

The Science of Extra Virgin Olive Oil – A Focus on Cardiology and Metabolic Evidence

WHEN

Thursday 26 September 2019, 6:30pm- 9:30pm.

WHERE

Maurice R. Greenberg Conference Center Yale University 391 Prospect Street New Haven, CT 06511

REGISTER

Email your full name to:

info@olivewellnessinstitute.org

Including Mediterranean Inspired Dinner & Dessert.

Presented by Mary Flynn PHD, RD, LDN

Learning Objectives:

- Describe the factors that determine Extra Virgin Olive Oil.
- Identify the clinical risk factors for metabolic syndrome and heart disease that can be improved with Extra Virgin Olive Oil.
- Explain the amount of olive oil and length of time needed to see clinical improvement.

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