

# UROLOGY

AT YALE | 2021

## Inside Urology at Yale

Issue 42 | October 2021

### NEAUA SCHEDULE OF PRESENTATIONS



The New England Section of the American Urological Association (NEAUA) is holding its annual meeting October 14-16 in Burlington, Vermont. Currently, the meeting is on track to be held in person, but for those who cannot or do not want to attend in person, all content will be available online after the meeting concludes for a fee. Please [click here](#) to learn more.

For those who will be attending in person, we encourage you to review the schedule below, and please support your colleagues. Thank you to our residents and fellows who are scheduled to present on behalf of Yale Urology!

#### Thursday, October 14

11:48am - 11:56am: **Evaluating Spontaneous Stone Passage Rates During the COVID-19 Pandemic**  
Stephanie Hanchuk, MD, PGY-3

2:24pm - 2:32pm: **Selective Laser Enucleation of the Prostate: Preserving Sexual Function without Compromising Urinary Outcomes**  
Benjamin Press, MD, PGY-3

2:48pm - 2:56pm: **"En Bloc" with Early Apical Release Compared to Standard Holmium Laser Enucleation of the Prostate During Initial Learning Curve**  
Benjamin Press, MD, PGY-3

2:35pm - 2:40pm: **Association Between Age at the Time of Surgery and Recovery of Urinary Continence in Men Undergoing Radical Prostatectomy**  
Ghazal Khajir, MD

## Friday, October 15

9:08am - 9:16am: **Association Between Lymph Node Burden and Overall Survival Among Patients Treated with Adjuvant Radiation Therapy Following Radical Prostatectomy**

Syed N. Rahman, MD, PGY-1

9:32am - 9:40am: **Discriminative Ability of Decipher to Predict Biopsy Upgrade on Active Surveillance**

Benjamin Press, MD, PGY-3

10:04am - 10:12am: **MRI Monitoring for Focal Ablation Series**

James Nie, BS

## Saturday, October 16

8:54am - 9:02am: **Antibiotic Prophylaxis Prior to Outpatient Urologic Procedures: Outcomes from a Department-Wide Quality Improvement Project**

Matthew B. Buck, BS

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## STEPHANIE HANCHUK TO SERVE AS NEW ENGLAND SECTION REPRESENTATIVE



Congratulations to **Stephanie Hanchuk, MD, PGY-3**, who was nominated to serve as New England Section Representative to the national AUA Residents and Fellows Committee for a 1-year, renewable term beginning in May 2022. Election will take place at the 2021 New England Section Annual Meeting in Burlington, Vermont.

"I'm excited and honored to be nominated to be a member of the AUA Residents and Fellows Committee," says Dr. Hanchuk. "I hope to improve collaboration amongst residents from programs throughout the New England section and to work to spearhead wellness initiatives nationwide."

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## WELCOME, ANGELA GOLD



Please welcome **Angela Gold**, who has been hired as the Executive Assistant to Isaac Kim, MD, PhD, MBA.

Angela joins Yale Urology with more than 25 years of administrative and paralegal experience. She has worked in law firms since 1995, specializing in real estate transactions, probate, guardian ad litem, and personal injury. Angela is also the owner of Golden Closing Services LLC, which provides paralegal services to several law firms pertaining to residential real estate transactions (purchases, sales and refinances). Angela has an Associate in Science (AS) degree in Medical Administration, as well as a paralegal certificate from UConn.

Welcome, Angela!

## DEMAND FOR HOLEP CONTINUES

Since **Daniel Kellner, MD**, started performing Holmium Laser Enucleation of the Prostate (HoLEP) procedures in 2019, he has completed more than 300 HoLEPs treating patients throughout Connecticut and from New York, Massachusetts, and Rhode Island.

"I am still the first and only urologist in Connecticut to offer this procedure," says Dr. Kellner. "Over 90% of my patients are going home the same day of surgery and without the requirement for pain medication. Patients have also been able to stop their BPH medications after surgery."

HoLEP can be a lifesaver with men with very large prostates. Unlike other treatments such as Transurethral Resection of the Prostate (TURP), which is restricted to prostates of a certain size, HoLEP can be performed on any size prostate. State-of-the-art technology such as the MOSES Laser, which is used here at Yale, is employed to help make the procedure more efficient with minimal bleeding. Another benefit for patients is that HoLEP has one of the lowest retreatment rates of any BPH surgery.

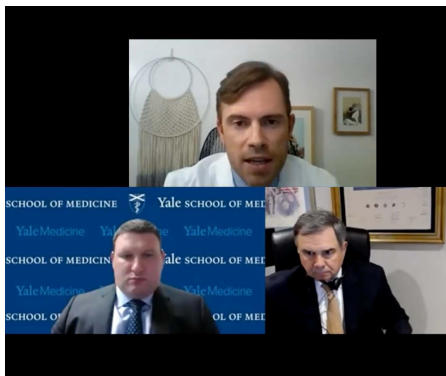
Training continues to be the primary barrier to why more urologists do not perform HoLEP. Within Yale Urology, both residents and fellows get exposure to the HoLEP procedure, but it does require dedicated training due to its steep learning curve, often needing at least 50 hours before being considered proficient with the procedure.

"You have to be dedicated to the procedure - you cannot just casually do the procedure and expect it to be easy," says Dr. Kellner. "It takes a lot of time, thought, and energy to become an expert in performing HoLEP, but the dedication is worthwhile. It has become the most common surgery that I am performing at this point."



*Pictured (left-right): HoLEP HEALERS: Jay Amin, MD, PGY-5; Anna Luz Daguplo, RN; Daniel Kellner, MD; Susan Stankye, RN, members of Dr. Kellner's clinical team.*

## SMILOW SHARES GREENWICH PRESENTS VIRTUAL PROSTATE CANCER EVENT



On September 28, Smilow Cancer Hospital Care Center at Greenwich hosted a virtual patient event, "Smilow Shares: Prostate Cancer: Treatment, Screening, and Advances." **Drs. Daniel Petrylak, Gerald Portman,** and Bruce McGibbon, provided presentations on advancements in prostate cancer for a total of 82 viewers.

The session was recorded, and can be [viewed here](#).

## YALE UROLOGY STREAM TEAM/TEAM CLAIRE RIDES AGAIN IN CLOSER TO FREE

The 2021 Closer to Free Ride took place on Saturday, September 11, and was a completely virtual event for the second year in a row. Riders were encouraged to continue with their scheduled ride and mileage on their own, either on the road or stationary bike, channeling the same spirit of this critical fundraiser for Smilow Cancer Hospital.

This year, the **Yale Urology Stream Team/Team Claire**, rode the Farmington Canal trail going north and south, with team participants meeting up for lunch at Mikro Brewery in Hamden.

Congratulations to the following riders: Rosy Cruz, Therean Byers, Anthony Byers, Derrick Perry (survivor), Donorae Davis, Nerhea Byers, Bill Curran (who served as an Event Marshall), Elliott Curran, Benjamin Press, Emilee Press, Melissa Williams, Ciara McBriarty, Sandy Morgan, Maureen Major-Campos, and Meghan Curran. We also thank those who may have rode on their own, but did not appear in the photos below!



## MEET DR. THOMAS V. MARTIN



*Starting this month, we will feature a member of Yale Urology to learn about their research, committee participation, and other department initiatives, in addition to their clinical expertise.*

*Our first feature highlights Thomas V. Martin, MD, Assistant Professor of Clinical Urology, who has been a member of Yale Urology faculty since 2013. Dr. Martin talks about his time as a Yale Urology resident and the impact it had on his career, about his role as Chair of the Clinical Operations committee, and how much the field of urology has changed in the 25 years since he was a resident—in his own words.*

*"As a resident at Yale, I had the opportunity to work with great Yale faculty members like Bob Weiss and Harris Foster, as well as great clinical faculty members like David Hesse, Rick Dean, and Ralph Devito, who taught me the*

knowledge base and the surgical skills needed to be a good urologist. More importantly, they also provided an understanding of two other things. The first is that urology residency is kind of like an apprenticeship in that it provided the opportunity to watch them take care of their patients up close – to observe that urology is more than just mastering facts and surgical skills, but that it also requires development of the wisdom and judgment to apply those things to greatest effect. The second, and the one that most prepared me to be a faculty member at Yale, is that those who taught me and who are now my fellow faculty members showed me that being a good teacher of urology demands that you teach and lead those that are entrusted to you with kindness and encouragement and with a genuine interest in their growth and development as urologists. Twenty five years later, that's how I try to relate to the residents I get to work with each day.

The practice of medicine in general and urology in particular has become increasingly complex. Most of the complexity has developed with good intention, but that complexity can also be an obstacle to what, at the end of the day, is our goal—providing great care to our patients. So many people fill such a wide variety of roles in our department, that chairing the Clinical Operations committee forces me to consider the various things that make each person's job in providing care for our patients challenging and if possible, to clear those challenges away. The goal of Yale Urology being a world-class, destination department requires that we do everything well – whether it's making appointments, taking phone calls, managing emergencies, providing patient education, or doing complex surgeries. Each of those is hard enough by itself, so it's imperative that we clear obstacles that make each of our jobs harder. So, I'm proud that the clinical operations committee can consider the clinical roles of everyone in our department, find out what challenges they face, and then take steps that hopefully allow everyone to perform at the highest level. In the long run, that's the best possible result for our patients and again, that's our ultimate goal.

I look at how urology has changed in the 25 years since I finished my residency and it's very similar to how you might look at how various sports have evolved over the years as well. In sports, the athletes are clearly better and so is the equipment. If you look at old films of basketball or football or golf, they look like different games from what is played today. The improvements in both the athletes and the equipment has clearly lead to better performance than there was 25 years ago. But really, the object of the game is still the same – score the most points, hit the ball further, run faster etc. Urology is similar. As a specialty, urologists are undoubtedly smarter than we were 25 years ago (and there is no doubt that our residents are smarter than I was when I was a resident), and the improvements in technology and equipment are remarkable – from robotic surgery to endoscopic equipment to diagnostic tests to better medications. But the object of the game is still the same – take the best possible care of our patients. Being smarter and having better equipment puts us in a better position to do that than ever before."

## CLINICAL TRIALS FOR PATIENTS WITH PROSTATE CANCER: TREATMENT V. ACTIVE SURVEILLANCE



**Joseph Renzulli, MD**, was an investigator on a clinical trial recently presented at AUA2021. The [trial](#), "A Randomized Study of Enzalutamide in Patients With Localized Prostate Cancer Undergoing Active Surveillance (ENACT)," compared the efficacy and safety of Enzalutamide monotherapy with active surveillance in men with low to intermediate risk prostate cancer. The trial is now closed to new enrollment.

Dr. Renzulli is also serving as primary investigator for a second [trial](#), "Open-Label Trial of Sipuleucel-T Administered to Active Surveillance Patients for Newly Diagnosed Prostate Cancer (ProVent)." This study compares progression in non-metastatic patients who receive sipuleucel-T compared to patients who are followed on active surveillance.

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## NEWS, NOTES, EVENTS

- The Yale Urology Clinic located at 55 Holly Hill Lane in Greenwich, where **Gerald Portman, MD**, and **Isaac Kim, MD, PhD, MBA**, see patients, has moved to the second floor and into Suite 240.
- **Leslie Rickey, MPH, MD**, is scheduled to present at the 2022 Mayo Clinic Urology Review, February 7-11, 2022, in Koloa, Hawaii. To view the program agenda, please [click here](#).

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## PUBLICATIONS

[Evaluation of autonomic function in children and adolescents with overactive bladder.](#)

Gondim R, Gorjão J, Nacif A, Franco I, Barroso U Jr.  
Int Braz J Urol. 2021 Nov-Dec.

[Neurodevelopmental disorders and incontinence in children and adolescents: Attention-deficit/hyperactivity disorder, autism spectrum disorder, and intellectual disability-A consensus document of the International Children's Continence Society.](#)

von Gontard A, Hussong J, Yang SS, Chase J, Franco I, Wright A.  
Neurourol Urodyn. 2021 Sep 29.

[Distribution of Coronavirus Aid, Relief, and Economic Security \(CARES\) Act Provider Relief Fund Assistance to Urology Practices.](#)

Nie J, Laditi F, Leapman MS.  
J Urol. 2021 Sep 22.

[A disease by any other name: Effects of cancer grading nomenclature on perception of prostate cancer risk.](#)

McMahon GC, Leapman MS.  
Cancer. 2021 Sep 15.

[Provider- and patient-level predictors of oral anticancer agent initiation and adherence in patients with metastatic renal cell carcinoma.](#)

Spees LP, Wheeler SB, Jackson BE, Baggett CD, Wilson LE, Greiner MA, Kaye DR, Zhang T, George D, Scales CD Jr, Pritchard JE, Leapman M, Gross CP, Dinan MA.  
Cancer Med. 2021 Sep 4.

Do you have any news, publications, or photos to share for an upcoming issue?



Please share with Eliza Folsom,  
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