



Support Services at Yale

Resources available to YSM students
that promote wellbeing





MEDICAL SCHOOL RESOURCES

Office of Student Affairs

Dean John Francis, cell (203) 500-4176 and the Heads of Advisory Houses are available to speak with you regarding any concerns whether they are personal, academic in nature or career related. They will work closely with you to make sure that you are directed to and receive the support that you need.

Creed House Karen Jubanyik, *MD*

Hamburg House Jeanette Tetrault, *MD*

Horstmann House Henry Park, *MD, MPH*

Palade House Susan Kashaf, *MD, MPH*

Slayman House Michael O'Brien, *MD, PhD*

Yan House Patrick O'Connor, *MD, MPH*

YSM Academic Support Team provides one-on-one consultations to help students meet their academic goals by creating individualized learning plans that utilize a wide array of resources, identifying and developing education strategies for different settings, and preparing for key medical school requirements (qualifiers, standardized tests, clinical rotations). Email Andrea Giampetrucci, EdD, andrea.giampetrucci@yale.edu, Thilan Wijesekera, MD, MHS, thilan.wijesekera@yale.edu or ask your head of advisory house to find out more information.

Student Mental Health & Wellness

<https://medicine.yale.edu/md-program/student-affairs/student-well-being/mental-health-wellness/>

The program offers short-term counseling, wellness sessions, and events. Counseling sessions are offered with an emphasis on easy access and flexible scheduling. Appointments are offered in-person or virtually, and are typically available same-day, with evening and weekend hours as well. Students are welcome to make appointments to learn more about the program. Students can be seen as needed or for repeated sessions. The program is not designed for long term treatment. The Student Mental Health & Wellness program works in conjunction with Mental Health and Counseling at Yale Health and Magellan. An appointment may be made on the website or by email.

Peer Advocates

These trusted student listeners are available to you at any time to hear about your concerns regarding experiences you have had during medical school that make you feel uncomfortable. They can be contacted anonymously. Their names and phone numbers are listed on a plastic card which you have been given to carry. If you have misplaced your card, please contact the Office of Student Affairs. For more information visit: <https://medicine.yale.edu/md-program/student-affairs/student-well-being/peer-advocate-program/>

Yale School of Medicine (YSM) Student Emergency Aid Fund is designed to provide short-term financial assistance to students enrolled in the MD, MD/PhD and PA, and programs who are struggling with unanticipated or emergency financial situations. <https://medicine.yale.edu/dice/resources/>

The Office of Collaborative Excellence

and Student Engagement (CESE) is dedicated to creating a welcoming and supportive environment for all members of the YSM community in which everyone feels seen, heard, and empowered. CESE works directly with and supports groups that are open to all students such as, Asian Pacific American Medical Students Association (APAMSA), Jewish Medical Student Association (Maimonides Society), Latino Medical Student Association (LMSA), Medical Students with Disabilities and Chronic Illnesses (MSDCI), Middle Eastern North African (MENA), Native American/Indigenous Medical Student Association, OutPatient (LGBTQIA student group), South Asian Medically-oriented Student Association (SAMoSA), Student National Medical Association (SNMA), Yale Muslims in Medicine (YMIM), and the Yale First Generation Low Income (YFLI).

Through robust outreach efforts, CESE aims to support and strengthen pathways for all talented individuals to pursue and succeed in careers in health care and biomedical research.

Office contacts are: Linda Jackson, MS, Director, (203) 785-2129, Marietta Vazquez, MD, Associate Dean for Medical Student Collaborative Excellence and Professor of Pediatrics, (203) 981-0509, Aja Diggs, BS, Program Administrator, and Darin Latimore, MD, Deputy Dean of Collaborative Excellence, (916) 342-3330

Mothers' Room

333 Cedar St, Room 0007;
Reserve online or call (203) 432-6888



UNIVERSITY RESOURCES

Yale Health Plan

55 Lock Street, <http://yalehealth.yale.edu/>

Whether or not you have chosen to purchase the hospitalization piece of the Yale Health Plan, Basic Coverage is offered at no charge and includes preventive health and medical services in the departments of Mental Health & Counseling, Student Health, Gynecology, and Health Education.

You may consult with Mental Health & Counseling about problems related to mood, coping, relationships, stress, anxiety, etc. You may go directly to Yale Health or call to make an appointment. After hours for urgent situations call Mental Health and Counseling at (203) 432-0290 to reach a mental health clinician.

Mental Health & Counseling Services (203) 432-0290

Acute Care (203) 432-0123

Student Health Department (203) 432-0312

Substance Abuse Counselor (203) 432-0290

Link to all group therapy offerings available this semester: <https://yalehealth.yale.edu/group-therapy-offerings-semester>

Student Accessibility Services (SAS)

responds to students with disabilities' requests for accommodations. SAS engages individually and privately upon request from students in Yale's health science education programs, who will make the population of health care professionals reflective of the national population, including individuals with disabilities.

To begin the interactive process of requesting accommodations, students can complete the SAS Accommodations Request form. As part of the request process, students will be asked to provide a self-report regarding their condition(s) and requested accommodations, upload documentation from their providers regarding the impact of their condition(s) and meet with an SAS staff member to discuss potential accommodations to address barriers to the curriculum or clinical portion of their education. SAS has developed Documentation Guideline to assist students with various disabilities and conditions with requesting documentation from their treatment providers. Students who do not have documentation of their condition, and/or who believe they have an undiagnosed condition, should contact SAS to discuss their circumstances further.

Your inquiry is private, and you are welcome to obtain general information about accessibility and accommodations without completing a registration form. If you have questions about a disability, medical condition, temporary injury, or what accommodations might be appropriate for you, please contact Shami Tarlanov, SAS Associate Director at shamshir.tarlanov@yale.edu or sas@yale.edu





Discrimination and Harassment Resource Coordinators (DHRC)

Discrimination and Harassment Resource Coordinators, appointed by the Dean of each college and school, serve as key community members who receive concerns and provide guidance related to Discrimination, Harassment, and Retaliation. They may also help facilitate informal resolution. Discrimination and Harassment Resource Coordinators are often the most appropriate initial point of contact for individuals with concerns in these areas, as they have extensive knowledge of the resources, specific to their respective school or college. Yale School of Medicine coordinators are Deans John Francis, Karina Gonzalez, Darin Latimore, Ruby Lekwauwa, and Marietta Vasquez.

Office of Academic and Professional Development (OAPD)

The YSM Office of Academic and Professional Development (OAPD) Professionalism and Leadership Team (<https://medicine.yale.edu/oapd/professionalism>) promotes, develops, and helps ensure faculty professional behavior and academic and research integrity. The office oversees processes and mechanisms for reporting, review, and resolution of professionalism concerns about faculty and for recognizing examples of exceptional professionalism. OAPD serves as a resource for individuals who have concerns and consults with appropriate university offices and with faculty leaders to take affirmative steps to address them. OAPD also administers a central portal for reporting any type of professionalism concern at the School of Medicine.

Office of Institutional Equity and Accessibility (OIEA)

The Office of Institutional Equity and Accessibility (OIEA) is responsible for ensuring Yale's commitment to equitable and inclusive working and learning environments. This includes administering Yale's Policy Against Discrimination and Harassment. Individuals may report discrimination, harassment, or retaliation using the [Office of Institutional Equity and Accessibility and Title IX Office Reporting Form](#) and are also welcome to contact OIEA by email, phone: (203) 432-0849, or by visiting OIEA at 82-90 Wall St. 4th Floor, New Haven CT 06511.

Yale School of Medicine Deputy Title IX Coordinators

Rosemarie Fisher, rosemarie.fisher@yale.edu (203) 688-1449, Megan C. King, megan.king@yale.edu (203) 737-4628, Darin Latimore, darin.latimore@yale.edu (916) 342-3330. Deputy Title IX Coordinators are available to consult with members of the community about their concerns and questions related to sex- or gender-based discrimination, including sexual misconduct. By disclosing a concern to a Deputy Title IX Coordinator, they can help you review options, identify and implement supportive measures, and connect individuals with other campus resources. More information is available on the Title IX website: titleix.yale.edu

The University-Wide Committee on Sexual Misconduct (UWC)

(203) 432-4449; <https://uwc.yale.edu/>

The University-Wide Committee on Sexual Misconduct (UWC) is an internal disciplinary board available to students, faculty, and staff across the university for complaints of sexual misconduct as described in the committee's procedures. The UWC is an accessible, representative, and trained body established to fairly and expeditiously address formal complaints of sexual misconduct. The UWC can address inquiries about its procedures and the complaint process. A formal complaint leads to an investigation by a professional, impartial investigator, followed by a hearing. The UWC also offers the option to resolve allegations of sexual misconduct through an alternative resolution process ("AR").

For more information regarding AR, please see section 2 of the committee's procedures.

SHARE (Sexual Harassment and Assault Response & Education)

<https://sharecenter.yale.edu/>

SHARE is available to all members of the Yale University community who are dealing with sexual misconduct of any kind, including sexual assault, sexual harassment, stalking, intimate partner violence, and more. SHARE provides crisis support and referrals for all community members as well as ongoing-counseling services for students (undergraduate, graduate, and professional) focused on processing issues related to sexual misconduct. Counseling is offered in both individual and group formats and is open to those that have experienced sexual misconduct in any form at any time of their life. There is also a trauma-informed yoga program for survivors available to students. SHARE offers students accompaniment to meetings with other campus or community resources (i.e., Title IX, UWC, medical appointments/evidence collection, or court-based advocacy around protective order applications). Additionally, SHARE has services for folks who have concerns about their own behavior. We are located on the Lower Level of Yale Health and open for both in-person and virtual appointments Monday through Friday from 9am to 5pm. Support is also available to all community members for time-sensitive matters via our 24/7 on-call service at (203) 432-2000. All interactions with SHARE are confidential and can be anonymous if you wish. We will offer information and support with the goal of helping you make your own informed, empowered decisions.

Chaplain's Office

<http://chaplain.yale.edu>

The Chaplain's Office is a resource for emotional and spiritual support and connection. Our team of eight chaplains help connect the community to religious and spiritual life on campus. We have vibrant Buddhist, Christian, Hindu, Jewish, Muslim, Sikh, and more religious communities on campus. Our chaplains also offer confidential emotional support conversations to students, faculty and staff. You do not need to identify as spiritual or religious to meet with a chaplain. We often discuss grief, relationships, navigating Yale for the first time, questions of purpose, and more. Come by the Chaplain's Office within Old Campus for free ice cream and a space to unwind and sign up for our newsletter online to stay in the loop about upcoming events. Please contact University Chaplain Maytal Saltiel or Associate University Chaplain Jenny Peek at jennifer.peek@yale.edu to get connected.

Yale LGBTQ Center

Founders Hall, 135 Prospect Street. We support and empower students, faculty, staff, and alumni of all sexual orientations, gender identities, and expressions. Our community center is open daily (except Saturdays) with drop-in space to connect with our staff, gather or hang out, or get involved with one of our LGBTQ groups. Check out the event calendar for a variety of programming ranging from movies, discussion, music, or other opportunities to connect. We also have weekly groups and periodic meetups and our staff members are available for one-on-one support. Sign up for our weekly newsletter with events and announcements and explore campus resources at <https://lgbtq.yale.edu/>

Office of International Students & Scholars (OISS) can help international students with immigration regulations, visa issues and other matters. More information can be found on the OISS web site at <http://oiss.yale.edu/>. You can email, call, set up an appointment, or visit OISS with your questions. OISS also offers regular programs for the international community at Yale. For contact information and appointments: <https://oiss.yale.edu/about/connect-with-oiss> or call (203) 432-2305.

Yale Veteran and Military Affairs is here to support military-affiliated students, dependents, and student veterans. We are located on the second floor of 35 Broadway, behind Mory's. More information about our community is available at vetc.yale.edu. For access to upcoming event information and registration, join our YaleConnect. For news and community updates, subscribe to our newsletter.

For specific concerns or requests, feel free to reach out to our staff:

- Holly Hermes is Yale University's Liaison for Veteran and Military Affairs. She can be reached at holly.hermes@yale.edu
- Nicole Archer is Yale University's Associate Director, Veteran & Military Resources. She can be reached at veteranresources@yale.edu with any questions regarding your use of military benefits.

Ask a Lawyer Community Clinics

<https://gsa.yale.edu/resources/ask-lawyer> and New Haven County Bar Association <https://www.newhavenbar.org/page/aalclinics> are available for members of the community with legal needs. For off campus living resources, check the website <https://your.yale.edu/work-yale/campus-services/campus-living> for some helpful information and contact information.



<https://medicine.yale.edu/md-program/student-affairs/student-well-being/>





Yale SCHOOL OF MEDICINE