



## State SLEEP Conference

Presented by

Yale School of Medicine's Department of Internal Medicine, Section of Pulmonary, Critical Care, & Sleep Medicine

# Differences in Efficacy Between Nasal and Full-face PAP Masks



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**Wednesday, April 17, 2019, 2-3 pm**

The Anlyan Center, TAC S-447

**Moderator: Lauren Tobias, MD**

*There is no corporate support for this activity*

This course will fulfill the licensure requirement set forth by the State of Connecticut

### **ACCREDITATION**

The Yale School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

### **TARGET AUDIENCE**

Attending physicians, house staff/fellows, medical students, nurses, physician assistants.

### **NEEDS ASSESSMENT**

This talk will address differences in efficacy between nasal and oronasal masks in the treatment of obstructive sleep apnea. Many in the field of sleep medicine change masks post-titration without considering the potential differences in pressure requirement between various mask styles. We will discuss issues to consider when thinking about choosing the right CPAP mask interface.

### **LEARNING OBJECTIVES**

At the conclusion of this talk, individuals will learn to:

1. Differences of efficacy between various CPAP mask interfaces.
2. Predictive formulas for determining mask pressure.

3. Changes in airflow dynamics between nasal and oronasal masks in the upper airway.
4. Best predictors of CPAP use.

### **DESIGNATION STATEMENT**

The Yale School of Medicine designates this live activity for 1 **AMA PRA Category 1 Credit(s)**<sup>™</sup>. Physicians should only claim the credit commensurate with the extent of their participation in the activity.

### **FACULTY DISCLOSURES**

Lauren Tobias, MD, Course Director – No conflicts of interest  
Matthew R Ebben, PhD – No conflicts of interest

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