



State SLEEP Conference

YaleCME
CONTINUING MEDICAL EDUCATION

Presented by

Yale School of Medicine's Department of Internal Medicine, Section of Pulmonary, Critical Care, & Sleep Medicine

Investigating Sleep in Two Clinical Paradigms of Recovery: Ischemic Stroke and Opioid Use



H Klar Yaggi, MD, MPH

Associate Professor of Medicine, Pulmonary
Vice Chief of Research, Pulmonary, Critical Care & Sleep Medicine
Associate Director, Yale Pulmonary/Critical Care Fellowship Program
Director, Yale Centers for Sleep Medicine
Yale School of Medicine

Wednesday, March 4, 2020 @ 2-3 pm

The Anylan Center, TAC S-447

Moderator: Lauren Tobias, MD

There is no corporate support for this activity. This course will fulfill the licensure requirement set forth by the State of Connecticut

ACCREDITATION

The Yale School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

TARGET AUDIENCE

Attending physicians, house staff/fellows, medical students, nurses, physician assistants.

NEEDS ASSESSMENT

Sleep deficiency is strongly linked to some of leading causes of obesity and mortality in this country. This talk will discuss the role of targeting sleep disorders to improve recovery in 2 clinical paradigms: Stroke and Opioid use disorder.

LEARNING OBJECTIVES

At the conclusion of this talk, individuals will:

1. Review studies examining the impact of treating sleep apnea and means to improve functional recovery
2. Describe some of the Neuro cognitive mechanisms where by sleep deficiency may contribute to relapse in opioid use disorder

3. Describe some of the neuropsychiatric mechanisms whereby sleep may contribute to relapse in Opioid use disorder.

DESIGNATION STATEMENT

The Yale School of Medicine designates this live activity for 1 *AMA PRA Category I Credit(s)*TM. Physicians should only claim the credit commensurate with the extent of their participation in the activity.

FACULTY DISCLOSURES

Lauren Tobias, MD, Course Director – No conflicts of interest
Klar Yaggi, MD – No conflicts of interest

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