



Grand Rounds

RSS (Regularly Scheduled Series)

Presented by

Yale School of Medicine

Department of Obstetrics, Gynecology & Reproductive Sciences



Applying Occam's Razor to Intrapartum Care: Why Optimising Positive Physiological Labour and Birth Matters



Soo Downe, BA, RM, MSc, PhD, OBE

*Professor of Midwifery Studies
School of Community Health and Midwifery
University of Central Lancashire*

January 14, 2021 • 4:00-5:00 pm

Dial-In: 203.432.9666; Meeting ID: 201.194.039; <https://zoom.us/j/201194039>

There is no corporate support for this activity.

Course Director/Host: Lubna Pal, MBBS, FRCOG, MS, FACOG

ACCREDITATION:

The Yale School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

TARGET AUDIENCE:

ObGyn attending physicians, house staff/fellows, medical students, nurses, PA's, community Ob/Gyn's, residents, midwives, nurses and researchers.

NEEDS ASSESSMENT:

Occam's razor holds that the most simple explanation for a phenomenon is usually the best one. There is a gap in knowledge about the most simple (physiological) approach to optimal labour and birth. The research evidence on the nature of spontaneous physiological labour and birth is not well understood. As a result, there has been little analysis of the short and longer term consequences of failure to support physiological labour and birth. Current rates of non-indicated intervention in labour and birth suggest a gap in knowledge about how to support physiological labour and birth.

LEARNING OBJECTIVES:

At the end of this presentation, attendees will be able to:

1. Describe the nature of spontaneous physiological labour and birth (and the differences between 'physiological'; 'normal'; 'natural'; and labour and birth, and 'vaginal' birth);
2. Discuss current knowledge and theories on the short and longer term consequences of intervention in spontaneous physiological birth, at the population level; and
3. Propose practical ways of supporting safe spontaneous physiological labour and birth for women and pregnant people, where this is the choice of the service user.

DESIGNATION STATEMENT

The Yale School of Medicine designates this live activity for 1 AMA PRA Category 1 Credit(s)[™]. Physicians should only claim the credit commensurate with the extent of their participation in the activity.

DISCLOSURES:

Course Director: Lubna Pal, MD
Flo Health, Consultant

Speaker: Soo Downe, BA, RM, MSc, PhD, OBE
None

It is the policy of Yale School of Medicine, Continuing Medical Education, to ensure balance, independence, objectivity and scientific rigor in all its educational programs. All faculty participating as speakers in these programs are required to disclose any relevant financial relationship(s) they (or spouse or partner) have with a commercial interest that benefits the individual in any financial amount that has occurred within the past 12 months; and the opportunity to affect the content of CME about the products or services of the commercial interests. The Center for Continuing Medical Education will ensure that any conflicts of interest are resolved before the educational activity occurs.