



Psychiatry Grand Rounds Presented by Yale School of Medicine's, Department of Psychiatry and 2021 Women's Mental Health Conference

"In Conversation with Tarana Burke"

Tarana Burke

Founder "me too"

Date: Friday, April 23, 2021 10:15 a.m.

Location: Zoom

http://click.message.yale.edu/?qs=79c63bbbc06e1e96157b3849a12677132bf8085b61b5dce5ba16eee429c7b744 99816b2bd6405b0c9ccd5ad2888915c37e3c97cc20a13e69

Host: Sofia Noori, MD, MPH and Stefanie Gilson M.D.

There is no corporate support for this activity

This course will fulfill the licensure requirement set forth by the State of Connecticut

ACCREDITATION

The Yale School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

TARGET AUDIENCE

Attending Physicians, Fellows, Medical Students, Residents, Nurses, PA's, Clinicians, Researchers, Faculty

NEEDS ASSESSMENT

Women experience higher burden of mental illness compared to men. Each year, approximately 1 in 5 women in the United States suffers from a mental health problem. Mental health diagnosis can be costly to the patient and health care systems, as well as interfere with day-to-day activities for the individual suffering. The majority of mental health disorders in women require specialized care and knowledge regarding diagnosis and management. Unfortunately, there is a national shortage of psychiatrists who are experts in women's mental health. Given this, much of the burden of care falls onto primary care providers such as OB/GYN. Given the high disease burden of the population, there is a need for increased education and training for healthcare workers and advocates. Collaborative care models have been shown to be more effective, cost reducing, and improve depression outcomes in women. Given the lack of clinical education many trainees do not feel adequately prepared to address mental health issues in women. Moreover, much of the education does not focus of Women of Color and how they have worse health outcomes given institutional and structural racism as well as historical oppression. Residents, students, and other trainees currently have limited clinical training in women's mental health.

DESIGNATION STATEMENT

The Yale School of Medicine designates this live activity for 1.25 AMA PRA Category 1 Credit(s)TM. Physicians should only claim the credit commensurate with the extent of their participation in the activity.

LEARNING OBJECTIVES

At the conclusion of this activity, participants will be able to the risk of suicide, overdose, and alcohol-related chronic liver disease mortality:

- 1. Increase competency regarding issues related to Women's Mental Health by being able to apply knowledge plus a strategy in practice when the opportunity presents
- 2. Understand the impact of the me too movement and how healthcare workers can be advocates for improved care
- 3. Changes in practice by being able to apply of new strategies or skills regarding best care for women's mental health in the practice setting

FACULTY DISCLOSURES

Speaker: Tarana Burke Disclosures: None

Course Director: Stephanie S. O'Malley, PhD Disclosures: American College of Clinical Pharmacology Workgroup supported by: Amygdala, Ethypharm, Lundbeck, Otsuka, Arbor Pharmaceuticals, and Indivior. Advisory Board: Alkermes, Opiant, Indivior, and Mitsubishi Tanabe, Novartis, Astra Zeneca

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