Child Study Center Grand Rounds

*Presented by*

Yale School of Medicine’s Department of Child Study Center

**"Outdoor Behavioral Healthcare (OBH): Theory, Research, and Practice"**

**Christine Norton, PhD, LCSW**

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FACES/Foster Care Liaison Officer

Texas State University

**Date: March 17, 2020 @ 1:00**

**Location: Cohen Auditorium, NIHB E02**

**Course Director: Andres Martin, MD, MPH**

***There is no corporate support for this activity***

This course will fulfill the licensure requirement set forth by the State of Connecticut

**ACCREDITATION**

The Yale School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

**TARGET AUDIENCE**

Trainees in child psychiatry, psychology, and social work, faculty, clinicians, scientists

**LEARNING OBJECTIVES**

At the conclusion of this activity, participants will be able to:

* Understand the historical and theoretical foundation of OBH
* Gain knowledge of current OBH research, risk-management data and ethical issues
* Develop strategies for implementing OBH practice components into mainstream counseling and psychotherapy

**NEEDS ASSESSMENT**

Current trends reflect dramatic increases in mood disorders, anxiety and suicidal ideation among youth in the United States. Treatment as usual does not seem to be working. Complimentary, alternative approaches, such as Outdoor Behavioral Healthcare (OBH) help address this crisis. OBH involves the prescription use of outdoor adventure experiences, provided by mental health professions, that kinesthetically engages clients on cognitive, affective, behavioral and somatic levels.

**DESIGNATION STATEMENT**

The Yale School of Medicine designates this live activity for 1 AMA PRA Category 1 Credit(s)™. Physicians should only claim the credit commensurate with the extent of their participation in the activity.

**FACULTY DISCLOSURES**

Christine Norton: NONE

Andres Martin: NONE

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