



Family and friends know their loved ones better than anyone and are often the first to notice when something's "off." Our workshops are open to any interested member of the community who wants to learn more about experiences of psychosis and supporting those who are impacted by psychosis. Workshop subjects are posted in advance and cover a variety topics

Core Workshops happen every 3rd Thursday of the Month

12-1pm via Zoom

Check regularly for new dates on specialty topics.



Register to join!







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