Lessons Learned in Navigating Healthcare in a COVID-19 Pandemic Environment

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Dr. Prathibha Varkey is the President and CEO of the Northeast Medical Group (NEMG) and Senior Vice President of Yale New Haven Health. NEMG is home to over 1100 physicians and advanced care practitioners serving Yale New Haven, Bridgeport, Greenwich and Lawrence and Memorial Hospitals and over 120 outpatient clinic sites in Connecticut, New York and Rhode Island. She is also adjunct professor of Medicine and of Preventive Medicine at Mayo Clinic. Dr. Varkey is the editor of two books: Medical Quality Management and Preventive Medicine and Public Health and author of more than 75 publications.

Dr. Varkey previously served as the CEO of the Clinical Enterprise, a large multispecialty group at Seton Family Healthcare, Austin, Texas as well as in a number of leadership positions at Mayo Clinic, including as the Associate Chair of the Department of Medicine; Medical Director of Ask Mayo Clinic (national nurse triage line); Medical Director of the Value Program at the Mayo Clinic Center for the Science of Healthcare Delivery; Vice Chair of the Mayo Clinic Outpatient Practice Committee and Program Director for the Mayo Preventive Medicine Fellowship.

Dr. Varkey is the recipient of many national awards including the American Medical Association Foundation Physician Leadership Award, the ACGME Parker Palmer Courage to Teach Award, the American College of Medical Quality President’s Award, the Mayo Clinic Individual Excellence Award, the American Medical Women’s Association Exceptional Mentoring Award and the World Woman Leadership Congress Visionary Woman Leadership Award. She is a past President of the American College of Medical Quality and currently serves on the boards of the Lawrence and Memorial hospital, the University of New Haven and the Central CT YMCA.

Dr. Varkey earned her MBBS (MD equivalent) from the Christian Medical College, Vellore, India; a Masters of Public Health from the Harvard School of Public Health, Boston; Masters of Health Professions Education from the University of Illinois Chicago and a Masters of Business Administration from the Carlson School of Management at the University of Minnesota.

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