

Get Healthy Walk 'N Talk with a Doc

Join group walks with healthcare providers.



**Every Saturday beginning May 7
through September 24**

**Farmington Canal Greenway Trail, corner of
Shelton Ave. and Starr St., New Haven**

Walks will begin at entrance on Starr St. and last approximately one hour. Parking is available at New Freedom Missionary Baptist Church, 280 Starr St., New Haven.

**Please arrive by 8:45 am on each walk day.
All current COVID safety protocols will be followed.**

For more information, contact Andy Orefice
at 203-688-5671 or andrew.orefice@ynhh.org.

Interested in walking?

- Get active in a fun and social environment
- Chat with healthcare providers
- Meet new friends

All ages and fitness levels are welcome!

To find out more about Get Healthy CT,
visit gethealthyct.org.