



Yale Sleep Medicine Seminar

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CONTINUING MEDICAL EDUCATION

Presented by

Yale School of Medicine's Department of Internal Medicine, Section of Pulmonary, Critical Care, & Sleep Medicine

Obesity and its Management: What You Need to Know as a Sleep Medicine Physician/ Provider



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Wednesday, September 23, 2020 @ 2pm EDT

Moderator: Lauren Tobias, MD

REMOTE ATTENDANCE ONLY – NO LOCAL AUDIENCE

Join from PC, Mac, Linux, iOS or Android: <https://zoom.us/j/93569756530>

Telephone: Dial: +1 203 43-29666 or (+1 877 853-5247 or +1 888 788-0099 US Toll-free); Meeting ID: 935 6975 6530

CME credit for live event only.

To record your attendance, text the ID# provided at the session to [203-442-9435](tel:203-442-9435) from 1:45pm-3:15pm on September 9, 2020

There is no corporate support for this activity. This course will fulfill the licensure requirement set forth by the State of Connecticut.

ACCREDITATION

The Yale School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

TARGET AUDIENCE

Attending physicians, house staff/fellows, medical students, nurses, physician assistants.

NEEDS ASSESSMENT

Obesity is underrecognized and treated as a disease in the US and around the world. Poor sleep is often associated with obesity and obesity related diseases. This lecture will inform the learners about obesity and its treatment.

LEARNING OBJECTIVES

At the conclusion of this talk, individuals will:

1. Develop an approach to the patient who has difficulty losing weight and learn the labs and elements of the history and physical which are helpful to management.
2. Discern the considerations for prescribing medications for weight reduction and the recommended follow up for maximizing success with these patients.
3. Determine when surgical interventions are indicated and how they should be prepared for this consultation.

DESIGNATION STATEMENT

The Yale School of Medicine designates this live activity for 1 AMA PRA Category 1 Credit(s)TM. Physicians should only claim the credit commensurate with the extent of their participation in the activity.

FACULTY DISCLOSURES

Lauren Tobias, MD, Course Director – No conflict of interest

Fatima Cody Stanford, MD – Good Rx, Calibrate, Novo Nordisk, Doximity

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