



*Presented by: Yale School of Medicine, Department of Urology*

## **Urology Grand Rounds - 9/17/2021**

# **“Fatigue and Sleep Deprivation: Balancing Workload with Biology”**

9/17/2021 7:30:00 AM–9/17/2021 8:30:00 AM | Online

The CME activity is designed to cover a broad range of clinical and research urologic topics which audience members will either have exposure to in their own urologic practices, as well as being generalizable to improve overall understanding and expansive to common and evolving urologic topics. The conference will also cover associated medical issues that many physicians and urologists are faced with as they manage complicated patients in a multidisciplinary community of physicians

**For CME Credits please text 29092 to 203.442.9435**

### **Faculty:**

Melissa P. Knauert, MD, PhD  
Yale School of Medicine

### **Program Goal:**

1. To understand the biologic systems underlying sleep and sleep deprivation.
2. To understand scheduling vulnerabilities as they relate to fatigue mitigation.
3. To develop strategies for fatigue recognition and mitigation.

**Target Audience:** Urology

### *Financial Disclosure Information:*

Melissa P. Knauert, faculty/planner for this educational activity, has no relevant financial relationship(s) with ineligible companies to disclose.

*Accreditation Statement: Yale School of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.*

*Designation Statement: Yale School of Medicine designates this Live Activity for a maximum of **1.00 AMA PRA Category 1 Credit(s)**<sup>™</sup>. Physicians should only claim credit commensurate with the extent of their participation in the activity.*

**For questions, email [sheila.garcia@yale.edu](mailto:sheila.garcia@yale.edu).**