



Yale Sleep Medicine Seminar

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CONTINUING MEDICAL EDUCATION

Presented by

Yale School of Medicine's Department of Internal Medicine, Section of Pulmonary, Critical Care, & Sleep Medicine

Sleep in Hospitalized Patients



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Wednesday, May 26, 2021 @ 2pm EDT

REMOTE ATTENDANCE – NO LOCAL AUDIENCE

Moderator: Lauren Tobias, MD

Join from PC, Mac, Linux, iOS or Android: <https://zoom.us/j/93569756530>

Telephone: Dial: +1 203 43-29666 or (+1 877 853-5247 or +1 888 788-0099 US Toll-free); Meeting ID: 935 6975 6530

CME credit for live event only.

To record your attendance, text the ID# provided at the session to 203-442-9435 until 3:15pm day of session.

There is no corporate support for this activity. This course will fulfill the licensure requirement set forth by the State of Connecticut.

ACCREDITATION

The Yale School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

TARGET AUDIENCE

Attending physicians, house staff/fellows, medical students, nurses, physician assistants.

NEEDS ASSESSMENT

This presentation will provide a review of described sleep disturbances in various hospital settings and certain disease states. It will provide an overview of the negative health effects of sleep deprivation and discuss medical conditions that may predispose hospitalized patients to poor sleep. Environmental and patient-related risk factors for poor sleep in the hospital will be discussed. We will review the literature regarding sleep assessment tools for hospitalized patients, in addition to the current knowledge on interventions utilized to improve sleep in the hospital.

LEARNING OBJECTIVES

At the conclusion of this talk, participants will:

1. Understand the impact of sleep disturbances on hospitalized patients

2. Assess the types of sleep disturbances patients may experience in the hospital
3. Understand the evidence for current interventions to improve sleep in hospitalized patients

DESIGNATION STATEMENT

The Yale School of Medicine designates this live activity for 1 AMA PRA Category 1 Credit(s)TM. Physicians should only claim the credit commensurate with the extent of their participation in the activity.

FACULTY DISCLOSURES

Lauren Tobias, MD, Course Director – No conflict of interest

Wissam Mansour, MD – No conflict of interest

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