching up on whatever I'm reading in a cute cafe with
University of Connecticut School of Medicine	friends!
Neurology	My #1 goal for internship: Make a close network of
	friends and mentors that will carry me through
	residency and beyond! :)
	Name: Elio Haroun
	Birthplace: Beirut, Lebanon
	Hobbies: Basketball, Skiing, Scuba Diving
	Favorite foods: Mloukhiye (Traditional Lebanese dish)
	What I'm most likely to be found doing on my day off:
Haroun, Elio	Discovering new coffee shops after an early morning workout.
Université Saint-Joseph Faculté de	My #1 goal for internship: Building a strong clinical
Médecine	foundation while delivering efficient, patient-centered
Categorical	care.
	Name: Olivia Hofheinz
	Birthplace: Boston, MA
	Hobbies: Running, skiing, knitting, playing soccer,
	cooking meals with friends
	Favorite foods: non-glutinous foods (of mostly Greek,
Hofheinz, Olivia	Italian, and Thai varieties)
Tufts University School of Medicine	What I'm most likely to be found doing on my day off:
Categorical	A long run ending at a new coffee shop!
- Categorical	My #1 goal for internship: honing clinical reasoning
	skills and gaining Med-Ed experience!
	Name: Hannah Kang
	Birthplace: Mountain View, CA
	Hobbies: Crocheting/knitting, painting, traveling to see
	breathtaking sunrise/sunsets
	Favorite foods: Summer watermelon
Kang, Hannah	What I'm most likely to be found doing on my day off:
University of California, San Francisco,	Reading at my local coffee shop or on a coastal hike
School of Medicine	My #1 goal for internship: Care for patient with my
Preliminary (Dermatology)	new, lifelong friends



Katz, Miriam New York Medical College Categorical

Name: Miriam Katz

Birthplace: West Hartford, CT

Hobbies: Running, reading, baking, & yoga **Favorite foods:** Caesar salad and Pepe's pizza!

What I'm most likely to be found doing on my day off: Taking a great book to the beach and meeting friends

for dinner

My #1 goal for internship: To become a little bit better

every day



Ke, Jesper University of Michigan Medical School Categorical

Name: Jesper Ke

Birthplace: Saint Joseph, Michigan **Hobbies:** Pickleball, cooking, gaming **Favorite foods:** Pasta and pizza

What I'm most likely to be found doing on my day off: Watching the NFL and NBA, reading the New York

Times, cooking with my partner

My #1 goal for internship: To become a competent,

kind medicine resident



Kingston, Natalie Washington University in St. Louis School of Medicine Categorical

Name: Natalie Kingston

Birthplace: Arlington, Massachusetts **Hobbies:** Running, hiking, baking, reading fantasy/romance, and petting my two cats

Favorite foods: Plantains, chocolate cake with coffee

frosting, pomegranates

What I'm most likely to be found doing on my day off:

Enjoying the outdoors or baking something

My #1 goal for internship: To work on my growth
mindset and learn from my co-workers and patients
about both medicine and the New Haven community!



Ladki, Malik University of Texas Medical Branch School of Medicine Ophthalmology

Name: Malik Ladki

Birthplace: Beirut, Lebanon

Hobbies: Cooking Mediterranean cuisine, playing pickleball, traveling to explore new cultures

Favorite foods: Pizza! Very excited for the famous New

Haven pizza scene

What I'm most likely to be found doing on my day off: Exploring new restaurants in the area or spending time

outdoors in local parks

My #1 goal for internship: To grow into a compassionate, well-rounded physician while developing the diagnostic skills essential for my future career as an ophthalmologist



Ledru, Nicolas Washington University in St. Louis School of Medicine

Name: Nicolas Ledru Birthplace: Huntsville, AL

Hobbies: All sports, exploring the outdoors

Favorite foods: anything spicy

What I'm most likely to be found doing on my day off:

hiking, snowboarding

My #1 goal for internship: learn as much as I can



Lee, William University of Washington School of Medicine PSTP

Name: William (Jihoon) Lee – legally, William is my middle name, which I obtained when I gained US citizenship in 2013.

Birthplace: Seoul, Korea.

Hobbies: Hydroponic gardening in my living room; reading about history; building plastic scale models of

vehicles.

Favorite foods: spaghetti with marinara sauce and meatballs; sushi; New York style pizza (for now; I haven't tried New Haven style pizza yet).

What I'm most likely to be found doing on my day off: Adjusting coffee bean grinder settings to get the right extraction time for my espresso machine; taking a walk or jogging around Lake Union in Seattle; feeding my plants; pickling vegetables that I don't think I can use soon.

My #1 goal for internship: to learn how to be both efficient and accurate in my patient workups.



Link Woite, Naira Universidade de São Paulo Faculdade de Medicina São Paulo (FMSP-USP) Categorical

Name: Naira Link Woite

Birthplace: Bariri, State of São Paulo, Brazil

Hobbies: Running, climbing, hiking

Favorite foods: This is a tough one! My favorite thing is trying new foods! But if I had to choose, I'd say my dad's

baked salmon and ice cream.

What I'm most likely to be found doing on my day off: running, playing with my dog, or watching a movie My #1 goal for internship: To strengthen my clinical reasoning skills while building meaningful connections with patients in my second language.



Lora Rodriguez, Hector Universidad Iberoamericana (UNIBE) School of Medicine, Santo Domingo Categorical

Name: Hector Jose Lora Rodríguez

Birthplace: Santo Domingo, Dominican Republic **Hobbies:** I am a big audiovisual person. Right now, I have been catching up on series, movies, and anime. I am also starting to go to the gym more consistently, trying to make it a hobby. I am a foodie and learn about new cultures through their gastronomies, sharing this experience with those I appreciate and love.

Favorite foods: From the Dominican Republic, mofongo and chicharrón! And internationally, Indian food and Italian food! Also, I am a BIG fan of ice cream, doughnuts, and cheesecake.

What I'm most likely to be found doing on my day off: Hopefully, I will enjoy it with my co-interns and seniors! Going for a bicycle ride, taking a walk, playing pickleball, or having a movie night. I'll definitely try all the gastronomic experiences New Haven has to offer. I will not miss any social event, that's for sure, if I am off! You can count on me.

My #1 goal for internship:

1- Keep serving communities that are marginalized: those who are going through social, economic, cultural, and psychological challenges. Be the support they need during the most vulnerable moments in their lives.

2- My NEW family: From the interview day, I felt that familiar love and care from all the personnel at the institution. My goal in the internship is to strengthen this bond I felt from day one (even virtually).

3- Give my 101%! I understand that the internship is the moment when most of us will grow as professionals. I am committed to being receptive to feedback from the faculty, my seniors, co-interns, nurses, and ancillary staff. This will not only help me grow as a professional but also as a human being

but also as a human being.

Name: Kanika Malani

Birthplace: Mumbai, India

Hobbies: competitive hot wing eating, baking, air dry

clay, spending time with my family

Favorite foods: Thai food! especially khao soi

What I'm most likely to be found doing on my day off: running at East Rock, eating chocolate chip cookies,

napping (in that order)

My #1 goal for internship: achieving work-life balance



Malani, Kanika The Warren Alpert Medical School of Brown University Categorical



Maldonado-McGrath, Dalynah New York Medical College Neurology

Name: Dalynah Maldonado-McGrath Birthplace: San Juan, Puerto Rico

Hobbies: reading, hiking/going for walks, going to the

beach

Favorite foods: Mamposteao (a traditional Puerto Rican rice and beans dish), and pretty much any pastry!

What I'm most likely to be found doing on my day off:

find me at a park with my kids!

My #1 goal for internship: to gain a strong foundation

in Internal Medicine



Martin, Daja University of Mississippi School of Medicine Categorical

Name: Daja Martin Birthplace: Jackson, MS

Hobbies: Watching movies/documentaries, walking my adorable dog, styling natural hair, and (newly) playing

pickleball!

Favorite foods: Italian food (mostly pizza and pasta), home made soul food (a true southern belle), and

Caribbean food (any and all!)

What I'm most likely to be found doing on my day off: Day trips with my partner (I call him my bestie)! I love to explore the world, both in the intercity and within nature.

My #1 goal for internship: I wrote in my personal statement that I want to be more than a physician to my patients; I said that I want to be "their biggest advocate and their unspoken friend." My goal is to honor this promise I made to myself as I navigate the ebbs and flows of internship and continuous learning!



McNamara, Kate Loyola University Chicago Stritch School of Medicine Neurology

Name: Kate McNamara Birthplace: Philadelphia

Hobbies: Working out, writing short stories, and playing

with my two (very spoiled) cats

Favorite foods: Definitely tacos — with extra guac on

the side!

What I'm most likely to be found doing on my day off:

Trying new restaurants, exploring New England, or pretending I'll only read "just one more chapter" of a

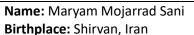
good book

My #1 goal for internship: To continue building my clinical confidence managing sick patients while

learning something new every day!



Mojarrad Sani, Maryam Tehran University of Medical Sciences School of Medicine Categorical



Hobbies: Watercolor painting, baking cheesecake,

running

Favorite foods: Tah-chin (a Persian dish of saffron rice layered with yogurt-marinated chicken and baked to a

crispy golden crust), New York cheesecake

What I'm most likely to be found doing on my day off: Enjoying coffee and a pastry at a café, and if I have the time, preparing a delicious meal to share with friends. My #1 goal for internship: To enhance my clinical skills, build meaningful relationships, and deepen my knowledge of cardiology by learning from the outstanding mentors at Yale!

Nguyen, Cindy Khanh Yale School of Medicine Categorical

Name: Cindy Khanh Nguyen Birthplace: Atlanta, GA

Hobbies: pickleball, pilates, eating ice cream, watching soccer, and combing through my Spotify daylist

Favorite foods: bun moc (a Vietnamese dish), ice cream What I'm most likely to be found doing on my day off: making myself pancakes, getting outside for a walk or hike, and any combination of the hobbies above!

My #1 goal for internship: become a kind, curious, and

My #1 goal for internship: become a kind, curious, and

thoughtful physician

Opayemi, Ire
University of Connecticut School of
Medicine
Categorical

Name: Ireoluwatomiwa(E-Ray) Opayemi

Birthplace: Ibadan, Nigeria

Hobbies: I love playing and watching soccer, Chelsea is my favorite team! Music is also a big part of my life as you can usually find me with headphones on. I listen to almost everything, but afrobeat, R&B, and musicals are my go to genres. I've also been weightlifting for the past six years, as it allows me to remain active.

Favorite foods: Sushi and BBQ chicken pizza! I'm a huge

fan of all you can eat sushi(AYCE Sushi).

What I'm most likely to be found doing on my day off: My day off usually starts with a workout at the gym. After that, I love going on walks with friends, Walnut Beach and Walnut Creamery are some of my favorite spots. I'll try to fit in some manga reading at some point and I usually end the day with AYCE sushi with my significant other while watching one of our shows. Right now, we're watching Silo on Apple TV.

My #1 goal for internship: To be more efficient and learn as much as I can. By the end of intern year, I want to complete my tasks in a timely manner while maintaining the same level of quality in my work.



Patel, Akshay State University of New York Upstate Medical University Alan and Marlene Norton College of Medicine PSTP

Name: Akshay Patel Birthplace: Lehighton, PA

Hobbies: Computer building/modification/gaming, car enthusiast and modifying/detailing, stationary

bicycling, photography, watching movies and TV shows

(especially sci-fi and horror), tech enthusiast

Favorite foods: Gravy-based Indian foods, Tex-Mex, Chipotle, any international vegetarian cuisine, Ramen

noodles on a cold day

What I'm most likely to be found doing on my day off: Biking while watching a movie, sharing a meal with friends and family, going on a long drive, hand-washing my car

My #1 goal for internship: Gaining the confidence to approach unfamiliar and hectic situations with a sense of calm and wonder



Prasad, Shefalika
Jacobs School of Medicine and Biomedical
Sciences at the University at Buffalo
Neurology

Name: Shefalika Prasad

Birthplace: Charlottesville, Virginia

Hobbies: Tennis, Guitar, Reading, Watching Movies

Favorite foods: Shepherd's Pie

What I'm most likely to be found doing on my day off:

Chatting with friends, watching TV

My #1 goal for internship: Learn how to use Epic:)



Puzo, CJ Yale School of Medicine Categorical

Name: Christian Puzo Birthplace: Summit, NJ

Hobbies: Playing/watching soccer, spending time outdoors, and enjoying good food with family and

friends

Favorite foods: Prosciutto di Parma, eggplant rollatini,

and birria tacos

What I'm most likely to be found doing on my day off: Making espresso coffee and hiking up East Rock

My #1 goal for internship: Becoming a more competent clinician while having wonderful friendships with my co-

residents



Pérez Pinzón, Juliana Universidad de Los Andes Facultad de Medicina (Colombia) Categorical

Name: Juliana Pérez Pinzón Birthplace: Bogotá, Colombia

Hobbies: Running, baking and reading Favorite foods: Thai and Vietnamese food

What I'm most likely to be found doing on my day off: Baking a fresh loaf of sourdough with a hot cup of Colombia coffee for breakfast and taking long-walks with my partner Agustin and our Pomeranian, Nala. My #1 goal for internship: I want to learn as much as I can and feel confident about independent decision

making, all while making new friends!



Rajashekar, Niroop Yale School of Medicine Categorical

Name: Niroop Rajashekar Birthplace: Manhattan, KS

Hobbies: Playing tennis, video games, cooking breakfast foods, watching old international movies, golf, reading Favorite foods: saag paneer, sushi, mangos, anything mango flavored, nachos, the Italian Bomb from Modern

pizza (crust well done)

What I'm most likely to be found doing on my day off: exploring a New England town and trying new restaurants with my partner and friends

My #1 goal for internship: To learn as much as I can!



Rodriguez-Carr, Marc-Anthony Weill Cornell Medicine Categorical

Name: Marc-Anthony Rodriguez-Carr (I got married November 1st and got around to changing my last name!)

Birthplace: Staten Island, New York

Hobbies: specialty coffee, culinary arts, wine tasting,

hiking, DIY

Favorite foods: Empanadas, cassoulet, crispy Szechuan

beef, berry napoleon

What I'm most likely to be found doing on my day off:

Hanging with my wife and cats

My #1 goal for internship: To gain the knowledge and skills needed to support and lead a team through a

patient emergency.



Round, Kellen Sidney Kimmel Medical College at Thomas Jefferson University Categorical

Name: Kellen Round

Birthplace: Missoula, Montana

Hobbies: Wake-surfing, skiing, listening to country music, swing dancing, golfing, playing basketball Favorite foods: Ribeye steak, cooked medium rare; meatball and onion pizza; salted caramel ice cream What I'm most likely to be found doing on my day off:

Going for a run and watching Notre Dame football with

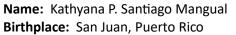
friends

My #1 goal for internship: Find small ways to improve

each day I step inside the hospital



Santiago Mangual, Kathyana (Kat) University of California, Los Angeles David Geffen School of Medicine Preliminary (Dermatology)



Hobbies: Biking, watching documentaries, baking cookies, working on interior design projects, spending

time with family

Favorite foods: Indian, Thai, Japanese, frozen yogurt **What I'm most likely to be found doing on my day off:** Sleeping in, making pancakes, going for a bike ride, and

recharging in nature

My #1 goal for internship: To develop a strong

foundation in medicine prior to dermatology residency



Sariipek, Nurefsan Ankara Üniversitesi Tip Fakültesi Categorical

Name: Nurefsan Sariipek

Birthplace: Ankara, Turkey (Not originally born there, but moved at age 2 and lived there for 22 years) **Hobbies:** Anything art-related (pottery, watercolor and oil painting, making sketchbooks), reading (especially Russian classics), traveling, and exploring new cities and

neighborhoods

Favorite foods: Manti (Turkish meat dumplings, with

lots of tomato sauce!)

What I'm most likely to be found doing on my day off: Taking a long walk in nature (preferably near water or surrounded by greenery) with my spouse, Yusuf My #1 goal for internship: To become the best physician I can be for my patients and learn as much as possible from the incredible educators at Yale Family



Schaefer-Babajew, Dennis Medizinische Fakultät Heidelberg, Ruprecht-Karls-Universität Heidelberg PSTP

Name: Dennis Schaefer

Birthplace: Waiblingen (Southwest Germany) **Hobbies:** Road cycling, surfing, coffee, baking & cooking, watching the German soccer league (particularly my favorite club Borussia Dortmund)

Favorite foods: Sushi & my mom's cooking

What I'm most likely to be found doing on my day off:

Hanging out with my daughter (2m old)!

 $\textbf{My \#1 goal for internship:} \ \textbf{Do right by my patients and}$

my colleagues, one day at a time.



Swallow, Madisen
Yale School of Medicine
Preliminary (Dermatology)

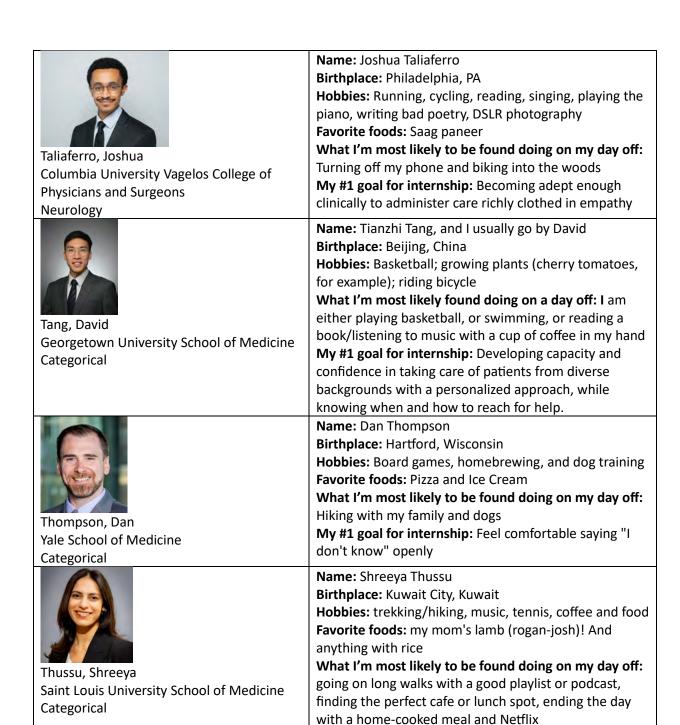
Name: Madisen Swallow

Birthplace: Long Beach, California

Hobbies: Yoga, Dancing, Scuba Diving, Traveling, Trying

New Foods

Favorite foods: New Haven Pizza, Elena's Ice Cream What I'm most likely to be found doing on my day off: Enjoying a stroll on the beach at Silver Sands Park My #1 goal for internship: To learn as much as I can while improving patient's lives and making a positive contribution to every team I'm a part of



My #1 goal for internship: become more efficient while providing empathetic care. A non-medicine goal is to do

at least one backpacking trip in New England!



Trad, Catherine
The Warren Alpert Medical School of
Brown University
Categorical

Name: Catherine Trad Birthplace: Beirut, Lebanon

Hobbies: Pilates, painting, embroidering, reading..

among others

Favorite foods: Korean, Middle Eastern

What I'm most likely to be found doing on my day off: Listening to a podcast on a long walk, exploring a new

restaurant with my partner Will

My #1 goal for internship: Trying all the pizza spots in

New Haven!



Vanderford, Elliott Yale School of Medicine Ophthalmology

Name: Elliott Vanderford Birthplace: Seoul, South Korea

Hobbies: Following Kansas City sports, playing piano and guitar, rock climbing, cooking, home/auto DIY,

sewing, playing fantasy football

Favorite foods: Kansas City BBQ, sushi, pizza (in New

Haven, Sally's or Zuppardi's)

What I'm most likely to be found doing on my day off:
Spending time with my partner, taking our dog on a
walk to the beach, or hanging out with friends!
My #1 goal for internship: Before heading off into
ophthalmology land, I hope to first learn how to be a
good doctor to patients—how to listen, provide
compassionate care, think deeply about treatment, and
work with a team to do right by everyone I treat.



Vaughan, Tiffany
Case Western Reserve University School of
Medicine
Categorical

Name: Tiffany Vaughan

Birthplace: Melbourne, Australia

Hobbies: Tennis, skiing, hiking, chess, and guitar

strumming

Favorite foods: Fries (the potato can do no wrong)
What I'm most likely to be found doing on my day off:
Getting lost on a hike or falling asleep during a movie
My #1 goal for internship: To foster a community of
trust, respect, and kindness — where my co-residents
and I can support each other, learn deeply, and care for
our patients with excellence and humanity



Wong, Derek
Case Western Reserve University School of
Medicine
PSTP

Name: Derek Perseus Wong Birthplace: Millburn, New Jersey

Hobbies: Photography, reading/writing fiction, hiking

Favorite foods: Pizza, sushi, calamari, salmon

What I'm most likely to be found doing on my day off: Reading a new book with a freshly brewed cup of coffee My #1 goal for internship: Confidence and competence

in medical decision making



Zong, Amanda Albert Einstein College of Medicine Ophthalmology

Name: Amanda Zong

Birthplace: Shanghai, China

Hobbies: Reading memoirs, running, skiing **Favorite foods:** Seafood, ramen, curry

What I'm most likely to be found doing on my day off: Making breakfast tacos, hunting for new snacks at

Trader Joe's, doing a local hike

My #1 goal for internship: I want to become more comfortable coming up with my own plans for

managing patients