

# Bereavement Support Services

## Winter 2022 Calendar

### Bereavement Seminars:

**Understanding and Managing Grief: “How long am I going to feel like this?”**

**Tuesday, January 25  
5:30pm – 7:30pm**

**Wednesday, March 16  
9:30am – 11:30am**

### Bereavement Support Groups:

**General Bereavement Support Group  
Wednesdays (February 2 – March 9)  
9:30am – 11:00am**

**General Bereavement Support Group  
Tuesdays (February 8 – March 15)  
5:30pm – 7:00pm**

**For information and to register please call:**

Andrea Lucibello, LCSW 203-415-8940

Kelly Ford, LCSW 203-789-4286