Did you know?

104 alcoholic drinks contain approximately:

<u>Type</u>	Calories for one drink	Calories for 104 drinks	# Pounds in 104 drinks (1 pound = 3600 cal)
1 Beer (12 oz)	120	12,480	3.5
1 Mixed Drink (vodka,	200	20,800	5.5
rum, etc. w/ juice or soda)			

104 Beers are equivalent to the calories of:

70 slices of pizza



(graphic of 70 slices of pizza here - # pizza slices = 2/3 # drinks)

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