

### **Peer-to-Peer Counseling Available Now**

Since March, the providers within our department have dedicated long, tireless days to caring for the influx of COVID-19 patients. Our department has been stretched thin, but throughout this challenge, you have been flexible, accommodating and dedicated. As caregivers though, we also cannot forget to care for ourselves.

I asked Bob Soufer to assemble and lead a team of peer coaches for a **confidential** new Peer-to-Peer program in support of those of us who deliver care under these stressful and challenging conditions.

Psychologist Doug McKinley, who is currently engaged with our faculty in leadership development work, has partnered with Bob and 11 faculty coaches on this project. These volunteer faculty coaches completed training and curriculum to serve as **confidential** peer coaches.

**This program is available to Department of Medicine faculty or clinicians working on Medicine inpatient COVID-19 floors. Confidential 30-minutes are available with a peer coach by contacting the team via email at [yalepeer2peer@gmail.com](mailto:yalepeer2peer@gmail.com).**

We are one community and this endeavor an example of that spirit. I am proud of what we have accomplished throughout this pandemic. As we move ahead, we will find more ways to reaffirm that we are in this together.