



**INTEGRATIVE MEDICINE & SUPPORT SERVICES AT  
SMILOW CANCER HOSPITAL PRESENTS:**

## **SUPPORT GROUP FOR WOMEN WITH CANCER**

A group open to women who have been diagnosed with breast cancer and are currently in treatment. Providing free support and information to help manage the emotional, practical and financial challenges of cancer.

Topics range from:

- Coping with a cancer diagnosis
- Balancing relationships and career
- Overall stress management
- Managing marriage and family life, etc.

**Facilitated by:** Ellen Riccardi, LPC

**Dates:** Group will meet the 2<sup>nd</sup> and 4<sup>th</sup> Monday of each month.

**Time:** 10:00 - 11:00AM

**Location:** Park Avenue Medical Center, Integrative Medicine and Support Services, 5520 Park Avenue, Trumbull

**PREREGISTRATION IS REQUIRED:** [ellenriccardillc@gmail.com](mailto:ellenriccardillc@gmail.com) or 203-590-1759

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