

MOMS Partnership®

A Growing Network for Maternal Mental Health Support, Grounded in Community



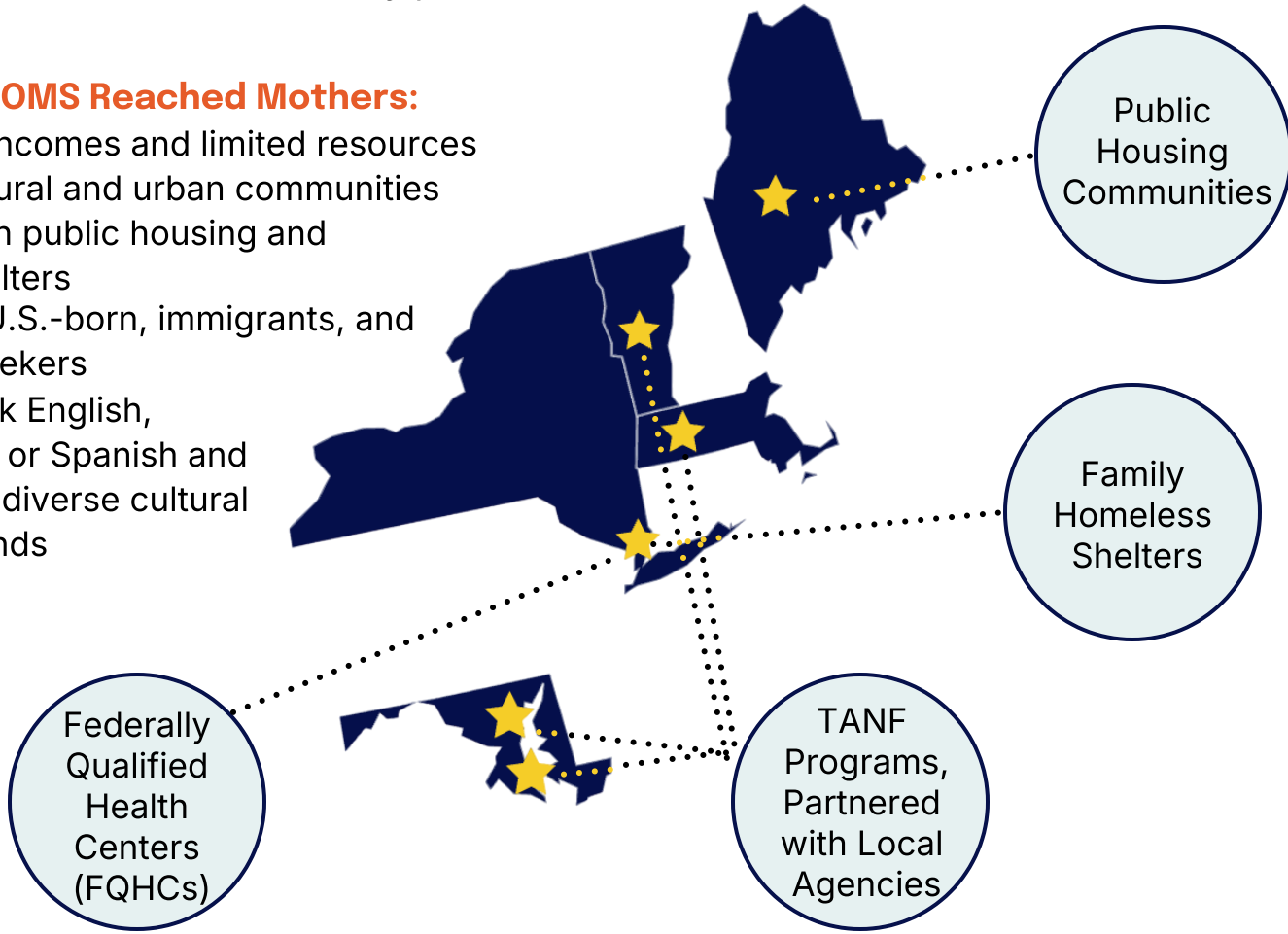
From Maine to Washington, D.C., MOMS Partnership sites brings practical, evidence-based, culturally responsive programming to their communities, strengthening well-being and social support among mothers in many different settings.

MOMS in Action: Highlights from June 2024 – July 2025

With the common goal of “meeting mothers where they are,” MOMS Partnership teams reached mothers in many places.

MOMS Reached Mothers:

- With low incomes and limited resources
- Living in rural and urban communities
- Residing in public housing and family shelters
- Who are U.S.-born, immigrants, and asylum seekers
- Who speak English, Mandarin, or Spanish and represent diverse cultural backgrounds



8 sites
across 7 states and Washington, D.C.

48 groups
of MOMS Stress Management delivered

439 mothers
engaged in MOMS programming

98% satisfied
with their experience in MOMS*

*Data from D.C. and VT is not fully included

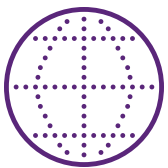
Lessons Learned from the MOMS Network



Tremendous learning power comes from sharing insights and data across the MOMS network



Strong CMHA orientation for agencies can drive program success



Cultural and linguistic adaptations of MOMS are not a luxury



Streamlining enrollment opens the door to access



Local expertise fuels innovation and leads to impact

2025 MOMS Network Achievements



Launched MOMS Network learning for MOMS practitioners to connect with one another



Expanded orientation and training to better support the CMHA role



Collaborated on a new cultural adaptation of MOMS Stress Management in Spanish for U.S. Latina mothers



Streamlined the process for enrolling mothers into MOMS



Wrapped up a new cultural adaptation of MOMS programming for Asian American mothers

