Joint Conference

Keeping Time in the Clinic - Understanding and Managing the Circadian Patient

04/13/2022 2:00 PM – 3:00 PM EDT | Online

Circadian rhythms play an integral role in sleep-wake timing, and appropriate circadian timing is important for overall health. This course will provide an overview of circadian physiology, how to recognize and manage common circadian rhythm sleep-wake disorders, and discuss current research into the underlying pathophysiology of these disorders.

Sabra Abbot, MD, PhD
Assistant Professor of Clinical Neurology
Northwestern University Feinberg School of Medicine

Host: Andrey Zinchuk, MD

Program Goal:
1. Describe normal circadian physiology
2. Distinguish common and uncommon clinical presentations of circadian rhythm sleep-wake disorders
3. Recognize the role of light sensitivity in the pathophysiology of circadian rhythm sleep-wake disorders

Target Audience: Sleep Medicine

Financial Disclosure Information:
Janet Hilbert, MD, course director for this educational activity, has no relevant financial relationship(s) with ineligible companies to disclose.
Debbie Lovejoy, coordinator for this educational activity, has no relevant financial relationship(s) with ineligible companies to disclose.
Andrey Zinchuk, MD, moderator for this educational event, has ownership interest and consults for Restful Robotics.
All of the relevant financial relationships listed for this individual have been mitigated.
Sabra Abbot, MD, faculty for this educational activity, has no relevant financial relationship(s) with ineligible companies to disclose.

Accreditation Statement: Yale School of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Designation Statement: Yale School of Medicine designates this Live Activity for a maximum of 1.00 AMA PRA Category 1 Credit(s)™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

For questions, email deborah.lovejoy@yale.edu; For information to register, email yalesleep.medicineseminar@yale.edu