



State Sleep Conference

Presented by

Yale School of Medicine's Department of Internal Medicine, Section of Pulmonary, Critical Care, & Sleep Medicine

Should Mild Obstructive Sleep Apnea be Treated?



Stuart Fun Quan, MD

Gerald E McGinnis Professor of Sleep Medicine

Brigham & Women's Hospital, Harvard Medical School

Wednesday, April 11, 2018, 2-3 pm

The Anlyan Center, TAC S-447

Moderator: Lauren Tobias, MD

There is no corporate support for this activity

This course will fulfill the licensure requirement set forth by the State of Connecticut

ACCREDITATION

The Yale School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

TARGET AUDIENCE

Attending physicians, house staff/fellows, medical students, nurses, physician assistants.

NEEDS ASSESSMENT

Mild obstructive sleep apnea is a highly prevalent condition. However, it is unclear whether this condition is associated with important clinical consequences. In addition, there is uncertainty among clinicians concerning the necessity to treat patients with mild obstructive sleep apnea. Thus, there is a clinical need to review with sleep clinicians, the evidence linking mild obstructive sleep apnea to adverse clinical outcomes and data demonstrating that treatment improves these outcomes.

LEARNING OBJECTIVES

At the conclusion of this activity, participants will learn to:

1. Attendees will gain a greater understanding of the ambiguities associated with classifying severity of obstructive sleep apnea.

2. Attendees will learn whether mild obstructive sleep apnea is associated with a higher risk of adverse neurocognitive and cardiovascular outcomes.
3. Attendees will learn whether treatment mild obstructive sleep apnea improves neurocognition and cardiovascular outcomes.

DESIGNATION STATEMENT

The Yale School of Medicine designates this live activity for 1 *AMA PRA Category 1 Credit(s)*[™]. Physicians should only claim the credit commensurate with the extent of their participation in the activity.

FACULTY DISCLOSURES

Lauren Tobias, MD – No conflicts of interest

Stuart Fun Quan, MD – Best Doctors, Synchrony Healthcare Communications, Global Data

It is the policy of Yale School of Medicine, Continuing Medical Education, to ensure balance, independence, objectivity, and scientific rigor in all its educational programs. All faculty participating as speakers in these programs are required to disclose any relevant financial relationship(s) they (or spouse or partner) have with a commercial interest that benefits the individual in any financial amount that has occurred within the past 12 months; and the opportunity to affect the content of CME about the products or services of the commercial interests. The Center for Continuing Medical Education will ensure that any conflicts of interest are resolved before the educational activity occurs.