

Recovery Self-Assessment: Items and Factor Loadings

Original RSA Item #	Item	Factor	Loading	RSA-R item#	RSA-R PIR brief version item#
Factor 1: Life Goals		1			
25	Staff actively assist people in recovery with the development of career and life goals that go beyond symptom management and stabilization.	1	.73	16	7
29	Staff routinely assist individuals in the pursuit of educational and/or employment goals.	1	.66	17	12
33	The role of agency staff is to assist a person with fulfilling their individually-defined goals and aspirations.	1	.61	28	17
26	Agency staff are diverse in terms of culture, ethnicity, lifestyle, and interests.	1	.59	32	
24	Procedures are in place to facilitate referrals to other programs and services if the agency cannot meet a person's needs.	1	.58	--	
23	Staff play a primary role in helping people in recovery become involved in non-mental health/addiction related activities, such as church groups, special interest groups, and adult education.	1	.53	18	
22	Staff use a language of recovery (i.e. hope, high expectations, respect) in everyday conversations.	1	.45	3	
36	Agency staff believe that people can recover and make their own treatment and life choices.	1	.43	7,8,9	
20	The achievement of goals by people in recovery and staff are formally acknowledged and celebrated by the agency.	1	.41	--	
14	Staff and agency participants are encouraged to take risks and try new things.	1	.38	12	
16	Staff are knowledgeable about special interest groups and activities in the community.	1	.36	31	
Factor 2: Involvement		2			
30	People in recovery work along side agency staff on the development and provision of new programs and services.	2	.75	23	16
27	People in recovery are regular members of agency advisory boards and management meetings.	2	.74	25	11
15	Persons in recovery are involved with facilitating staff trainings and education programs	2	.71	29	6
12	This agency provides structured educational activities to the community about mental illness and addictions.	2	.61	34-Admin	
21	People in recovery are routinely involved in the evaluation of the agency's programs, services, and service providers.	2	.58	24	
31	Agency staff actively help people become involved with activities that give back to their communities (i.e., volunteering, community services, neighborhood watch/cleanup).	2	.55	22	
32	This agency provides formal opportunities for people in recovery, family members service providers, and administrators to learn about recovery.	2	.51	33-Admin	
35	The development of a person's leisure interests and hobbies is a primary focus of services.	2	.38	--	

Original RSA Item #	Item	Factor	Loading	RSA-R item#	RSA-R PIR brief version item#
Factor 3: Diversity of Treatment Options		3			
18	This agency actively attempts to link people in recovery with other persons in recovery who can serve as role models or mentors by making referrals to self-help, peer support, or consumer advocacy groups or programs.	3	.54	20,21	5, 10
34	Criteria for exiting or completing the agency are clearly defined and discussed with participants upon entry to the agency.	3	.53	26	15
8	People in recovery are given the opportunity to discuss their sexual and spiritual needs and interests.	3	.52	14, 15	
19	This agency provides a variety of treatment options (i.e., individual, group, peer support, holistic healing, alternative treatments, medical) from which agency participants may choose.	3	.51	35-Admin	
17	Groups, meetings, and other activities can be scheduled in the evenings or on weekends	3	.50	36-Admin	
28	At this agency, participants who are doing well get as much attention as those who are having difficulties.	3	.43	--	
Factor 4: Choice		4			
3	People in recovery have access to all their treatment records.	4	.62	5	4
13	Agency staff do not use threats, bribes, or other forms of coercion to influence a person's behavior or choices.	4	.59	6	14
10	Staff at this agency listen to and follow the choices and preferences of participants.	4	.56	10	9
6	People in recovery can choose and change, if desired, the therapist, psychiatrist, or other service provider with whom they work.	4	.54	4	
11	Progress made towards goals (as defined by the person in recovery) is monitored on a regular basis.	4	.49	27	
7	Most services are provided in a person's natural environment (i.e., home, community, workplace).	4	.47	--	
Factor 5: Individually-Tailored Services		5			
2	This agency offers specific services and programs for individuals with different cultures, life experiences, interests, and needs.	5	.65	13	8
9	All staff at this agency regularly attend trainings on cultural competency.	5	.58	30	13
1	Helping people build connections with their neighborhoods and communities is one of the primary activities in which staff at this agency are involved.	5	.55	11	3
4	This agency provides education to community employers about employing people with mental illness and/or addictions.	5	.53	--	
5	Every effort is made to involve significant others (spouses, friends, family members) and other natural supports (i.e., clergy, neighbors, landlords) in the planning of a person's services, if so desired.	5	.43	19	

Original RSA Item #	Item	Factor	Loading	RSA-R item#	RSA-R PIR brief version item#
	Family Only Factor (RSA-R)	RSA-R- Fam			
	RSA-R 33. Staff makes efforts to welcome me and make me feel comfortable in this program.	RSA-R fam		33-fam	
	RSA-R 34. Staff encourage me to have hope and high expectations for my loved one's recovery.	RSA-R fam		34-fam	
	RSA-R 35. Staff listen to me and respect my opinion about my loved one's treatment and care.	RSA-R fam		35-fam	
	RSA-R 36. Staff include me in my loved one's recovery/ treatment planning.	RSA-R fam		36-fam	
	RSA-R 37. I am encouraged to help staff with the development of new groups, programs, or services.	RSA-R fam		37-fam	
	RSA-R 38. I am encouraged to be involved in the evaluation of this program's services and service providers.	RSA-R fam		38-fam	
	RSA-R 39. I am encouraged to attend agency advisory boards and management meetings, if I want.	RSA-R fam		39-fam	
	RSA-R 40. I am/ can be involved in facilitating staff trainings and education programs at this agency.	RSA-R fam		40-fam	
	RSA-R New Items: Inviting Factor	RSA-R Invite			
	RSA-R 1. Staff welcomes me and help me feel comfortable in this program.	RSA-R Invite		1	1
	RSA-R 2. The physical space of this program (e.g., the lobby, waiting rooms, etc.) feels inviting and dignified.	RSA-R Invite		2	2