

# CURRICULUM VITAE

## V. ROBIN WEERSING

### Contact Information:

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### Academic Employment:

Associate Professor	SDSU / UCSD Joint Doctoral Program in Clinical Psychology Department of Psychology San Diego State University	2010- <i>present</i>
Assistant Professor	SDSU / UCSD Joint Doctoral Program in Clinical Psychology Department of Psychology San Diego State University	2006-2010
Assistant Professor	Child Study Center (primary appointment) Department of Psychology (joint appointment) Yale University	2002-2006

### Honorary Academic Appointments:

Adjunct Professor	Child Study Center Yale University School of Medicine	2006- <i>present</i>
Adjunct Professor	Child and Adolescent Psychiatry University of Pittsburgh School of Medicine	2002- <i>present</i>

### Education and Training:

Postdoctoral Fellow	National Research Service Award Training Grant National Institute of Mental Health University of Pittsburgh School of Medicine Research mentor: David Brent, M.D.	2000-2002
Ph.D.	Clinical Psychology, minor in Measurement and Psychometrics University of California, Los Angeles Research mentor: John Weisz, Ph.D.	2000
Intern	Clinical Psychology University of Pittsburgh School of Medicine	1999-2000
Predocctoral Fellow	Individual National Research Service Award National Institute of Mental Health University of California, Los Angeles Research mentor: John Weisz, Ph.D.	1997-1999
M.A.	Clinical Psychology University of California, Los Angeles	1995
B.A.	Linfield College, Honors Program, <i>magna cum laude</i>	1993

**Honors and Awards:**

Faculty Scholar	William T. Grant Foundation	2004-2009
Beck Institute Scholar	Beck Institute for Cognitive Therapy and Research	2005-2006
Klingenstein Fellow	Youth Depression Postdoctoral Fellowship Klingenstein Third Generation Foundation	2002-2004
Convention Travel Award	Mental Health Services Research Conference National Institute of Mental Health	2002
Michael Goldstein Distinguished Dissertation Award	Clinical Psychology Doctoral Program University of California, Los Angeles	2000
Convention Travel Award	American Psychological Association	1996
Pauley Fellowship	Pauley Family Foundation University of California, Los Angeles	1994-1998
University Fellowship	Psychology Department University of California, Los Angeles	1994-1995

**Grant History:**Active grants

*National Institute of Mental Health, Multi-site R01* 2010-2015

Principal Investigator of multi-site project (\$1,652,777 direct costs, San Diego site)

“Brief CBT for Anxiety and Depression in Pediatric Primary Care”

Received support for a multi-site randomized trial of brief CBT for youths with anxiety and/or depression seen for services in primary care. Project will assess clinical and cost effectiveness of CBT relative to referral to specialty mental health care. San Diego will serve as the coordinating center for the two-site R01.

Grants submitted and in preparation

*National Institute of Mental Health, Multi-site R01*

*under review*

Principal Investigator, San Diego site (\$1,125,000 direct costs, San Diego site)

“Family Cognitive Behavioral Prevention in Youth and Parents”

Requesting support for a multi-site randomized trial of an integrated, family-based approach to simultaneously preventing depression in at-risk children and in their affected parents. Clinical and cost-effectiveness will be assessed compared to a treatment-as-usual / psychoeducation control. Vanderbilt University will serve as the coordinating site.

*National Institutes of Health, R01*

*under review*

Principal Investigator (\$149,891 direct costs)

“Effectiveness Trial of Cognitive Bias Modification (CBM) for Adolescent Anxiety”

Requesting support for a randomized trial of Cognitive Bias Modification (CBM) as a novel, alternative treatment with few or none of the barriers to uptake associated with extant evidence-based treatments. Clinical and cost-effectiveness will be assessed compared to a treatment-as-usual control, as well as feasibility and efficacy of treatment.

Completed grants

*National Institute of Mental Health, Multi-site R01*

2009-2012

Co-Investigator (J. Garber, PI)

“Prevention of Depression: Impact on the Transition to Early Adulthood”

Funded to assess the long-term impact of a multi-site CBT prevention trial targeting adolescents at high

risk for depression. Project assessed mood disorder status, functional outcomes, and moderators of effects. Served as co-chair of the Data Management and Statistics and Assessment Committees.

*National Institute of Child Health and Human Development, NRSA (HD062272)* 2009-2012  
Faculty Sponsor (A. Gonzalez, student PI; \$123,528 direct costs)

“Cross Cultural Comparison of Interactions between Anxious Mothers and Their Children”

Mentor of an individual predoctoral National Research Service Award. Project assesses cross-cultural differences in parenting practices that place youths at heightened risk for developing psychopathology.

*William T. Grant Foundation, Scholars Program* 2004-2010  
Principal Investigator (\$320,000 direct costs)

“Developing and Disseminating Effective Interventions for Depression and Anxiety in Youth”

Funded to develop and test “practice ready” versions of cognitive-behavioral therapy (CBT) for youths with depression or anxiety. Received research funding and career development support (Alan Kazdin, Ph.D., and Kimberly Hoagwood, Ph.D.; mentors). No cost extension for 2010.

*National Institute of Mental Health, R34 Treatment Development Grant (MH073769)* 2006-2010  
Co-Principal Investigator (J. Campo, co-PI)

“Brief CBT for Pediatric Abdominal Pain and Anxiety”

Received support to develop and test a brief CBT treatment manual for youths with recurrent abdominal pain and significant symptoms of anxiety. Primary author of treatment manual. No cost extension for 2010.

*National Institute of Mental Health, MRISP Seed Money Award* 2009-2010  
Principal Investigator of sub-project (\$32,259 direct costs)

“Cross-Cultural Comparison of Youth Outcome in Families with Anxious Mothers”

Received seed money support (T. Cronan, MRISP PI) to collect pilot data on cross-cultural differences in parenting behaviors and the association with youth psychopathology, cognitive style, and functioning.

*National Institute of Mental Health, Multi-site R01 (MH06450)* 2003-2008  
Co-Principal Investigator, Pittsburgh site (J. Garber, PI)

“Prevention of Depression in At-Risk Adolescents”

Received support for a large, multi-site randomized controlled trial to assess the effectiveness of CBT in preventing depression in the adolescent offspring of depressed parents. Served as co-PI of Pittsburgh data coordination center and as a CBT supervisor and rater of treatment adherence across sites.

*Robert Wood Johnson Foundation, Depression in Primary Care Program* 2004-2007  
Principal Investigator (\$99,985 direct costs)

“Cost-Effectiveness of Brief CBT for Pediatric Depression”

Received support for a randomized, cost-effectiveness trial of brief CBT for adolescents with significant symptoms of depression, seen for services in primary care.

*National Institute of Mental Health, Center Grant (MH066371)* 2002-2007  
Co-Director, Treatment Effectiveness and Dissemination Unit (D. Brent, PI)

“Advanced Center for Interventions and Services Research for Early-Onset Mood and Anxiety Disorders”

Led TEDU studies evaluating the feasibility of disseminating treatments for youth depression and anxiety across a variety of practice contexts. Member of Center executive committee.

*Klingenstein Third Generation Foundation, Fellowship in Child Depression* 2002-2004  
Principal Investigator (\$60,000 direct costs)

“Development and Dissemination of a Cognitive-Behavioral Therapy for Adolescent Depression”

Appointed as depression research fellow (David Brent, M.D., and James Leckman, M.D.; mentors).

Program of work involved developing an expert consensus on CBT core components, assessing practitioner attitudes, testing therapist training methods, and piloting a simplified version of CBT for depressed youths.

*National Institute of Mental Health, National Research Service Award* 1997-1999  
 Principal Investigator  
 “Development of the Therapy Process Checklist”  
 Obtained individual, pre-doctoral NRSA (John Weisz, Ph.D., mentor). Developed measures of therapists’ technique use and case conceptualizations for use in mental health services research.

Grant consultation

<i>NIMH (MH085645)</i>	Chair, Data Safety Monitoring Board “Adolescent Collaborative Care Treatment for Depression” (L. Richardson, PI, Seattle Children’s Hospital)	2009-2013
<i>NIMH (MH074678)</i>	Consultant to Treatment Integrity Workgroup “Advanced Center to Improve Pediatric Mental Health Care” (J. Landsverk, PI, Children’s Hospital Research Center)	2009-2010
<i>NIMH (MH63272)</i>	Consultant on treatment development “Collaborative Mental Health for Behavior Disorders in Primary Care” (D. Kolko, PI, University of Pittsburgh School of Medicine)	2007-2012
<i>NIDA (DA015658)</i>	Consultant on treatment development “Mentored Patient-Oriented Career Development” (A. Sheidow, PI, Medical University of South Carolina)	2006-2007
<i>Renfield Foundation</i>	Manual author and consultant on treatment adaptation “Anxiety Disorders in Primary Care” (L. Scahill, PI, Yale University School of Nursing)	2006-2007

**Publications (\*Denotes current or former student):**

Journal articles

- Beardslee, W. R., Brent, D. A., Weersing, V. R., Clarke, G. N., Giovanna, P., Hollon, S. D., Gladstone, T. R. G., Gallop, R., Lynch, F. L., DeBar, L., & Garber, J. (in press). Prevention of depression in at-risk adolescents: Longer-term effects. *JAMA Psychiatry*.
- \*Warnick, E., Bearss, K., Weersing, V. R., Scahill, L., & Woolston, J. (2012). Shifting the treatment model: Impact on engagement in outpatient therapy. *Administration and Policy in Mental Health and Mental Health Services Research*. DOI: 10.1007/s10488-012-0439-3.
- \*Gonzalez, A., Weersing, V. R., & \*Warnick, E. M., Scahill, L. D., & Woolston, J. L (2012). Cross-ethnic measurement equivalence of the SCARED in an outpatient sample of African American and Non-Hispanic White youths and parents. *Journal of Clinical Child and Adolescent Psychology*, 41, 361–369.
- Weersing, V. R., \*Rozenman, M., Maher-Bridge, M., & Campo, J. (2012). Anxiety, depression, and somatic distress: Developing a transdiagnostic toolbox for pediatric practice. *Cognitive and Behavioral Practice*, 19, 68-82.
- \*Gonzalez, A., Weersing, V. R., Warnick, E. M., Scahill, L. D., & Woolston, J. L. (2011). Predictors of treatment attrition among an outpatient clinic sample of youths with clinically significant anxiety. *Administration and Policy in Mental Health and Mental Health Services Research*, 38, 356-367. DOI:10.1007/s10488-010-0323-y (available on Open Access).
- Warnick, E. M., Gonzalez, A., Weersing, V. R., Scahill, L., & Woolston, J. (2011). Defining dropout from youth psychotherapy: How definitions shape the prevalence and predictors of attrition. *Child and Adolescent Mental Health*. DOI: 10.1111/j.1475-3588.2011.00606.x.
- \*Rozenman, M., Weersing, V. R., & Amir, N. (2011) A case series of attention modification in clinically-anxious youths. *Behaviour Research and Therapy*, 49, 324-330.

- \*Dirks, M.A., Treat, T.A., & Weersing, V.R. (2011). The latent structure of youth responses to peer provocation. *Journal of Psychopathology and Behavioral Assessment*, 33, 58-68.
- \*Dirks, M. A., Treat, T. A., & Weersing, V. R. (2010). The judge specificity of evaluations of youth social behavior: The case of peer provocation. *Social Development*, 19, 736-757.
- Kennard, B. D., Clarke, G. N., Weersing, V. R., Asarnow, J. R., Shamseddeen, W., Porta, G., Berk, M., Hughes, J. L., Spirito, A., Emslie, G. J., & Brent, D. A. (2009). Effective components of cognitive behavioral therapy for adolescent depression: Results from the TORDIA study. *Journal of Consulting and Clinical Psychology*, 77,1033-1041.
- Garber, J., Clarke, G. N., Weersing, V. R., Beardslee, W. R., Brent, D. A., Gladstone, T. R. G., Debar, L. L., Lynch, F. L., D'Angelo, E., Hollon, S. D., Shamseddeen, W., Iyengar, S. (2009). Prevention of depression in at-risk adolescents: A randomized controlled trial. *Journal of the American Medical Association (JAMA)*, 301, 2215-2224. Article downloaded 3,815 times from JAMA website since publication in June 2009 and covered in multiple media outlets.
- Garber, J., Clarke, G. N., & Weersing, V. R. (2009). Prevention of depression in at-risk adolescents and their parents: Reply. *Journal of the American Medical Association (JAMA)*, 302, 1167-1168.
- \*Warnick, E. M., Weersing, V. R., Scahill, L., & Woolston, J. (2009). Selecting measures for use in child mental health services: A scorecard approach. *Mental Health Services Research*, 36, 112-122.
- Weersing, V. R., \*Rozenman, M., & \*Gonzalez, A. (2009). Core components of therapy in youth: Do we know what to disseminate? *Behavior Modification*, 33, 24-47.
- Weersing, V. R., \*Gonzalez, A., Campo, J. V., & Lucas, A. N. (2008). Brief behavioral therapy for pediatric anxiety and depression: Piloting an integrated treatment approach. *Cognitive and Behavioral Practice*, 15, 126-139.
- Weersing, V. R., & Walker, P. N. (2008). Review: Cognitive-behavioural therapy for adolescents with depression. *Evidence-Based Mental Health: British Medical Journal*, 11, 76.
- \*Dirks, M. A., Treat, T. A., & Weersing, V. R. (2007). The situation specificity of youth responses to peer provocation. *Journal of Clinical Child and Adolescent Psychology*, 36, 621-628.
- \*Dirks, M. A., Treat, T. A., & Weersing, V. R. (2007). Integrating theoretical, measurement, and intervention models of social competence. *Clinical Psychology Review*, 27, 327-347.
- Weersing, V. R. (2006). Testing theory or changing the world?: Balancing the competing goals of psychotherapy research. *Clinical Psychology: Science and Practice*, 13, 342-345.
- Weersing, V. R., & Brent, D. A. (2006). Cognitive behavioral therapy for depression in youth. *Child and Adolescent Psychiatric Clinics of North America*, 15, 939-957.
- Zalsman, G., Brent, D. A., & Weersing, V. R. (2006). Depressive disorders in childhood and adolescence: An overview of epidemiology, clinical manifestation, and risk factors. *Child and Adolescent Psychiatric Clinics of North America*, 15, 827-841.
- Weersing, V. R., Iyengar, S., Birmaher, B., Kolko, D. J., & Brent, D. A. (2006). Effectiveness of cognitive-behavioral therapy for adolescent depression: A benchmarking investigation. *Behavior Therapy*, 37, 36-48. One of the top 25 most downloaded articles from Behavior Therapy in 2009.
- Weersing, V. R. (2005). Benchmarking the effectiveness of psychotherapy: Program evaluation as a component of evidence-based practice. *Journal of the American Academy of Child and Adolescent Psychiatry*, 44, 1058-1062.
- Weisz, J. R., Weersing, V. R., & Henggeler, S. W. (2005). Jousting with straw men: Comment on the Westen, Novotny, and Thompson-Brenner (2004) critique of empirically supported treatments. *Psychological Bulletin*, 131, 418-426.
- Jensen, P. S., Weersing, V. R., Hoagwood, K. E., & Goldman, E. (2005). What is the evidence for evidence-

based treatments? A hard look at our soft underbelly. *Mental Health Services*, 7, 53-74.

- Compton, S. N., March, J. S., Brent, D. A., Albano, A. M., Weersing, V. R., & Curry, J. (2004). Cognitive-behavioral psychotherapy for anxiety and depressive disorders in children and adolescents: An evidence-based medicine review. *Journal of the American Academy of Child and Adolescent Psychiatry*, 43, 930-959.
- Gaynor, S. T., Weersing, V. R., Kolko, D. J., Birmaher, B., Heo, J., & Brent, D. A. (2003). The prevalence and impact of large sudden improvements during adolescent psychotherapy for depression: A comparison across cognitive-behavioral, family, and supportive therapy. *Journal of Consulting and Clinical Psychology*, 71, 386-393.
- Weersing, V. R., & Weisz, J. R. (2002). Community clinic treatment of depressed youth: Benchmarking usual care against CBT clinical trials. *Journal of Consulting and Clinical Psychology*, 70, 299-310.
- Weersing, V. R., & Weisz, J. R. (2002). Mechanisms of action in youth psychotherapy. *Journal of Child Psychology and Psychiatry*, 43, 3-29.
- Weersing, V. R., Weisz, J. R., & Donenberg, G. R. (2002). Development of the Therapy Procedures Checklist: A therapist-report measure of technique use in child and adolescent treatment. *Journal of Clinical Child and Adolescent Psychology*, 31, 168-180.
- Southam-Gerow, M. A., Kendall, P. C., & Weersing, V. R. (2001). Examining outcome variability: Correlates of treatment response in a child and adolescent anxiety clinic. *Journal of Clinical Child Psychology*, 30, 422-436.

#### Chapters and books

- \*Gonzalez, A. & Weersing, V. R. (in press). Modes of Intervention. In B. Brown & M. Prinstein (Eds.). *Encyclopedia of Adolescence*. Oxford: Elsevier.
- \*Dirks, M. A., Treat, T. A., Weersing, V. R. (2012). Social competence. In R.J. Levesane (Ed.), *Encyclopedia of Adolescence*. New York: Springer.
- Weersing, V. R., & Brent, D. A. (2010). Treating depression in adolescents using individual CBT. In A. E. Kazdin & J. R. Weisz (Eds.), *Evidence-based psychotherapies for children and adolescents (Second edition)* (pp. 126-139). New York: Guilford Press.
- Weersing, V. R., & \*Gonzalez, A. (2009). Effectiveness of interventions for adolescent depression: Reason for hope or cause for concern? In S. Nolen-Hoeksema & L. Hilt (Eds.), *Handbook of depression in adolescents* (pp. 589-616). New York: Routledge.
- \*Gonzalez, A. & Weersing, V. R. (2009). Childhood depression: Treatment. In R. Ingram (Ed.), *International Encyclopedia of Depression* (pp. 125-129). New York: Springer.
- Brent, D. A., & Weersing, V. R. (2008). Depressive disorders in childhood and adolescence. In M. Rutter, D. Bishop, S. Scott, J. Stevenson, E. Taylor, & A. Thapar (Eds.), *Rutter's Child and adolescent psychiatry: Fifth edition* (pp. 587-613). Oxford: Blackwell.
- Weersing, V. R. (2007). Effectiveness of psychotherapy in the "real world": The case of youth depression. In L. Mayes, P. Fonagy, & M. Target (Eds.), *Developmental science and psychoanalysis: Integration and innovation* (pp. 225-245). London, England: Karnac Books.
- Brent, D. A., & Weersing, V. R. (2007). Depressive disorders. In A. Martin & F. R. Volkmar (Eds.), *Lewis's child and adolescent psychiatry: A comprehensive textbook, fourth edition* (pp.503-513). Baltimore, MD: Lippincott, Williams, & Wilkins.
- Weersing, V. R., & Dirks, M. A. (2007). Psychotherapy for children and adolescents: A critical overview. In A. Martin & F. R. Volkmar (Eds.), *Lewis's child and adolescent psychiatry: A comprehensive textbook, fourth edition* (pp.789-796). Baltimore, MD: Lippincott, Williams, & Wilkins.
- Weersing, V. R., & Brent, D. A. (2005). Psychotherapy for depression in children and adolescents. In D. J.

- Stein, D. J. Kupfer, & A. F. Schatzberg (Eds.), *The American Psychiatric Publishing textbook of mood disorders* (pp. 421-436). Arlington, VA: American Psychiatric Publishing.
- Treat, T. A., & Weersing, V. R. (2005). Use of statistics in clinical psychology. In *Encyclopedia of statistics in behavioral science: Volume 1* (pp. 290-301). Chichester, England: Wiley.
- Weersing, V. R., & Brent, D. A. (2004). Psychological therapies: A family of interventions. In P. J. Graham (Ed.), *Cognitive behaviour therapy for children and families: Second edition* (pp. 48-63). London: Cambridge University Press.
- Weersing, V. R., & Brent, D. A. (2003). Cognitive-behavioral therapy for adolescent depression: Comparative efficacy, mediation, moderation, and effectiveness. In A. E. Kazdin & J. R. Weisz (Eds.), *Evidence-based psychotherapies for children and adolescents* (pp. 135-147). New York: Guilford Press.
- Brent, D. A., Gaynor, S. T., & Weersing, V. R. (2002). Cognitive-behavioral approaches to the treatment of depression and anxiety. In M. Rutter & E. Taylor (Eds.), *Child and adolescent psychiatry: Modern approaches* (pp. 921-937). London: Blackwell Scientific.
- Weisz, J. R., & Weersing, V. R. (1999). Psychotherapy with children and adolescents: Efficacy, effectiveness, and developmental concerns. In D. Cicchetti & S. L. Toth (Eds.), *Rochester symposium on developmental psychopathology: Vol. 9. Developmental approaches to prevention and intervention* (pp. 341-386). Rochester, NY: University of Rochester Press.
- Weisz, J. R., & Weersing, V. R. (1999). Developmental outcome research. In W. K. Silverman & T. H. Ollendick (Eds.), *Developmental issues in the clinical treatment of children and adolescents* (pp. 457-469). Needham Heights, MA: Allyn and Bacon.
- Weisz, J. R., Huey, S. M., & Weersing, V. R. (1998). Psychotherapy outcome research with children and adolescents: The state of the art. In T. H. Ollendick & R. J. Prinz (Eds.), *Advances in clinical child psychology: Vol. 20*. (pp. 49-92). New York: Plenum Publishing Corp.

#### Manuscripts in preparation and under review

- \*Rozenman, M. S., Weersing, V. R., \*Warnick, E. M., Woolston, J., & Scahill, L. (2012). Latent profile analysis of internalizing symptoms within a community sample of externalizing youth. *Manuscript in preparation*.
- Weersing, V. R., Shamseddeen, W., Garber, J., Brent, D. A., Clarke, G. N., Beardslee, W. R., Gladstone, T. R. G., Debar, L. L., Lynch, F. L., D'Angelo, E., Hollon, S. D., & Iyengar, S. (2012). Prevention of depression in at-risk adolescents: Predictors and moderators of acute effects. *Manuscript in preparation*.

#### Treatment manuals and research instruments (\*Denotes current or former student)

- Weersing, V. R., \*Gonzalez, A., & \*Rozenman, M. S. (2010). *Treating anxiety and depression in youth: Therapist manual and youth workbook*. Unpublished manuscript. San Diego, CA: San Diego State University.
- Weersing, V. R., Campo, J. V., Maher-Bridge, M., Lucas, A., & Dombrowski, C. (2007). *Brief cognitive-behavioral therapy for functional abdominal pain and anxiety (BCBT-FAPA)*. San Diego, CA: San Diego State University.
- Weersing, V. R., & Findley, D. B. (2005). *Treating anxiety and depression in youth: Therapist manual and youth workbook*. New Haven, CT: Yale University.
- Weersing, V. R., & Findley, D. B. (2005). *Brief cognitive-behavioral therapy for anxiety (BCBT-A): Treating children and adolescents in primary care*. New Haven, CT: Yale University.
- Weersing, V. R. (2004). *Brief cognitive-behavioral therapy for depression (BCBT-D): Treating adolescents in primary care*. New Haven, CT: Yale University.
- \*Dirks, M. A., Treat, T. A., & Weersing, V. R. (2004). *Descriptive coding manual for youth responses to peer-*

*provocation vignettes*. New Haven, CT: Yale University.

Weersing, V. R., Weisz, J. R., & Donenberg, G. R. (2000). *Therapy Procedures Checklist: Family Items, Revised (TPC-FR)*. Los Angeles: University of California.

Weisz, J. R., Weersing, V. R., & Donenberg, G. R. (2000). *Therapy Procedures Checklist*. Los Angeles: University of California.

Weisz, J. R., Weersing, V. R., Valeri, S. M., & McCarty, C.A. (1997). *Therapist's Manual PASCET: Primary and secondary control enhancement training program*. Los Angeles: University of California.

Weisz, J. R., Weersing, V. R., Valeri, S. M., & McCarty, C.A. (1997). *Act & Think: Youth Practice Book for PASCET*. Los Angeles: University of California.

Weisz, J. R., Moore, P. S., Southam-Gerow, M., Weersing, V. R., Valeri, S. M., & McCarty, C.A. (1999). *Therapist's Manual PASCET: Primary and secondary control enhancement training program* (2nd ed.). Los Angeles: University of California.

Weisz, J. R., Moore, P. S., Southam-Gerow, M., Weersing, V. R., Valeri, S. M., & McCarty, C.A. (1999). *Act & Think: Youth Practice Book for PASCET*. (2nd ed.). Los Angeles: University of California.

### **Presentations, Lectures, and Courses:**

Peer-reviewed presentations (\*Denotes current or former student)

\*Gonzalez, A., \*Bettis, A., & Weersing, V. R. (2013, April). *Cross-ethnic examination of parenting behaviors in clinically anxious mothers and their relation to youth internalizing symptoms*. Poster to be presented at the 33<sup>rd</sup> Annual Conference of the Anxiety and Depression Association of America (ADAA), La Jolla, CA. Winner of the 2013 ADAA Career Development Travel Award.

Weersing, V. (2012, November). *Developing and testing innovative cognitive modification interventions for youth*. Chaired symposium presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, National Harbor, MD.

\*Rozenman, M., \*Dirks, M., Amir, N., & Weersing, V. R. (2012, November). Cognitive Bias Modification interventions for anxious youths. In V. Weersing (Chair), *Developing and testing innovative cognitive modification interventions for youth*. Paper presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, National Harbor, MD.

\*Jeffreys, M., \*Rozenman, M., & Weersing, V. R. (2012, November). Fidelity to transdiagnostic treatment of anxiety and depression in youths. In K. Herzig (Chair), *Getting effective treatments to youth: Fidelity and technology in the dissemination of CBT*. Paper presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, National Harbor, Maryland.

\*Bettis, A., \*Rozenman, M., Weersing, V., \*Warnick, E., Dauser, C., Scahill, L., & Woolston, J. (2012, November). *Patterns of service utilization in a youth outpatient mental health clinic*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, National Harbor, MD.

Gaudiano, B., Miller, I., Deacon, B. J., Goldfried, M., Hayes, S., Lilienfeld, S., & Weersing, V. (2012, November). *The future of empirically supported psychological treatments: Facing the challenges ahead*. Panel presentation at the annual meeting of the Association for Behavioral and Cognitive Therapies, National Harbor, MD.

\*Do, M., \*Warnick, E., Weersing, V., & Weisz, J. R. (2012, November). *Examination of the psychometric properties of the Therapy Procedures Checklist – Family Revised*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, National Harbor, MD.

\*Jeffreys, M. C., \*Rozenman, M., \*Gonzalez, A., Weersing, V., \*Warnick, E., Dauser, C., Scahill, L., & Woolston, J. (2012, November). *Subscales of the Mood and Feelings Questionnaire in an outpatient mental health sample*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, National Harbor, MD.



- Lynch, F. L., Dickerson, J., Clarke, G., Beardslee, W., Weersing, V. R., Gladstone, T., Porta, G., Brent, D. A., Debar, L., & Garber, J. (2012, October). Long-term incremental cost-effectiveness of preventing depression in at-risk adolescents. In J. Garber (chair), *Prevention of depression in at-risk youth: Long-term outcomes*. Paper presented at the annual meeting of the American Academy of Child & Adolescent Psychiatry, San Francisco, CA.
- Beardslee, W., Brent, D. A., Weersing, V. R., Clarke, G., Porta, G., Gladstone, T., Hollon, S., Gallop, R., Lynch, F. L., Debar, L., & Garber, J. (2012, October). Prevention of depression in at risk youth: Long term outcomes. In J. Garber (Chair), *Prevention of depression in at risk youth: Long term outcomes*. Symposium presented at the annual meeting of the American Academy of Child & Adolescent Psychiatry, San Francisco, CA.
- \*Rozenman, M., \*Bettis, A., & Weersing, V. R. (2012, April). Disseminating cognitive-behavioral interventions for youths in primary care: Development of an integrated treatment for anxiety and depression. In R. Weisberg (Chair), *Dissemination and implementation of cognitive behavioral therapy, across the lifespan, in primary care*. Symposium presented at the annual meeting of the Anxiety Disorders Association of America, Washington, D.C.
- \*Rozenman, M., \*Bettis, A., Weersing, V. R., & Amir, N. (2011, November). *Changes in performance-based interpretation biases and negative self-statements following attention bias modification in clinically anxious youths*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Toronto, Canada.
- \*Jeffreys, M., Warnick, E., Gonzalez, A., Dauser, C., Woolston, J., & Weersing, V.R. (2011, November). *Family functioning and attrition from treatment in an outpatient mental health clinic sample*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Toronto, Canada.
- \*Jeffreys, M., Rozenman, M., Gonzalez, A., Weersing, V.R., Dauser, C., Scahill, L., & Woolston, J. (2011, April). *Factor structure of the Mood and Feelings Questionnaire in an outpatient mental health sample*. Poster presented at the annual meeting of the Western Psychological Association, Los Angeles, California.
- \*Rozenman, M., \*Bettis, A., Goldberg, L., Amir, N., & Weersing, V. R. (2011, April). *Psychometric properties of a performance-based measure of interpretation bias in youths*. Poster presented at the annual meeting of the Western Psychological Association, Los Angeles, California.
- \*Bettis, A., \*Rozenman, M., \*Gonzalez, A., \*Roberts, A. L., Weersing, V. R., \*Warnick, E. M., Scahill, L. D., & Woolston, J. L. (2010, November). *Screening for youth anxiety: Agreement between the 5- and 41-item child and parent SCARED*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, San Francisco, California.
- \*Gonzalez, A., \*Rozenman, M., & Weersing, V. R. (2010, November). *Are youth perceptions of maternal behavior related to youth and/or maternal anxiety?*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, San Francisco, California.
- \*Rozenman, M., \*Gonzalez, A., Weersing, V. R., \*Warnick, E. M., Scahill, L., & Woolston, J. (2010, November). *Deriving subscales on the parent-report Mood and Feelings Questionnaire in an outpatient mental health clinic sample*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, San Francisco, California.
- \*Warnick, E. M., Dauser, C., Weersing, V. R., Scahill, L., & Woolsten, J. (2010, November). *Treatment expectations versus reality: Impact on participation*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, San Francisco, California.
- \*Warnick, E. M., Bannon, W. M., Bearss, K., Weersing, V. R., Scahill, L., Woolsten, J., Wheat, E. J., McLeod, B., Corona, R., O'Connor, M., Christon, L. M., Mann, V., Canada, E., Yasuli, M., Wakschlag, L., & Tolan, P. (2010, November). *Building a strong foundation: Engaging families in outpatient psychotherapy*. Symposium presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, San

Francisco, California.

- Weersing, V. R. (2010, November). Discussant. In Judy Garber, *Treatments for depression in children and adolescents: What are the developmental prerequisites for skills acquisition and implementation?* Symposium conducted at the annual meeting of the Association for Behavioral and Cognitive Therapies, San Francisco, California.
- Weersing, V. R., & \*Gonzalez, A. (2010, June). Development of an integrated behavioral treatment for anxiety and depression in youth in the primary care setting. In J. Ehrenreich (Chair), *Efficacy and mediators of transdiagnostic approaches to youth anxiety and depression*. Paper presented at the biennial meeting of the World Congress of Behavioral and Cognitive Therapies, Boston, Massachusetts.
- \*Rozenman, M., Weersing, V. R., & Amir, N. (2010, June). Effects of a youth anxiety attention modification program: reductions in biased cognition and internalizing symptoms. In E. Salemink (Chair), *Modification of cognitive biases in anxious youth: Change in attention, interpretation, behavior, and anxiety*. Paper presented at the biennial meeting of the World Congress of Behavioral and Cognitive Therapies, Boston, Massachusetts.
- \*Rozenman, M., Weersing, V. R., & Amir, N. (2010, April). *Performance-based cognitive assessment in anxious youths: Attention and interpretation*. Poster presented at the annual meeting of the Western Psychological Association, Cancun, Mexico.
- \*Meillon, J. A., \*Rozenman, M., \*Gonzalez, A., \*Warnick, E. M., Weersing, V. R., Scahill, L. D., & Woolston, J. L. (2010, April). *Associations between caregiver-reported strain and youth clinical characteristics*. Poster presented at the annual meeting of the Western Psychological Association, Cancun, Mexico.
- \*Dirks, M. A., Treat, T. A., & Weersing, V. R. (2010, March). Youth responses to peer provocation: Links to symptoms of anxiety and depression. In K. S. Flanagan (Chair), *Individual characteristics that impact strategies for coping with peer victimization*. Symposium presented at the biennial meeting of the Society for Research on Adolescence, Philadelphia, Pennsylvania.
- Weersing, V. R., \*Rozenman, M., & Amir, N. (2009, November). Cognitive mechanisms of change in youth anxiety treatment: Re-thinking the C in CBT. In B. Chu (Chair), *Current evidence for treatment mechanisms for internalizing problems in youth and young adults*. Symposium presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, New York, New York.
- \*Gonzalez, A., Weersing, V. R., \*Warnick, E. M., \*Walker, P. N., Woolston, J., Scahill, L., & Findley, D. (2009, November). *Cultural equivalence of the English- and Spanish-language SCARED for Latino youth*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, New York, New York.
- \*McGuire, J. F., Anderson, E. R., Findley, D., Warnick, E. M., Pachler, M., Weersing, V. R., & Scahill, L. (2009, November). *The application of CBT in pediatric primary care*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, New York, New York.
- \*Rozenman, M. S., Weersing, V. R., & Amir, N. (2009, November). *An initial investigation of interpretation bias in anxious youths*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, New York, New York. Winner of the 2009 Child and Adolescent Anxiety Special Interest Group (SIG) Poster Award.
- \*Rozenman, M., S., \*Gonzalez, A., Weersing, V. R., Scahill, L., Findley, D., & Woolston, J. (2009, November). *Using latent profiles to predict service use within a community sample of externalizing youth*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, New York, New York.
- \*Warnick, E., M., Findley, D., Weersing, V. R., Scahill, L., & Woolston, J. (2009, November). *Creating a focus of treatment in a community child guidance clinic*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, New York, New York.
- \*Warnick, E., M., Weersing, V. R., Findley, D., Scahill, L., & Woolston, J. (2009, November). *Diagnostic*

*disagreement and attrition in a community child guidance clinic.* Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, New York, New York.

- \*Warnick, E., M., Balestracci, K.M., Findley, D., Weersing, V. R., Adnopo, J., Scahill, L., Berkowitz, S., & Woolston, J. (2009, November). *Who receives community mental health services?: Comparing an in-home and an outpatient treatment program.* Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, New York, New York.
- Weersing, V. R., Garber, J., Bearsdslee, W., Clarke, G., Brent, D. A., Gladstone, T., DeBar, L., Lynch, F. L., Shamsedden, W., & Iyengar, S. (2009, October). The prevention of depression study: Predictors and moderators of acute effects. In G. Emslie (Chair), *Recent advances in therapy for depression.* Symposium presented at the annual meeting of the American Academy of Child and Adolescent Psychiatry, Honolulu, Hawaii.
- Weersing, V. R. (2009, October). Integrated treatment of anxiety and depression in youth: Defining key components of CBT. In E. Szegedy (Chair), *Innovative Applications of Cognitive Behavioral Therapy in Pediatric Populations.* Symposium presented at the annual meeting of the American Academy of Child and Adolescent Psychiatry, Honolulu, Hawaii.
- Weersing, V. R., Garber, J., Bearsdslee, W., Clarke, G., Brent, D. A., Gladstone, T., DeBar, L., Lynch, F. L., Shamsedden, W., & Iyengar, S. (2009, June). The prevention of depression study: Moderators of acute effects. In F. Gardner (Chair), *Moderators of intervention and prevention effects on youth mood and problem behaviors.* Symposium presented at the annual meeting of the International Society for Research in Child and Adolescent Psychopathology, Seattle, Washington.
- Weersing, V. R., Garber, J., Clarke, G., Brent, D. A., Bearsdslee, W. R., Gladstone, T., DeBar, L., Hollon, S. D., & D'Angelo, E. (2009, April). Prevention of depression in at-risk adolescents: A randomized controlled trial. In J. Garber and B. Compas (Chairs), *Prevention of depression in youth: Importance of the family context.* Symposium presented at the biennial meeting of the Society for Research in Child Development, Denver, Colorado.
- Weersing, V. R., Campo, J. V., & Brent, D. A. (2009, April). Brief cognitive-behavioral therapy for pediatric anxiety and depression in primary care. In P. Morris (Chair), *Intervening in youth mental health: Results of three randomized trials at differing levels of the youth's ecology.* Symposium presented at the biennial meeting of the Society for Research in Child Development, Denver, Colorado.
- \*Dirks, M. A., Treat, T. A., & Weersing, V. R. (2009, April). Youth responses to peer provocation: Peer and teacher judgments of effectiveness. In J. A. Hubbard (Chair), *Children's competent responding to peer provocation.* Symposium presented at the biennial meeting of the Society for Research in Child Development, Denver, Colorado.
- \*Rozenman, M., \*Skinner, L., Thompson, K., Weersing, V. R., & Amir, N. (2009, March). *Feasibility and effects of a computerized attention training program on youth anxiety.* Poster presented at the annual meeting of the Anxiety Disorders Association of America, Santa Ana Pueblo, New Mexico.
- Weersing, V. R., Campo, J. V., & Brent, D. A. (2008, November). Brief behavioral therapy for pediatric anxiety and depression: Results of a pilot randomized trial. In V. R. Weersing (Chair), *Treatment of anxiety and depression in pediatric primary care: From patient preferences to pilot trials.* Symposium presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Orlando, Florida.
- \*Bearss, K., Scahill, L., Woolston, J., Findley, D., \*Warnick, E. M., & Weersing, V. R. (2008, November). A case study of disseminating parent training into a community mental health center. In L. Osterberg (Chair), *Implementation of ESTs in clinical service settings: What do services look like following dissemination efforts?* Symposium presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Orlando, Florida.
- \*Gonzalez, A., Weersing, V. R., \*Walker, P. N., Findley, D., Scahill, L., & Woolston, J. (2008, November). *Assessing the cultural equivalence of the SCARED using multiple group analysis.* Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Orlando, Florida.

- \*Halstead, E. A., \*Warnick, E. M., Weersing, V. R., Findley, D., Scahill, L., & Woolston, J. (2008, November). *Diagnostic concordance of structured and unstructured assessment of youth psychopathology*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Orlando, Florida.
- \*Hemel, E. A., Weersing, V. R., \*Gonzalez, A., Findley, D., Scahill, L., & Woolston, J. (2008, November). *An exploratory study of somatic symptoms among youth in a community clinic sample*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Orlando, Florida.
- \*Homer, K., Weersing, V. R., \*Warnick, E. M., Findley, D., Scahill, L., & Woolston, J. (2008, November). *Parent-youth agreement on depression symptoms in a community outpatient treatment sample*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Orlando, Florida.
- \*Rozenman, M., Weersing, V. R., Findley, D., Scahill, L., & Woolston, J. (2008, November). *Internalizing comorbidity within a community clinic sample of externalizing youth*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Orlando, Florida.
- \*Walker, P., Weersing, V. R., \*Warnick, E. M., Findley, D., Scahill, L., & Woolston, J. (2008, November). *Predictors of youth therapist technique use in community care*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Orlando, Florida.
- Garber, J., Gladstone, T. R. G., Weersing, V. R., Clarke, G., Brent, D. A., Beardslee, W. R., Hollon, S. D., Debar, L., & D'Angelo, E. (2008, May). *The prevention of depression in at-risk adolescents: Rationale, design, & preliminary results*. Presented at the annual meeting of the Society for Prevention Research, San Francisco.
- Weersing, V. R., Garber, J., Gladstone, T. R. G., Brent, D. A., Beardslee, W. R., Clarke, G., Debar, L., D'Angelo, E., & Hollon, S.D. (2008, May). *The prevention of depression in at-risk adolescents: Moderators of outcome at 8 months*. Presented at the annual meeting of the Society for Prevention Research, San Francisco.
- \*Walker, P., \*Gonzalez, A., \*Rozenman, M., Weersing, V. R., \*Warnick, E. M., & Woolston, J., & Scahill, L. (2008, April). *Parent referral reasons and diagnostic interview in community mental health: Do they match?* Poster presented at the annual meeting of the Western Psychological Association, Irvine, California.
- \*Dirks, M. A., Treat, T. A., & Weersing, V. R. (2008, May). *Youth judgments of the effectiveness of social strategies: Links to internalizing symptoms*. Poster presented at the annual meeting of the Association for Psychological Science, Chicago, Illinois.
- \*Dirks, M.A., Treat, T.A., & Weersing, V.R. (2008, March). *The latent structure of youth responses to provocation: Links to symptoms of anxiety*. Poster presented at the biennial meeting of the Society for Research on Adolescence, Chicago, IL.
- Weersing, V. R., Garber, J., Clarke, G., Brent, D. A., Beardslee, W., Gladstone, T. Debar, L., D'Angelo, E., & Hollon, S. (2007, November). The Prevention of Depression (POD) study: Adolescent outcome at immediate follow-up. In J. Garber (Chair), *Prevention of psychopathology in at-risk youth*. Symposium conducted at the annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, Pennsylvania.
- Weersing, V. R. (2007, November). Discussant. In R. Jarrett and J. Garber (Chairs), *Preventing mood and anxiety disorders across the lifespan*. Symposium conducted at the annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, Pennsylvania.
- Weersing, V. R. (2007, November). Roundtable participant. In R. Friedberg (Chair), *Case conceptualization: A lost science and art in CBT with children?* Clinical roundtable conducted at the annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, Pennsylvania.
- \*Gonzalez, A., Weersing, V. R., \*Warnick, E. M., \*Walker, P. N., Woolston, J., & Scahill, L. (2007,

- November). *Predictors of treatment attrition among a community sample of anxious youth*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, Pennsylvania.
- \*Walker, P. N., Weersing, V. R., \*Warnick, E. M., \*Gonzalez, A., Woolston, J., & Scahill, L. (2007, November). *Understanding mental health service utilization in low symptom youth*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, Pennsylvania.
- \*Warnick, E. M., \*Gonzalez, A., Weersing, V. R., Scahill, L., & Woolston, J. (2007, November). *Time to dropout: Attrition in a community child guidance clinic*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, Pennsylvania.
- Weersing, V. R., Brent, D., Garber, J., Clarke, G., Beardslee, W., Gladstone, T. Debar, L., D'Angelo, E., & Hollon, S. (2007, October). Prevention of depression in at-risk adolescents: Outcomes at eight months. In J. Garber (Chair), *Preventing depression in at-risk adolescents: Rationale, design, and preliminary outcomes*. Symposium conducted at the annual meeting of the American Academy of Child and Adolescent Psychiatry, Boston, Massachusetts.
- Weersing, V. R. (2007, October). Mechanisms of action in CBT: Do we know what matters? In R. Friedberg (Chair), *Discovery, delivery, and dilemmas: A 3-D look at CBT*. Clinical perspectives panel conducted at the annual meeting of the American Academy of Child and Adolescent Psychiatry, Boston, Massachusetts.
- \*Dirks, M. A., Treat, T. A., & Weersing, V. R. (2007, May). *The relative salience of aggressive strategies in youth responses to peer provocation*. Poster presented at the annual meeting of the Association for Psychological Science, Washington, D.C.
- Gladstone, T. R. G., Beardslee, W., Battista, D. R., Garber, J., Brent, D. A., Clarke, G., Weersing, V. R., D'Angelo, E., & DeBar, L. (2007, March). Sibling relationships among offspring of depressed parents. In J. Garber (Chair), *Depression in parents and adjustment in their offspring: What is it about the family?* Symposium conducted at the annual meeting of the Society for Research in Child Development, Boston, Massachusetts.
- \*Dirks, M. A., Treat, T. A., & Weersing, V. R. (2007, March). *The relative salience of aggression in youth responses to peer provocation*. Poster presented at the annual meeting of the Society for Research in Child Development, Boston, Massachusetts.
- Weersing, V. R. (2006, November). Conflicting answers to fuzzy questions: Evidence on the effectiveness of interventions for depression in youth. In J. Persons (Chair), *Bridging the gap between science and practice: From research lab to clinical practice – and from clinical practice to research lab*. Symposium conducted at the annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, Illinois.
- Weersing, V. R. (2006, November). Roundtable participant. In R. Friedberg (Chair), *Developing blueprints for disseminating effective treatments to the community: Moving beyond hammers and nails*. Clinical roundtable conducted at the annual meeting of the Association for Cognitive and Behavioral Therapies, Chicago, Illinois.
- Weersing, V. R. (2006, November). Discussant. In L. Brookman-Frazee (Chair), *Integrating evidence-based practice and practice-based evidence in community services*. Symposium conducted at the annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, Illinois.
- \*Dirks, M. A., Treat, T. A., & Weersing, V. R. (2006, November). *The relative salience of aggression in youth responses to peer provocation*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, Illinois.
- \*Warnick, E., Weersing, V. R., Scahill, L., Armbruster, P., & Woolston, J. (2006, November). *Efficiency of symptom scales in the assessment of youth psychopathology*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, Illinois.
- Weersing, V. R. (2006, October). Core processes in psychotherapy for youth. In R. Friedberg (Chair), *From protocols to practice: Helping child psychiatrists apply cognitive behavioral therapy in challenging clinical*

*contexts*. Clinical perspectives panel conducted at the annual meeting of the American Academy of Child and Adolescent Psychiatry, San Diego, California.

- Weersing, V. R. (2006, May). Effectiveness of CBT for adolescent depression: Results of two benchmarking investigations. In C. Mueller (Chair), *Bringing psychological science to everyday children's mental health practice: Models and evidence*. Symposium conducted at the annual meeting of the Association for Psychological Science, New York, New York.
- Weersing, V. R. (2006, May). Discussant. In A. De Los Reyes (Chair), *A new look at the evidence (and non-evidence) for evidence-based interventions*. Symposium conducted at the annual meeting of the Association for Psychological Science, New York, New York.
- \*Dirks, M. A., Treat, T. A., & Weersing, V. R. (2006, May). *Situation- and judge-factors in youth social functioning: The case of peer provocation*. Poster presented at the annual meeting of the Association for Psychological Science, New York, New York. Winner of the 2006 Society for a Science of Clinical Psychology Student Poster Award.
- \*Dirks, M. A., Treat, T. A., & Weersing, V. R. (2005, March). *The relative salience of verbal aggression in youth responses to peer provocation: A judge-specific analysis*. Poster presented at the biennial meeting of the Society for Research on Adolescence, San Francisco, California.
- Weersing, V. R. (2005, November). Searching for core components of youth psychotherapy: Do we know what matters? In A. Jensen Doss (Chair), *Moving toward dissemination: An assessment of the youth therapy evidence base*. Symposium conducted at the annual meeting of the Association for the Advancement of Behavior Therapy, Washington, D.C.
- Weersing, V. R., & Hamilton, J. D. (2004, October). *Benchmarking: Methods for evaluating outcome in real world clinical care*. Workshop conducted at the annual meeting of the American Academy of Child and Adolescent Psychiatry, Washington, D.C.
- \*Dirks, M. A., Treat, T. A., & Weersing, V. R. (2004, March). *Demographic factors associated with youth management of peer provocation: A situation- and judge-specific analysis*. Poster presented at the biennial meeting of the Society for Research in Child Development, Atlanta, Georgia.
- \*Dirks, M. A., Treat, T. A., Weersing, V. R., & Prinstein, M. J. (2004, March). *Children's responses to peer provocation: A situation- and judge-specific analysis*. Poster presented at the annual meeting of the Society for Research on Adolescence, Atlanta, Georgia.
- Weersing, V. R. (2003, November). Effectiveness of CBT for adolescent depression: Success and failure in the real world. In B. Baumann (Chair), *Community dissemination of efficacious child treatments: Transportability, training, and clinical application*. Symposium conducted at the annual meeting of the Association for the Advancement of Behavior Therapy, Boston, Massachusetts.
- Carter, A. S., Briggs-Gowan, M. J., Weersing, V. R., Jones, S. M., & Horwitz, S. M. (2003, November). Continuities and discontinuities in early anxiety: Do parental ratings of infant/toddler internalizing and regulatory problems predict anxiety disorders in kindergarten? In D. Hirshfeld-Baker (Chair), *From vulnerability to early intervention: New research on childhood anxiety*. Symposium conducted at the annual meeting of the Association for the Advancement of Behavior Therapy, Boston, Massachusetts.
- Weersing, V. R. (2003, October). Cognitive-behavioral therapy for youth depression: Efficacy and effectiveness. In J. Hamilton (Chair), *Evidence-based medicine and child psychiatry: Can they get along?* Symposium conducted at the annual meeting of the American Academy of Child and Adolescent Psychiatry, Miami, Florida.
- Weersing, V. R., Weisz, J. R., & Brent, D. A. (2002, April). *Treatment of youth depression: Benchmarking community TAU and open-clinic CBT against clinical trials*. Paper presented at the biennial meeting of the International Mental Health Services Research Conference, co-sponsored by the National Institute of Mental Health, Washington, D.C.
- Weersing, V. R., & Weisz, J. R. (2000, August). Treatment of childhood depression and anxiety in practice

settings. In F. A. Ghinassi (Chair), *Psychologist as architect: Policy planner, effectiveness researcher, treatment developer*. Symposium conducted at the annual meeting of the American Psychological Association, Washington, D.C.

Southam-Gerow, M. A., Kendall, P. C., & Weersing, V. R. (1998, October). *Why treatment fails: Factors associated with poor outcomes in a child anxiety clinic*. Poster session presented at the Kansas Conference on Clinical Child Psychology, Lawrence, Kansas.

Weersing, V. R., Donenberg, G. R., & Weisz, J. R. (1996, August). *Development and validation of the Therapy Process Checklist*. Poster session presented at the annual meeting of the American Psychological Association, Toronto, Canada.

#### Invited presentations

Weersing, V. R. (2012, October). Testing theory or changing the world? Balancing the competing goals of psychotherapy research. In E. Foa (Chair), *Incorporating use-inspired basic research into research on effectiveness and implementation*. Symposium presented at the NIH Science of Behavior Change Pasteur's Quadrant meeting, Washington, D.C.

Weersing, V. R., Gutierrez, C., & \*Bettis, A. (2012, March). *Teaching stress reduction and relaxation to at-risk children and families*. Workshop conducted at the annual meeting of the American Association of Directors of Psychiatric Residency Training, San Diego, California.

Weersing, V. R. (2009, October). Reappraising CBT for adolescent depression. In D. Shaffer, D. A. Brent, & N. Ryan (Chairs), *Investigating the effects of psychotherapy on children and adolescents: Learning from the past, moving forward*. Invited plenary session conducted at the Research Forum of the annual meeting of the American Academy of Child and Adolescent Psychiatry, Honolulu, Hawaii.

Weersing, V. R. (2008, November). *Integrated treatment of anxiety and depression in youth*. In J. Ehrenreich, (Chair), *New Directions in Child Anxiety and Adolescent Research*. Pre-conference sponsored by the Child Anxiety Special Interest Group at the annual meeting of the Association for Behavioral and Cognitive Therapies, Orlando, Florida.

Weersing, V. R. (2007, September). *Brief behavioral therapy for pediatric internalizing disorders: Results from a pilot randomized trial*. Paper presented at the Child Depression Consortium Meeting, sponsored by the Division of Pediatric Translational Research and Treatment Development, National Institute of Health and the Department of Psychiatry, University of Pittsburgh, Pittsburgh, Pennsylvania.

Weersing, V. R., & Gaynor, S. T. (2007, August). Mechanisms of action in youth depression treatment. In J. Sherrill and V. R. Weersing (Chairs), *Treatment of youth depression: Early gains and change mechanisms*. Symposium conducted at the annual meeting of the American Psychological Association, San Francisco, California.

Weersing, V. R. (2006, June). *Developing an integrated CBT program for depression, anxiety, or their combination*. Invited presentation, Mental Health Interventions Services Research Consortium for Children and Youth, Mount Sinai School of Medicine, New York, New York.

Weersing, V. R. (2006, March). *Improving the quality of care for mood and anxiety disorders in youth*. Series of talks presented as a Visiting Scholar to the "Family Context Interventions Research Training Program" (T32-MH070329), Department of Psychology and Human Development, Vanderbilt University, Nashville, Tennessee.

Weersing, V. R. (2006, February). *Understanding mechanisms of psychotherapy*. In J. Sherrill (Chair), *How does treatment work?* Symposium conducted at "Benefits, limitations, and emerging research needs in treating youth with depression," NIMH mini-conference on treatment research in child and adolescent depression, National Institute of Mental Health, Washington, D.C.

Weersing, V. R. (2005, September). *Brief CBT for pediatric internalizing disorders*. Paper presented at the Child Depression Consortium Meeting, sponsored by the Division of Pediatric Translational Research and

Treatment Development, National Institute of Health and the Department of Psychiatry, University of Pittsburgh, Pittsburgh, Pennsylvania.

- Weersing, V. R. (2005, August). Identifying core components in psychotherapy for youth: The case of adolescent depression. In S. Shirk (Chair), *Uncovering mechanisms of action in youth therapy*. Presidential symposium, Division 53, Society of Clinical Child and Adolescent Psychology, conducted at the annual meeting of the American Psychological Association, Washington, D.C.
- Weersing, V. R. (2005, April). *Psychosocial treatment of depression in youth: Efficacy, effectiveness, and the “problem” of generalizability*. Invited presentation, Advanced Center for Interventions and Services Research for Early-Onset Mood and Anxiety Disorders, University of Pittsburgh, Pennsylvania.
- Weersing, V. R. (2004, October). Psychotherapy manual: Tool for many tasks. In D. Shaffer (Chair), *Issues in the conduct and interpretation of studies of adolescent depression*. Invited plenary session conducted at the annual meeting of the American Academy of Child and Adolescent Psychiatry, Washington, D.C.
- Weersing, V. R. (2004, June). *Developing and disseminating psychosocial interventions for internalizing disorders in youth*. Invited presentation, Mental Health Interventions Services Research Consortium for Children and Youth, Center for the Advancement of Children’s Mental Health, Columbia University, New York, New York.
- Weersing, V. R. (2002, October). *Measuring outcomes in the real world: The case of youth depression*. Workshop presented at the annual meeting of the American Association for Marriage and Family Therapy, Cincinnati, Ohio.
- Weersing, V. R. (2002, March). *Bridging the lab between lab and clinic: Treatment of youth depression in clinical trials, specialty care, and community mental health*. Invited presentation, Advanced Center for Interventions and Services Research for Early-Onset Mood and Anxiety Disorders, University of Pittsburgh, Pennsylvania.
- Weersing, V. R. (2000, May). *Anxiety disorders in youth: Developmental considerations in assessment and intervention*. Invited lecture, Diagnostic Evaluation Center, Western Psychiatric Institute and Clinic, Pittsburgh, Pennsylvania.
- Weersing, V. R. (2000, April). *Cognitive-behavioral therapy for youth: From theory to data to practice*. Invited in-service, Center for Problem Eating, Western Psychiatric Institute and Clinic, Pittsburgh, Pennsylvania.

Departmental colloquia, grand rounds, and brown bags

*Child and Adolescent Services Research Center (UCSD)*  
*New York University*  
*State University of New York at Stony Brook*  
*Temple University*  
*University of Alabama*  
*University of British Columbia*  
*University of California, Berkeley*  
*University of North Carolina, Chapel Hill*  
*University of Maryland, College Park*  
*University of Pittsburgh School of Medicine*  
*Yale University*

Classroom teaching

*Psychology 852: Research Methods in Experimental Psychopathology*  
Professor, SDSU/UCSD Joint Doctoral Program

2006-present

Advanced seminar for graduate students in clinical psychology, experimental psychopathology track.  
Created syllabus and all course materials. Lectured, led discussions, and evaluated student progress.  
Mentored students in the production of individual research grant applications (major course assignment).



Mean overall teaching evaluations of 4.8, 4.8, and 4.3 on a five-point scale.

- Psychology 333: Developmental Psychopathology* 2007-present  
 Professor, San Diego State University, Psychology Department  
 Upper division course for psychology majors. Created syllabus and all course materials. Lectured, led discussions, and evaluated student progress. Mean overall teaching evaluation of 4.3, 4.4, 4.6, and 4.5 on a five-point scale.
- Psychology 177: Counseling Relationships* 1998-1999  
 Section Leader, University of California, Los Angeles  
 Upper division seminar for psychology majors. Taught three sections on the theory and practice of psychotherapy. Led discussions, conducted role-plays, prepared lectures, evaluated student progress. Mean overall teaching evaluations of 8.7, 8.8, and 8.7 on a nine-point scale.
- Psychology 199: Directed Individual Research and Studies* 1997-1998  
 Thesis Supervisor, University of California, Los Angeles  
 Upper division course for psychology majors interested in completing major research project. Supervised literature review, study design, data collection, and analysis for senior theses. Teaching evaluations not collected.
- Psychology 10: Introductory Psychology* 1995  
 Graduate Teaching Assistant, University of California, Los Angeles  
 Introductory lecture course for majors and non-majors. Responsible for selected lectures and exam review sessions. Assisted in writing and grading exams, constructing syllabus, and preparing class demonstrations. Mean overall teaching evaluation of 7.8 on a nine-point scale.
- Psychology 194: Research Seminar* 1995-1997  
 Graduate Coordinator, University of California, Los Angeles  
 Upper division course for psychology majors interested in structured research experience. Designed and conducted weekly seminar for research assistants involved in the UCLA Clinic Study. Constructed syllabus, selected readings, and graded research papers. Teaching evaluations not collected.
- Clinical teaching and supervision
- Brief Behavioral Therapy for Pediatric Anxiety and Depression* 2008-2010  
 Clinical Supervisor, William T. Grant Foundation grant protocol  
 Supervising clinicians embedded in pediatric primary care in the use of a brief, integrated behavioral therapy protocol to treat anxiety and/or depression in youth. Wrote treatment manual and protocol.
- Brief CBT for Pediatric Abdominal Pain and Anxiety* 2006-2010  
 Clinical Supervisor, NIMH protocol (MH073769)  
 Provided clinical supervision and rated therapist adherence to brief CBT treatment manual for youths with recurrent abdominal pain and significant symptoms of anxiety. Wrote treatment protocol and manual.
- Brief Cognitive-Behavioral Therapy for Pediatric Anxiety* 2006-2007  
 Clinical Consultant, Renfield Foundation protocol, Yale University  
 Trained and supervised nurse-practitioner embedded in pediatric primary care in the use of CBT to treat anxiety in children and adolescents. Wrote treatment protocol and manual.
- Brief Cognitive-Behavioral Therapy for Anxiety and Depression* 2002-2007  
 Clinical Supervisor, Child Study Center, Yale University  
 Supervising a team of social work fellows in CBT for youths with anxiety and/or depression, seen for services in the general outpatient clinic of the Child Study Center. Treatment focuses heavily on the behavioral components of CBT (behavioral activation for depression; exposure therapy for anxiety).
- Brief Cognitive-Behavioral Therapy for Pediatric Depression* 2004-2006  
 Clinical Supervisor, Robert Wood Johnson Foundation grant protocol  
 Supervising mental health workers embedded in pediatric primary care in the use of CBT to treat depression

in adolescents. Wrote treatment manual and protocol.

*Cognitive-Behavioral Therapy for the Prevention of Depression in Adolescents* 2002-2006  
Clinical Supervisor, NIMH protocol (MH064503)

Provided clinical supervision and rated therapist adherence to a multi-site CBT depression prevention protocol. Treatment was an adaptation of the *Coping with Stress* (Clarke & Lewinsohn, 1995) program.

*Youth Assessment Practicum* 2004-2006

Faculty Supervisor, Department of Psychology, Yale University

Supervised a structured practicum for clinical psychology graduate students. Students gained experience with semi-structured interviews and youth- and parent-report scales for assessing psychopathology in children and adolescents. Included a weekly reading group, with syllabus.

*Cognitive-Behavioral Therapy in Practice* 2000-2002

Consultant, Center for Children and Families, University of Pittsburgh School of Medicine

Provided CBT consultation for social work and psychology staff of the general outpatient clinic. Assisted clinic in development of “best practice” CBT guidelines for youths with internalizing symptoms.

### **Professional Service:**

#### National service

Invited speaker Trans-institute conference on behavior change 2012  
*Revisiting Pasteur’s quadrant: Use-inspired basic research*  
National Institutes of Health

Plenary speaker Annual Convention Research Forum 2009  
*Investigating the effects of psychotherapy on children and adolescents: Learning from the past, moving forward.*  
American Academy of Child and Adolescent Psychiatry

Expert reviewer *Screening for child and adolescent depression in primary care settings: A systematic evidence review for the U.S. Preventive Services Task Force* 2007  
Agency for Health Care Research and Quality  
U.S. Department of Health and Human Services

Invited speaker Mini-conference on treatment research in youth depression 2006  
*Treating children and adolescents with depression: What we know, what we need to know through research*  
National Institute of Mental Health

Coordinator Internship and post-doctoral program poster session 2005  
Joint convention program of Division 53 (Clinical Child) and Division 54 (Pediatric Psychology)  
American Psychological Association Annual Convention

Plenary speaker Annual Convention Research Forum 2004  
*Issues in the conduct and interpretation of studies of adolescent depression; Session on psychotherapy manuals*  
American Academy of Child and Adolescent Psychiatry

Expert reviewer Expert Panel on Treatment 2004  
*Guidelines for Adolescent Depression in Primary Care*  
Center for the Advancement of Children’s Mental Health  
Columbia University

#### Editorial service and grant reviews

Associate Editor	<i>Journal of Clinical Child and Adolescent Psychology</i>	2011-2015
Editorial board	<i>Journal of Consulting and Clinical Psychology</i> <i>Behaviour Research and Therapy</i>	2007-present 2007-present
Ad hoc manuscript reviews	<i>Ambulatory Pediatrics</i> <i>Behaviour Research and Therapy</i> <i>Clinical Psychology Review</i> <i>Clinical Psychology: Science and Practice</i> <i>Cognitive and Behavioral Practice</i> <i>Journal of Consulting and Clinical Psychology</i> <i>Journal of Clinical Child and Adolescent Psychology (JCCAP)</i> <i>JCCAP: Special section on dissemination of treatments for traumatized youth</i> <i>Journal of the American Academy of Child and Adolescent Psychiatry</i> <i>Mental Health Services Research</i> <i>Psychological Methods</i>	
Grant reviews	William T. Grant Foundation Canadian Institutes of Health Research, Clinical Trials Programme	
Convention program reviews	APA Division 5, <i>Evaluation, Measurement, and Statistics</i> Society for Research on Adolescence, <i>Psychopathology and Problem Behavior</i> Society for Research in Child Development, <i>Developmental Psychopathology</i>	
Award review committees	Dissertation Research Award, APA Science Directorate Early Career Award, Psychopathology Area, APA Division 12	2007-2008 2007-2008
<u>Academic committee service</u>		
Co-Chair	Experimental Psychopathology Admissions Committee SDSU / UCSD Joint Doctoral Program in Clinical Psychology	2007-2009 2012-ongoing
Member	Faculty Hearing Panel San Diego State University	2013-ongoing
Member	Research Committee San Diego State University, College of Sciences	2012-ongoing
Secretary	Policy and Planning Committee San Diego State University, Department of Psychology	2011-2013
Member	Kaplan Postdoctoral Fellowship Admissions Committee San Diego State University, Department of Psychology	2007, 2009
Member	Undergraduate Awards Committee San Diego State University, Department of Psychology	2006-2009
Member	Health Professions Interview Committee San Diego State University	2006-2009
Member	Masters Student Admissions Committee San Diego State University, Department of Psychology	2006-2009
Member	Clinical Services Evaluation Workgroup Yale Child Study Center	2002-2006
Member	Childrearing Leave Policy Committee Yale School of Medicine	2005
Member	Committee on Clinical Investigation Yale School of Medicine	2003-2004

Member	Postdoctoral Admissions Committee NIMH Research Training Program in Childhood Neuropsychiatric Disorders (T32 MH018268)	2002-2006
Member	Science and Program Directions Committee Yale Child Study Center	2002-2003

Academic advising*Former trainees and their current positions*

Melanie Dirks	Assistant Professor	McGill University
Araceli Gonzalez	Postdoctoral Fellow	University of California, Los Angeles
Erin Warnick	Associate Research Scientist	Yale University School of Medicine

*Current trainees*

Michelle Rozenman	Sixth-year doctoral student	SDSU / UCSD Clinical Psychology
Megan Jeffreys	Third-year doctoral student	SDSU / UCSD Clinical Psychology
Minh-Chau Do	Second-year doctoral student	SDSU / UCSD Clinical Psychology
Kate Conover	First-year doctoral student	SDSU / UCSD Clinical Psychology
Carl Bolano	Undergraduate	SDSU / NIH MARC program

*Dissertation committees*

Chair	Michelle Rozenman (SDSU / UCSD, Clinical Psychology)	<i>ongoing</i>
Member	Andrew Petkus (SDSU / UCSD, Clinical Psychology)	<i>ongoing</i>
Member	Kendall Wilkins (SDSU / UCSD, Clinical Psychology)	<i>ongoing</i>
Chair	Araceli Gonzalez (SDSU / UCSD, Clinical Psychology)	2012
Member	Katherine Tsai (SDSU / UCSD, Clinical Psychology)	2012
Member	June Liang (SDSU / UCSD, Clinical Psychology)	2011
Member	Andrea Letamendi (SDSU / UCSD, Clinical Psychology)	2010
Member	Michelle Fisher (University of Texas, School Psychology)	2009
Member	Nicole Duranceaux (SDSU / UCSD, Clinical Psychology)	2009
Member	Amelia Kotte (SDSU / UCSD, Clinical Psychology)	2009
Member	Sara Nowakowski (SDSU / UCSD, Clinical Psychology)	2009
Member	Marya Schulte (SDSU / UCSD, Clinical Psychology)	2009
Co-Chair	Melanie Dirks (Yale University, Clinical Psychology)	2007
Member	Erin Warnick (Yale University, Epidemiology)	2006
Member	Misty Ginicola (Yale University, Developmental Psychology)	2006

*Masters thesis committees*

Chair	Kestrel Homer (SDSU, Psychology)	2009
Chair	Patrick Walker (SDSU, Psychology)	2008
Member	Alexandra Cowden Hindash (SDSU, Psychology)	2009
Member	Matthew Jarvinen (SDSU, Psychology)	2009
Member	Xu (Kathy) Chen (SDSU / UCSD, Clinical Psychology)	2008
Member	Amanda Morrison (SDSU, Psychology)	2008
Member	Laura Skriner (SDSU, Psychology)	2008
Member	Jessica Borelli (Yale University, Clinical Psychology)	2005

*Undergraduate honors theses*

Co-Chair	Larissa Kreta (SDSU, Psychology / Honors Program)	2013
Chair	Alexandra Jashinsky (SDSU, Psychology)	2009

**Professional Affiliations:**

American Psychological Association

APA Division 5, Evaluation, Measurement, and Statistics

APA Division 12, Section 3, Society for a Science of Clinical Psychology

APA Division 53, Society of Clinical Child and Adolescent Psychology

Association for Behavioral and Cognitive Therapies

Association for Psychological Science

International Society for Research in Child and Adolescent Psychopathology

Society for Research in Child Development