A collaboration between Writers and Illustrators

![The Great Wave off Kanagawa, Katsushika Hokusai](image)

**Beauty and Power**  
*Great Wave off Kanagawa*  
*Steady Mount Fuji*  

**Write Haiku, a very short form of Japanese poetry**

1. The entire poem consists of just three lines, totaling 17 syllables  
2. The first line of every haiku has 5 syllables  
3. The second line has 7 syllables  
4. The third line has 5 syllables. (Typically this line of the poem makes an observation)  
5. Punctuation and capitalization are up to the poet, and need not follow rules  
6. A haiku poem usually does not rhyme

Write and send your original Haiku for this project to Dana.Brewer@ynhh.org

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**Now for the Arts, Illustrators?**

1. Illustrators will select from a Haiku that has been sent in to us for this project and create original artwork. For details Dana.Brewer@ynnh.org or call 203.200.6129

2. The illustration should be a narrative or interpretation that captures the feeling of the poem. It can provide emphasis or accentuate a particular text.

3. Use the art media of choice and incorporate the Haiku text into your project.

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**Integrative Medicine**